

60
Years

Winter 2017

WESTMINSTER

1957 2017

NEWSLETTER AND RECREATION GUIDE



60th Anniversary Celebration
Spring Festival

Save THE DATE | SAT. APRIL 08 2017

9AM-3PM | Civic Center

ROSE PARADE EXCURSION

MONDAY, JANUARY 2, 2017
6:00 A.M. - 2:00 P.M.
\$95.00

Reservations are available on a limited, first come, first served basis. For more information, please call Westminster Community Services Department at 714.895.2860 or register online at www.westminster-ca.gov.



City of Westminster • Community Services & Recreation Department
8200 Westminster Blvd. • Westminster, CA 92683 • 714.895.2860 • www.westminster-ca.gov

Spring Festival & Community Resource Fair

Saturday, April 8th
9am - 3pm
Civic Center
8200 Westminster Blvd.

- 60th Anniversary Celebration
- Craft Vendors
- Children's Activities
- Food & Games
- Police and Fire (OCFA) Displays
- Public Works Equipment
- Pancake Breakfast
- Easter Bunny and more!



For more information on the event or to be a vendor, please contact the Community Services Department at 714.895.2860 or visit our website.

www.westminster-ca.gov

Parks
Make
Life
Better!



2017



Holiday Drive

November 7th - December 14th

Please help the Westminster Family Resource Center (WFRC) provide a memorable and festive holiday season for families in need in our community. We are accepting toy donations and other gift items for children ages 0-17.

Toys • Board Games • Books • Gift Baskets • Shoes • Card Games
Movie Tickets • Accessories for Teens • Clothes • Wallets • Gift Cards

Donations can be dropped off at the following locations:

- Westminster Family Resource Center
- Westminster Community Services
- Westminster City Hall

For more information call:
(714) 903-1331



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 WFRC Back Cover



SCAN HERE TO REGISTER FOR CLASSES!

CLASS REMINDERS

1. Most recreation classes will begin the week of January 3. Please check your starting date carefully.
2. Classes may be cancelled if minimum enrollment is not met prior to class starting date. Don't miss out!

BE SURE TO REGISTER EARLY!

WINTER HIGHLIGHTS

December 5
 Winter Class Registration-
 Open Now!
December 19-30
 Winter Break Parks Program
December 26-January 2
 City Offices Closed
January 2
 Rose Parade Excursion
April 8
 Spring Festival

INTERNET ACCESS TO WESTMINSTER CITY COUNCIL MEETINGS

Check the city's website at www.westminster-ca.gov for information about viewing live and archived City Council meetings. If you have Internet access, you can follow the meeting live with a video stream on your computer. You will also have access to an archive of recent City Council meetings if you are interested in viewing a particular meeting segment along with meeting agendas and minutes.

To watch WTV-3 on the City's website www.westminster-ca.gov, click on Departments, Community Services, and click on the WTV-3 link!



SCAN HERE TO LIKE US ON FACEBOOK!





**CITY OF WESTMINSTER
CITY HALL**

8200 Westminster Blvd.
Monday – Thursday 7:30 a.m. - 5:30 p.m.
Friday 7:30 a.m. - 4:30 p.m.

Closed alternate Fridays
(714) 898-3311

CITY COUNCIL

Meetings are held the
2nd & 4th Wednesdays
of the month in the
Council Chambers
at 7:00 p.m.

8200 Westminster Blvd.

Tri Ta

MAYOR

(714) 548-3179

Sergio Contreras

MAYOR PRO TEM

(714) 548-3180

Diana Lee Carey

COUNCIL MEMBER

(714) 548-3181

Tyler Diep

COUNCIL MEMBER

(714) 548-3195

Margie L. Rice

COUNCIL MEMBER

(714) 548-3183

Eddie Manfro

CITY MANAGER

(714) 548-3172

ELECTION DISCLAIMER

The elected officials listed above are current incumbents. Newly elected officials that are sworn into office on December 14th will be recognized in the Spring 2017 issue of this publication.



In 2017, the City of Westminster celebrates our **60th Anniversary!** A brief look back at our history, reminds us how far we've come.

In 1957, proceedings began to form a municipality called Tri City, in a proposal to combine three communities into one: Westminster, Barber City, and Midway City. Before the vote, Midway City withdrew from the venture and remains unincorporated today. The citizens ultimately voted for incorporation as the City of Tri City on March 27, 1957. Several months later an election was held on August 29, 1957 to change the City's name to Westminster. The official date of the City's name change was on September 4, 1957.

Westminster's population quickly exploded, reaching 60,000 by 1970. In the 1970s and 1980s a large number of Vietnamese refugees fleeing from conflict in their homeland settled in an area of Westminster and Garden Grove referred to as "Little Saigon." This influx of new immigrants spurred the construction and development of a variety of Southeast Asian businesses, restaurants, and professional services, which establish a new commercial activity center in the city and supported the largest Vietnamese cultural enclave outside of Vietnam.

By the 1990s, Westminster was well-established as a multi-cultural community with deep roots in Western, Mexican, and Vietnamese histories. Today, Westminster is over 92,000 strong, and is well known as a welcoming community, offering a high quality of life for its residents, property owners, business owners, and visitors.

To mark our 60th Anniversary, we invite you to celebrate with us at our annual Spring Festival! Join us on Saturday, April 8th in the Civic Center, 8200 Westminster Blvd., to enjoy a fun-filled day for the entire family. The day's activities will include craft vendors... just in time for Easter giving, children's fun & games, delicious food, entertainment and much more! Exciting highlights include a visit from the Easter Bunny and a children's candy scramble. Parents – don't forget your cameras. If you are interested in participating as a vendor (craft, commercial or food), or would like additional information, please call the Community Services & Recreation Department at 714.895.2860 or email us at csronline@westminster-ca.gov.

COMMUNITY SERVICES & RECREATION DEPARTMENT

8200 Westminster Blvd.

Monday – Thursday • 7:30 a.m.-5:30 p.m.

Alternate Fridays • 7:30 a.m.-4:30 p.m.

RECREATION PROGRAMS

FACILITY RENTALS

(714) 895-2860

SENIOR CENTER

(714) 895-2878

DAMAGE TO PARKS/GRAFFITI HOTLINE

(714) 895-2876

COMMUNITY SERVICES & RECREATION COMMISSION

Ryan Billings, Chairperson

Khanh Nguyen, Vice Chairperson

Owen Eames

Nhan Tran

Jerry Vilander

Richard Jolly, Alternate

COMMUNITY SERVICES & RECREATION DEPARTMENT STAFF

Community Services Director

Diana Dobbert

Community Services Supervisor

Vanessa Johnson

Senior Services Supervisor

Claire Amyx

Family Resource Center Supervisor

Gina Nunes

Community Services Coordinators

Pam Gremling - Special Events

Stacy Yoshida - Sports

The City of Westminster does not discriminate on the basis of race, color, national origin, sex, religion, age, or handicapped status in employment or the provision of services.

WRITE A LETTER TO SANTA CLAUS

Children are invited to write a letter to Santa. Santa’s helpers will assist Mr. and Mrs. Claus in answering all the letters received. Make sure your return address is on your letter and that it is mailed to the City of Westminster. As Santa is really busy during this time of year, all letters must be received prior to **Monday, December 12.**

ROSE PARADE

On Monday, January 2, 2017 celebrate the New Year with the 128th Rose Parade. This year’s theme, “Find Your Adventure” brings even more creativity with flowers, music, equestrian units and lots of animation from all over the world. Tickets are \$95.00, which includes transportation and reserved grandstand seats (1217 E. Colorado Blvd.). We have limited seating available, so make sure to register early. Registrants under the age of 18 must be accompanied by an adult. The bus departs from the Civic Center, 8200 Westminster Blvd. at 6:00 a.m.

Ages: 2 yrs +

Fee: \$95.00

7010.401

M

1/2

6:00 a.m.- 2:00 p.m.

*Please note: There are no refunds on the Rose Parade excursion.

QUICK REFERENCE CITY PHONE DIRECTORY

Animal Control.....	(714)548-3201
Building	(714)548-3254
Business License	(714)548-3473
City Clerk	(714)548-3237
City Hall.....	(714)898-3311
Coastline Community College (Le-Jao Center).....	(714)241-6184
Code Enforcement.....	(714)548-3246
Community Services & Recreation	(714)895-2860
Corporation Yard	(714)895-2876
Court Ordered Community Service	(714)953-5597
Department of Motor Vehicles	(800)777-0133
Family Resource Center.....	(714)903-1331
Housing/Grants	(714)548-3248
Library	(714)893-5057
Midway City Sanitary District (Trash Service Company)	(714)893-3553
O.C. West Court.....	(657)622-5900
Orange County Fire Authority Station #64	(714)379-4920
Orange County Transportation Authority	(714)560-6282
Planning/Community Development	(714)548-3247
Police Department.....	(714)898-3315
Police Emergency	9-1-1
Public Works/Engineering.....	(714)548-3243
Senior Center Services	(714)895-2878
Southern California Edison (Electric).....	(800)655-4555
The Gas Company (Gas).....	(800)427-2200
Time Warner Cable	(714)903-4000
Water Department	(714)548-4800
Westminster Chamber of Commerce.....	(714)898-9648
Westminster Rose Center	(714)793-1139
Westminster School District	(714)894-7311

WINTER PARKS & PLAYGROUNDS PROGRAM

The City of Westminster's After School Parks Program is a FREE drop-in recreational program that offers supervised activities for children 6 years and older. Children can participate in sports, games, crafts and many other activities. As a drop-in program, participants DO NOT sign-in or out and may come and go freely. Park hours will be from **2:30 to 5:00 pm, Monday through Friday**. Parks will be closed on January 2. Pre-registration is preferred, but not required. Registration forms can be filled out at the Community Services & Recreation Department and will also be available at the parks listed below.

- BOLSA CHICA PARK (#6030.101)**, 13660 University St., Phone 714.865.6568
- LIBERTY PARK (#6030.102)**, 13900 Monroe St., Phone 714.412.2617
- SIGLER PARK (#6030.103)**, 7200 Plaza St., Phone 714.715.0262

SPECIAL WINTER VACATION SCHEDULE

The after school parks program will be extending their hours during winter break at the sites listed above. Park hours will be from 10 a.m. to 4 p.m. during winter vacation, weekdays only, **Monday, December 19 through Friday, December 30**.



YOUTH SPORTS CONTACTS

- American Youth Soccer Organization (AYSO)
 - Region 5 • (714) 875-7612 • www.ayso5.org
 - Region 28 • (714) 791-3708 • www.ayso28.org
 - Region 143 • (877) 976-6333 • www.ayso143.org
- Huntington West Little League**
www.westminsterlittleleague.org
 District 62 Challenger League • (714) 610-8295
 • www.district62challenger.leag1.com/
- National Junior Basketball (NJB)**
 (714) 765-6567
www.westminster-njb.rsportz.com
Westminster Youth Soccer
 (714) 814-8952



YOUTH SPORTS

SOCCER STARS

Kick into a fun time and learn the basic fundamentals of soccer. Learn to dribble, pass, shoot and defend. Program will cover aspects of defensive and offensive play. Participants should dress in comfortable clothes and tennis shoes (no cleats). Please register by February 3.

<i>Instructor: Recreation Staff</i>		<i>Ages: 8-12 yrs</i>	
<i>Fee: \$24.00 (Includes T-shirt)</i>		<i>Length: 8 wks</i>	
6010.101	Liberty Park	Tu	1/24-3/14 3:30-4:30 p.m.
6010.102	Sigler Park	Tu	1/24-3/14 3:30-4:30 p.m.

PEE-WEE SOCCER

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Participants should dress in comfortable clothes and tennis shoes (no cleats). Please register by February 3.

<i>Instructor: Recreation Staff</i>		<i>Ages: 5-7 yrs</i>	
<i>Fee: \$24.00 (Includes T-shirt)</i>		<i>Length: 8 wks</i>	
6010.103	Bolsa Chica Park	F	1/27-3/17 3:45-4:30 p.m.
6010.104	Liberty Park	F	1/27-3/17 3:45-4:30 p.m.

YOUTH STREET HOCKEY

Great for first time hockey players! This program is designed to teach and develop hockey skills focusing on individual skills and team participation. Learn the fundamentals of the game such as passing, shooting, and stick handling. Participants should dress in comfortable clothes and shoes. Please register by February 3.

Instructor: Recreation Staff Ages: 8-12 yrs
 Fee: \$24.00 (Includes T-shirt) Length: 8 wks
 6010.105 Bolsa Chica Park Tu 1/27-3/14 3:30-4:30 p.m.

PEE-WEE HOOPSTERS

Participants will learn the beginning fundamentals and basic skills of basketball. Coaches will teach techniques that will help improve the children's abilities while having fun learning the sport. Please register by February 3.

Instructor: Recreation Staff Ages: 5-7 yrs
 Fee: \$24.00 (Includes T-shirt) Length: 8 wks
 6010.106 Bolsa Chica Park W 1/25-3/15 3:45-4:30 p.m.
 6010.107 Liberty Park W 1/25-3/15 3:45-4:30 p.m.

YOUTH HOOPSTERS

This is a non-competitive program designed for recreational play. Coaches will teach the fundamentals of the sport, emphasizing teamwork, passing, dribbling and shooting. Please register by February 3.

Instructor: Recreation Staff Ages: 8-12 yrs
 Fee: \$24.00 (Includes T-shirt) Length: 8 wks
 6010.108 Bolsa Chica Park Th 1/26-3/16 3:30-4:30 p.m.
 6010.109 Liberty Park Th 1/26-3/16 3:30-4:30 p.m.

TEEN HOOPSTERS

Teens will learn the fundamentals of basketball or improve their skills. Fundamentals such as passing, dribbling, shooting, teamwork, and defense will be included. Please register by February 3.

Instructor: Recreation Staff Ages: 12-14 yrs
 Fee: \$24.00 (Includes T-shirt) Length: 8 wks
 6010.110 Sigler Park F 1/27-3/17 3:30-4:30 p.m.

ARTS & CRAFTS

ART IN THE AFTERNOON

Maximize your time! This great class is designed for beginners and intermediate students who would like to learn how to improve their drawings and paintings. Color theory, drawing skills, and elements of art will be incorporated. Students will have the opportunity to include their work in an art show. Note: Please ask for the materials list when registering for this class in person, or download list if registering online, and bring all materials to the first class meeting.

Instructor: Pati Kent Ages: 12 yrs+
 Fee:\$80.00 Length: 5 wks
 Location: WCSB Room #5 Min: 3 Max: 15

1000.101	W	1/11-2/8	2:30-4:15 p.m.
1000.102	W	2/22-3/22	2:30-4:15 p.m.
1000.103	W	4/5-5/3	2:30-4:15 p.m.



ART: ESSENTIAL CARTOONING

Have a fun time learning how to draw characters including classic cartoons, caricatures and Japanese anime. There will be a \$25 material fee due to the instructor which covers all supplies \$20 for returning students.

Instructor: Pati Kent Ages: 7-13 yrs
 Fee:\$48.00 Length: 5 wks
 Location: WCSB Room #5 Min: 3 Max: 15

1000.104	W	1/11-2/8	4:15-5:15 p.m.
1000.105	W	2/22-3/22	4:15-5:15 p.m.
1000.106	W	4/5-5/3	4:15-5:15 p.m.

ART: ESSENTIAL DRAWING & PAINTING

Come & join the fun with professional artist, Instructor: Pati Kent, as you learn to improve your drawing & painting skills. Have fun creating your own painting while learning about mixing paint, the art elements & more. There will be a \$35 material fee due to the instructor which covers all supplies.

Instructor: Pati Kent
 Fee: \$48.00
 Location: Garden Grove Sports & Recreation

Ages: 7-13 yrs
 Length: 5 wks
 Min: 3 Max: 15

1000.107	Th	1/12-2/9	4:30-5:30 p.m.
1000.108	Th	2/23-3/23	4:30-5:30 p.m.
1000.109	Th	4/6-5/4	4:30-5:30 p.m.



DANCE

PEE WEE (INTRO TO DANCE)

Come learn the foundation for all dance styles in this combination of ballet, hip hop & jazz. Have fun while listening to friendly children's music. Dance attire: Wear all ballet pink leotard, pink tights, pink ballet shoes. Student must be potty trained prior to taking class. This is not a parent & me class so parents are encouraged to watch from the lobby. Optional opportunity for students to perform and compete at local and national events when invited to take next level class through studio @ 4:30 p.m. time slot. Because space is limited, only one parent or guardian per visit is invited to view their child from the viewing room. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Wespac Dance Staff
 Fee: \$59.00
 Location: Wespac

Ages: 2-5 yrs
 Length: 4 wks
 Min: 6 Max: 10

2000.109	Th	1/12-2/2	5:15-6:00 p.m.
2000.110	Th	2/9-3/2	5:15-6:00 p.m.
2000.111	Th	3/9-3/30	5:15-6:00 p.m.

STRETCH AND FLEX

The Stretch & Flex class uses many easy stretching exercises to help the joints, muscles, and help with range motion. The exercises are done sitting in a chair which takes the stress from hips, knees and lower back. The class is done to a variety of music, tempos, rhythms, and patterns to help with memory and coordination skills. The class will also help with flexibility, balance, and mobility. During the hour the students will warm up, work the waist, arms, legs, and all the muscles on the body with no stress sitting in a chair. The class uses many deep breathing techniques to help with every day stress and it's fun.

Instructor: Jimmy Camarena
 Fee: \$40.00
 Location: WCSB A/B Room

Ages: 18 yrs +
 Length: 12 wks
 Min: 5 Max: 100

2000.161	Tu	1/10-3/28	9:30-10:30 a.m.
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Parks
 Make
 Life
 Better!

JAZZ AND CONTEMPORARY FOR TEENS AND ADULTS

This class will utilize a ballet based warm up with strength and stretches including splits, center floor work and across the floor. Learn the basic foundation of jazz technique with a modern influence: jumps, battements, plie`s, chaine`s, pique`s, pirouettes, aerials and leaps. A routine will be taught at the end of class. Dance attire: Wear black leggings or jazz pants and leotard or tank and nude jazz shoes. Because space is limited, only one parent or guardian per visit is invited to view their child from the viewing room. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Wespac Dance Staff
 Fee: \$59.00
 Location: Wespac

Ages: 8 yrs +
 Length: 4 wks
 Min: 6 Max: 10

2000.112	Th	1/12 - 2/2	6:45-7:30 p.m.
2000.113	Th	2/9 - 3/2	6:45-7:30 p.m.
2000.114	Th	3/9 - 3/30	6:45-7:30 p.m.

OUR FIRST DANCE AS MRS. & MR.

Learn the basics of couples' dancing and look great on your wedding day. Your friends and family will be amazed! Even if you are not getting married and you are a guest or father of the bride, all couples are welcome to take this ballroom dance class which is a great way to prepare for any social event or special occasion. Dance attire: Ladies wear nice dress with comfortable shoes and gentlemen wear nice shirt and pants with comfortable shoes. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Wespac Dance Staff Ages: 18 yrs +
 Fee: \$59.00 per person Length: 4 wks
 Location: Wespac Min: 6 Max: 10

2000.115	Tu	1/10 - 1/31	8:30-9:30 p.m.
2000.116	Tu	2/7 - 2/28	8:30-9:30 p.m.
2000.117	Tu	3/7 - 3/28	8:30-9:30 p.m.

BALLET (STRENGTH & STRETCH)

This class will utilize ballet barre, center floor work and across the floor. Learn ballet positions in 1st - 5th, jumps, tendue's, plie's, chaine's, pique's, pirouettes and leaps. A routine will be taught at the end of class. Dance attire: Wear ballet pink leotard, ballet pink tights and pink ballet shoes, ballet skirt is optional. Because space is limited, only one parent or guardian per visit is invited to view their child from the viewing room. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Wespac Dance Staff Ages: 5 yrs +
 Fee: \$59.00 Length: 4 wks
 Location: Wespac Min: 6 Max: 10

2000.118	(5-9 yrs)	Tu	1/10-1/31	4:00-5:00 p.m.
2000.119	(5-9 yrs)	Tu	2/7-2/28	4:00-5:00 p.m.
2000.120	(5-9 yrs)	Tu	3/7-3/28	4:00-5:00 p.m.
2000.121	(11-16 yrs)	Th	1/12-2/2	6:00-6:45 p.m.
2000.122	(11-16 yrs)	Th	2/9-3/2	6:00-6:45 p.m.
2000.123	(11-16 yrs)	Th	3/9-3/30	6:00-6:45 p.m.



HIP HOP

Come learn the latest LA style Hip Hop dance moves as seen on television, film and videos. Get a great workout while learning how to dance! Dance attire: Wear black leggings for girls or black skinny jeans or sweats for boys, black tank and black Converse Shoes. Optional opportunity for students to perform and compete at local and national events when invited through studio @ 7:30p.m. time slot. Because space is limited, only one parent or guardian per visit is invited to view their child from the viewing room. Because space is limited, only one parent or guardian per visit is invited to view their child from the viewing room. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Wespac Dance Staff Ages: 5- 13 yrs
 Fee: \$59.00 Length: 4 wks
 Location: Wespac Min: 6 Max: 10

2000.124	(5-9 yrs) hip hop level 2	M	1/9-1/30	5:30-6:30 p.m.
2000.125	(5-9 yrs) hip hop level 2	M	2/6-2/27	5:30-6:30 p.m.
2000.126	(5-9 yrs) hip hop level 2	M	3/6-3/27	5:30-6:30 p.m.
2000.127	(5-11 yrs) beginning	M	1/9-1/30	6:30-7:30 p.m.
2000.128	(5-11 yrs) beginning	M	2/6-2/27	6:30-7:30 p.m.
2000.129	(5-11 yrs) beginning	M	3/6-3/27	6:30-7:30 p.m.
2000.130	(8-16 yrs) beginnng	Tu	1/10-1/31	7:30-8:30 p.m.
2000.131	(8-16 yrs) beginning	Tu	2/7-2/28	7:30-8:30 p.m.
2000.132	(8-16 yrs) beginning	Tu	3/7-3/28	7:30-8:30 p.m.
2000.133	(8-13 yrs) hip hop level 2	W	1/11-2/1	7:30-8:30 p.m.
2000.134	(8-13 yrs) hip hop level 2	W	2/8-3/1	7:30-8:30 p.m.
2000.135	(8-13 yrs) hip hop level 2	W	3/8-3/29	7:30-8:30 p.m.

BALLROOM AND SWING!

Learn fun, easy patterns in swing and waltz during session 1, swing and cha-cha in session 2, swing and waltz session 3! Learn to dance to the music played at parties, night clubs, weddings, and cruises. No partner necessary.

Instructor: Efren Barrera Ages: 14 yrs +
 Fee:\$45.00 Length: 4 wks
 Location: WCSB E/W Room Min: 3 Max: 30

2000.145	Tu	1/3-1/24	6:00-7:00 p.m.
2000.146	Tu	1/31-2/21	6:00-7:00 p.m.
2000.147	Tu	2/28-3/21	6:00-7:00 p.m.



SALSA 1 FOR ADULTS!

Salsa, the hot and spicy dance, lets you move to the Latin rhythms in today's club and party scene. Learn hot, beginner and intermediate patterns! Meet people, socialize, and show off your moves! No partner needed.

Instructor: Efren Barrera Ages: 14 yrs+
 Fee: \$45.00 Length: 4 wks
 Location: WCSB E/W Room Min: 3 Max: 30

2000.148	Tu	1/3-1/24	7:00-8:00 p.m.
2000.149	Tu	1/31-2/21	7:00-8:00 p.m.
2000.150	Tu	2/28-3/21	7:00-8:00 p.m.

INTERMEDIATE LINE DANCING

Enhance your line dancing skills while learning many of the newest dances as well as the "classics." Experience the mental and physical benefits of dance along with the joy of moving to music. Intermediate (level 3 and 4) dancers only. *No class 2/20.

Instructor: Suzy Hazard Ages: 18 yrs +
 Fee: \$49.00 Length: 9 wks
 Location: WCSB E/W Room Min: 12 Max: 55

2000.105	M	1/23-3/27	9:30-11:30 a.m.
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COUNTRY 2 STEP AND COWBOY CHA-CHA

Country two step plus cowboy cha-cha - both dances are coming back and both are popular in country nightclubs! You will learn both and have a good time socializing and meeting new people. No partner needed!

Instructor: Efren Barrera Ages: 14 yrs +
 Fee: \$45.00 Length: 4 wks
 Location: WCSB E/W Room Min: 3 Max: 30

2000.151	Tu	1/3-1/24	8:00-9:00 p.m.
2000.152	Tu	1/31-2/21	8:00-9:00 p.m.
2000.153	Tu	2/28-3/21	8:00-9:00 p.m.



DANCING IS FUN!

Introducing young dancers to their bodies, this class focuses on creating a more disciplined, creative, and outgoing child! While still having fun, dancers will have a focus in ballet while infusing creative improvisation, jazz, and modern! Attire- Girls: ballet leotard (pink/purple for age 3-4, black for ages 5-12), pink ballet tights, and pink/black ballet shoes with hair pulled into a neat bun. Ballet skirt or shorts is optional. Boys: black shirt, black pants, black ballet shoes.

Instructor: Piano Place Staff Ages: 3-12 yrs
 Fee: \$49.00 Length: 4 wks
 Location: The Piano Place Min: 4 Max: 8

2000.136	(3-4 yrs)	W	1/4-1/25	4:30-5:15 p.m.
2000.137	(3-4 yrs)	W	2/1-2/22	4:30-5:15 p.m.
2000.138	(3-4 yrs)	W	3/1-3/22	4:30-5:15 p.m.
2000.139	(5-7 yrs)	W	1/4-1/25	5:30-6:30 p.m.
2000.140	(5-7 yrs)	W	2/1-2/22	5:30-6:30 p.m.
2000.141	(5-7 yrs)	W	3/1-3/22	5:30-6:30 p.m.
2000.142	(8-12 yrs)	W	1/4-1/25	6:30-7:30 p.m.
2000.143	(8-12 yrs)	W	2/1-2/22	6:30-7:30 p.m.
2000.144	(8-12 yrs)	W	3/1-3/22	6:30-7:30 p.m.

BUTTERFLY BALLERINAS

Transform into a magical butterfly and float across the floor with beginning ballet movements and an introduction to ballet terminology. Instruction includes practice at the barre, traveling across the floor and choreography. Performance for parents on the last day of class. Optional Dance recital for those enrolled in both Winter & Spring. Nominal costume fee applies.

Instructor: OC Dance Productions Staff Ages: 3-6 yrs
 Fee: \$104.00 Length: 9 wks
 Location: FVRC Sunridge Room Min: 5 Max: 12

2000.104	Sa	1/21-3/18	11:45 a.m.-12:30 p.m.
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ENCHANTING FAIRIES AND PRINCESS BALLET

With a dusting of our glitter wand, enter the land of fairies and graceful princesses in this beginning ballet class. A continuation from parent and me classes or new to ballet, dancers will learn beginning ballet positions, movements and terminology with an element of fun and fantasy to engage new dancers. Class also includes creative movement exercises, short princess and fairy stories and lots of imagination. Class also promotes grace, discipline, poise and musicality. Class is part of OCDP Dance Progression Program © where dancers can track their accomplishments and receive certificate of achievement. Performance for parents on last day of class. For more information/ photos visit: www.ocdanceproductions.com. There will be a \$5 material fee due to the instructor at the first class per half session. Nominal Costume fee applies. Please contact info@ocdanceproductions.com Optional Dance recital for those enrolled in both Winter & Spring.

Instructor: OC Dance Productions Staff *Ages:* 3-6 yrs
Fee: \$104.00 *Length:* 9 wks
Location: FVRC Sunridge Room *Min:* 5 *Max:* 12
 2000.101 Sa 1/21-3/18 9:15-10:00 a.m.

TAP, JAZZ, BALLET COMBO LEVEL 1

This class is the perfect introduction to the basic forms of studio dance. Participants will learn the basic elements of tap, jazz and ballet to fun children's classic songs. In each session, participants learn a fun dance routine to perform for parents and friends on the last day of the class. Ballet & Tap shoes required. Nominal Costume fee applies. Please contact info@ocdanceproductions.com Optional Dance recital for those enrolled in both Winter & Spring.

Instructor: OC Dance Productions Staff *Ages:* 3-5 yrs
Fee: \$104.00 *Length:* 9 wks
Location: FVRC Sunridge Room *Min:* 5 *Max:* 12
 2000.102 Sa 1/21-3/18 10:05-10:50 a.m.

TAP, JAZZ, BALLET COMBO LEVEL 2

A continuation of Tap, Jazz, Ballet Combo I. Dancers will better their foundation of balance, grace, coordination and performance skills through ballet positions, jazz leaps and turns, as well as tap combinations. Level II is recommended for those continuing from combo I or starting at age 5-8. Ballet & Tap shoes required. Optional Dance recital for those enrolled in both Winter & Spring. Nominal Costume fee applies. Please contact info@ocdanceproductions.com

Instructor: OC Dance Productions Staff *Ages:* 5-8 yrs
Fee: \$104.00 *Length:* 9 wks
Location: FVRC Sunridge Room *Min:* 5 *Max:* 12
 2000.103 Sa 1/21-3/18 10:55-11:40 a.m.

LINE DANCE INTERMEDIATE LEVEL 5-6

Line Dance your way to fitness and fun. This class is designed for the experienced line dancer. We will be learning new dances and reviewing some old favorites. The dances are done to all types of music.

Instructor: Barbara Lucas *Ages:* 18 yrs +
Fee: \$54.00 *Length:* 10 wks
Location: WCSB E/W Room *Min:* 5 *Max:* 20
 2000.154 W 1/11-3/15 1:00-3:00 p.m.

Flower of the Season

Botanical Name: Salvia Mellifera **Common Names:** Black Sage
Description: This woody shrub has fragrant, dark green leaves with blue, white or lilac flowers that bloom in the spring and summer.

Information by Gardensoft

Culture:

Sun: Half
 Water: Low
 Growth Rate: Fast
 Hydrozones: #1
 Soil Type: Sandy
 Soil pH: Neutral

Design:

Design Styles: Mediterranean
 Accenting Features: Fragrance
 Seasonal Interest: Spring
 Location Uses: Bank
 Special Uses: Full

Anatomy:

Flower Color: Blue
 Flower Season: Spring
 Leaf Color: Blue Green



BALLET, TAP, AND TUMBLING

Ballet develops physical control, strength, balance and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks and balance beams.

Instructor: Dawna Ludwig
 Fee: \$45.00/\$54.00
 Location: Garden Grove Sports & Recreation

Ages: 2-12 yrs
 Length: 5/6 wks
 Min: 5 Max: 20

2000.157	(2-5 yrs)	Sa	1/7-2/18	9:20-10:00 a.m.
2000.158	(2-5 yrs)	Sa	2/25-4/1	9:20-10:00 a.m.
2000.160	(2-5 yrs)	Sa	4/8-5/6	9:20-10:00 a.m.
2000.155	(5-12 yrs)	Sa	1/7-2/18	8:40-9:20 a.m.
2000.159	(5-12 yrs)	Sa	4/8-5/6	8:40-9:20 a.m.
2000.156	(5-12 yrs)	Sa	2/25-4/1	8:40-9:20 a.m.

MUSIC

MUSIC IS FUN- FOR EVERY ONE!

By singing, creating dance moves, and playing on a variety of instruments, children will quickly learn musicality, rhythm, creativity, and expression. They do it all in this fun and exciting General Music class, where music really comes to life! Students will have the opportunity to perform on different instruments, putting together their first music band! \$10 material fee due to instructor.

Instructor: Piano Place Staff
 Fee: \$10.00
 Location: The Piano Place

Ages: 3-11 yrs
 Length: 4wks
 Min: 7 Max: 12

3000.131	(3-4 yrs)	F	1/6-1/27	5:00-5:45 p.m.
3000.132	(3-4 yrs)	F	2/3-2/24	5:00-5:45 p.m.
3000.133	(3-4 yrs)	F	3/3-3/24	5:00-5:45 p.m.
3000.134	(5-8 yrs)	F	1/6-1/27	5:45-6:30 p.m.
3000.135	(5-8 yrs)	F	2/3-2/24	5:45-6:30 p.m.
3000.136	(5-8 yrs)	F	3/3-3/24	5:45-6:30 p.m.
3000.137	(9-11 yrs)	F	1/6-1/27	6:30-7:30 p.m.
3000.138	(9-11 yrs)	F	2/3-2/24	6:30-7:30 p.m.
3000.139	(9-11 yrs)	F	3/3-3/24	6:30-7:30 p.m.



PIANO IS FUN- FOR ADULTS AND SENIORS!

Become a musician, playing songs that you enjoy! In this popular introductory keyboard class, students explore all the basics of music through learning the piano, such as theory, reading, and creativity. For more experienced pianists, please contact Piano Place at (714) 899-4823 for placement in an appropriate level. \$20 material fee.

Instructor: Piano Place Staff
 Fee: \$59.00
 Location: The Piano Place

Ages: 18 yrs +
 Length: 4 wks
 Min: 4 Max: 8

3000.128	Th	1/5-1/26	7:15-8:00 p.m.
3000.129	Th	2/2-2/23	7:15-8:00 p.m.
3000.130	Th	3/2-3/23	7:15-8:00 p.m.

PIANO IS FUN- FOR THE OLDER BEGINNER!

Witness your child become a young musician, playing songs that they enjoy! In this popular introductory keyboard class, students explore all the basics of music through learning the piano, such as theory, reading, and creativity. For more experienced pianists, please contact Piano Place at (714) 899-4823 for placement in an appropriate level. \$20 material fee.

Instructor: Piano Place Staff
 Fee: \$49.00
 Location: The Piano Place

Ages: 7-10 yrs
 Length: 4 wks
 Min: 4 Max: 8

3000.122	Th	1/5-1/26	5:45-6:30 p.m.
3000.123	Th	2/2-2/23	5:45-6:30 p.m.
3000.124	Th	3/2-3/23	5:45-6:30 p.m.

PIANO IS FUN- FOR THE YOUNGEST BEGINNER!

Witness your child become a little musician, playing songs that they enjoy! Children are encouraged to use their creativity in this exciting introductory music class. Students learn finger independence through reading basic musical patterns. Basic rhythms are introduced, and students enjoy playing and creating with others on real quality pianos! A \$20 materials fee will be due to the instructor.

Instructor: Piano Place Staff
 Fee: \$49.00
 Location: The Piano Place

Ages: 4.5- 6 yrs
 Length: 4 wks
 Min: 4 Max: 8

3000.119	Th	1/5-1/26	5:00-5:45 p.m.
3000.120	Th	2/2-2/23	5:00-5:45 p.m.
3000.121	Th	3/2-3/23	5:00-5:45 p.m.



PIANO IS FUN- TEENS AND PRE-TEENS!

Witness your child become a young musician, playing songs that they enjoy! In this popular introductory keyboard class, students explore all the basics of music through learning the piano, such as theory, reading, and creativity. For more experienced pianists, please contact Piano Place at (714) 899-4823 for placement in an appropriate level. \$20 material fee.

Instructor: Piano Place Staff Ages: 11-17 yrs
 Fee:\$59.00 Length: 4 wks
 Location: The Piano Place Min: 4 Max: 8

3000.125	Th	1/5-1/26	6:30-7:15 p.m.
3000.126	Th	2/2-2/23	6:30-7:15 p.m.
3000.127	Th	3/2-3/23	6:30-7:15 p.m.



SINGING IS FUN- FOR CHILDREN AND TEENAGERS!

Learn to sing those songs you love with creative style, proper technique, and stage performance skills! Students have the opportunity to sing solos, duets, and big group songs in this class where musical numbers really come to life! A \$10 material fee will be due to the instructor.

Instructor: Piano Place Staff Ages: 4-17 yrs
 Fee:\$59.00 Length: 4 wks
 Location: The Piano Place Min: 4 Max: 8

3000.101	(4-7 yrs)	M	1/2-1/23	4:45-5:30 p.m.
3000.102	(4-7 yrs)	M	1/30-2/20	4:45-5:30 p.m.
3000.103	(4-7 yrs)	M	2/27-3/20	4:45-5:30 p.m.
3000.104	(12-17 yrs)	M	1/2-1/23	5:30-6:30 p.m.
3000.105	(12-17 yrs)	M	1/30-2/20	5:30-6:30 p.m.
3000.106	(12-17 yrs)	M	2/27-3/20	5:30-6:30 p.m.
3000.107	(8-11 yrs)	M	1/2-1/23	6:30-7:30 p.m.
3000.108	(8-11 yrs)	M	1/30-2/20	6:30-7:30 p.m.
3000.109	(8-11 yrs)	M	2/27-3/20	6:30-7:30 p.m.

SPECIAL INTEREST

MENTAL MATH & PROBLEM SOLVING

Using abacus, learn how to calculate math with speed and accuracy. Then utilize that knowledge to solve word problems with confidence! Prerequisites: ability to write numbers 1 to 9. \$30 for abacus & \$20 for mental math book are due the first day to the instructor. *No class 1/2, 1/16, 2/20

Instructor: Alice Pan Ages: 4-7 yrs
 Fee:\$250.00 Length: 10 wks
 Location: WCSB Room #5 Min: 1 Max: 4

4000.107	(5-7 yrs)	M	1/9-3/27	5:00-6:00 p.m.
4000.108	(4-6 yrs)	M	1/9-3/27	6:00-7:00 p.m.

BECOME A NON-SMOKER WITH HYPNOSIS

Save your breath-and your money. For less than the cost of a carton of cigarettes, use your mind's ability to claim your FREEDOM to be a nonsmoker. Hypnosis is an easy, safe and comfortable way to accomplish this SUCCESS. For all of the important reasons, sign up now. An accompanying CD is recommended and available in class for \$13. Pillow/blanket/mat optional. www.life-enhancing-hypnosis.com

Instructor: Pamela J. Schmidt, M.S. Ages: 18 yrs +
 Fee:\$30.00 Length: 2 wks
 Location: WCSB A/B Room Min: 8 Max: 20

4000.110	W	2/22-3/1	7:30-9:00 p.m.
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BECOME SLENDER WITH HYPNOSIS

Slimming down with hypnosis is easy, safe and comfortable. No diet or deprivation. Use the ability of your mind to change habits and behaviors that led to weight problems, and create the SUCCESS and SATISFACTION that make you feel good about yourself. Supportive CD is available in class for \$13.00. Pillow/blanket/mat are all optional. For more information visit my website at www.life-enhancing-hypnosis.com

Instructor: Pamela J. Schmidt, M.S. Ages: 18 yrs +
 Activity Fee: \$50.00 Length: 4 wks
 Location: WCSB A/B Room Min: 8 Max: 20

4000.109	W	1/18-2/8	7:30-9:00 p.m.
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DOG OBEDIENCE TRAINING

Give your dog a new leash on life! This beginner-level course is open to all breeds of dogs over 5 months (larger breeds accepted at 4 months). Exercises will include the proper heel command, automatic sit, sit-stay and down-stay, stand for inspection, and come commands. Behavior problems such as destructive chewing, hole digging, and over-exuberance will also be addressed. Trophies and certificates will be awarded at graduation. The first meeting will be an orientation, WITHOUT DOGS. Please bring vaccination records and \$10 material fee (includes training manual) to first meeting.

Instructor: Hacienda Hills Dog
Obedience Staff
Ages: 10 yrs +
Length: 7 wks
Fee: \$95.00
Location: H. Louis Lake Sr. Center
Min: 8 Max: 20
4000.114 Sa 2/4-3/18 10:30-11:30 a.m.



FRISBEE DOGS! CATCH THE FUN!

In this one-day workshop, your dog can start learning the fun sport of toss-n-fetch from an avid Dog-Disc competitor, David Procida. The class includes instruction on proper Frisbee throwing techniques, safety, and an introduction to some stunts, including spins and weaving through legs. Please pre-register, and bring vaccination records, and a \$5 material fee (includes a frisbee & liability insurance).

Instructor: Hacienda Hills Dog
Obedience Staff
Ages: 10 yrs +
Length: 1 wk
Fee: \$27.00
Location: El Dorado Park
Min: 3 Max: 6
4000.115 Su 1/29 3:00-4:30 p.m.

ONLINE DRIVER'S EDUCATION

Are you tired of asking your parents for a ride? Are you at least 15 years old? If so, this class is for you. This is an interactive, online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. Receive DMV-approved Certificate of Completion. This class is a requirement for teens under 17 1/2 years old to obtain a learner's permit and driver's license. A licensed instructor is available to answer any questions. Sign up anytime. Registration is ongoing.

Instructor: Erika Vieyra
Ages: 15 yrs +
Fee: \$43.00
Length: 1 month
Location: Registrant's Home

4000.111	1/3-1/31	TBA
4000.112	2/1-2/28	TBA
4000.113	3/1-3/31	TBA

ACTING: IMAGINATION, OBSERVATION, AND ACTION!

Acting can apply to everyday life by building confidence, letting go, and developing public speaking skills. Children will be pumping those creative juices with games, interpretive movement and mask work. Teens and adults will be working on imagination and observation into developing a character for monologues and scenes. Performing opportunities will be available. \$10 material fee due to instructor first day of class.

Instructor: Piano Place Staff
Ages: 7 yrs +
Fee: \$59.00
Length: 4 wks
Location: The Piano Place
Min: 4 Max: 12

3000.110	(7-11 yrs)	Tu	1/3-1/24	4:00-5:00 p.m.
3000.111	(7-11 yrs)	Tu	1/31-2/21	4:00-5:00 p.m.
3000.112	(7-11 yrs)	Tu	2/28-3/21	4:00-5:00 p.m.
3000.113	(12-17 yrs)	Tu	1/3-1/24	5:00-6:30 p.m.
3000.114	(12-17 yrs)	Tu	1/31-2/21	5:00-6:30 p.m.
3000.115	(12-17 yrs)	Tu	2/28-3/21	5:00-6:30 p.m.
3000.116	(18 yrs +)	Tu	1/3-1/24	6:30-8:00 p.m.
3000.117	(18 yrs +)	Tu	1/31-2/21	6:30-8:00 p.m.
3000.118	(18 yrs +)	Tu	2/28-3/21	6:30-8:00 p.m.

Parks
Make
Life
Better!

FLORAL DESIGN FOR TEENAGERS AND ADULTS

Save money by creating your own personal and unique arrangements! Classes cover the basics of floral design and differ according to the different seasons/events/holidays. Flower arrangements are great for parties, gifts, or a special someone! Bring home your own simple, yet lovely creation every week! \$40 material fee due to instructor.

Instructor: Piano Place Staff Ages: 13 yrs +
 Activity Fee: \$44.00 Length: 4 wks
 Location: The Piano Place Min: 4 Max: 12

4000.116	Th	1/5-1/26	6:00-7:00 p.m.
4000.117	Th	2/2-2/23	6:00-7:00 p.m.
4000.118	Th	3/2-3/23	6:00-7:00 p.m.

FUN ON THE FARM

Ride a pony! Make a fun farm craft, hold, feed and brush different farm animals. Sing songs and have a blast at the farm! Wear close toed shoes and bring riding helmet. Parent participation is required. No unregistered siblings. There will be a \$20 material fee due to the instructor at the first class which includes stable payment, carrots, material handouts etc.

Instructor: Cheryl Skidmore Ages: 2-6 yrs
 Fee:\$75.00 Length: 4 wks
 Location: El Rodeo Stables Min: 5 Max: 15

4000.105	F	1/6-1/27	10:00-11:00 a.m.
4000.106	F	2/3-2/24	10:00-11:00 a.m.

HORSE FUN FOR KIDS

Put your boots and chaps on! Come learn how to ride horses! We will teach you how to halter, groom, saddle and basic riding techniques. This class prepares riders for individual lessons. There will be a \$20 material fee which includes stable fee, material handouts, carrots and arena time, will due to the instructor. No unregistered siblings.

Instructor: Cheryl Skidmore Ages: 7-12 yrs
 Fee:\$75.00 Length: 4 wks
 Location: El Rodeo Stables Min: 5 Max: 15

4000.101	Sa	1/7-1/28	2:00-3:00 p.m.
4000.102	Sa	2/4-2/25	2:00-3:00 p.m.



HORSE FUN FOR PRESCHOOLERS

Learn how to ride horses this winter with your parent at your side! We will teach you how to halter, groom, saddle and basic riding skills. Wear closed toed shoes, long jean pants and bike helmet. Parent participation required. No unregistered siblings. \$20 material fee due to instructor.

Instructor: Cheryl Skidmore Ages: 3-6 yrs
 Fee:\$75.00 Length: 4 wks
 Location: El Rodeo Stables Min: 5 Max: 15

4000.103	Sa	1/7-1/28	1:00-2:00 p.m.
4000.104	Sa	2/4-2/25	1:00-2:00 p.m.

PRE-SCHOOL PLAY & PRACTICE

Imagine your child learning activities like award winning children's literature, arts and crafts, songs, and many more fresh new ideas. Each class is based on a different theme and includes cutting, pasting, coloring, and more importantly, interacting with other children. \$5 material fee due to instructor.

Instructor: Dawna Ludwig Ages: 1.5-5 yrs
 Fee: \$45.00/\$54.00 Length: 5/6 wks
 Location: Garden Grove Sports & Recreation Min: 5 Max: 20

4000.125	Sa	1/7-2/18	10:00-10:40 a.m.
4000.126	Sa	2/25-4/1	10:00-10:40 a.m.
4000.127	Sa	4/8-5/6	10:00-10:40 a.m.





CPR/AED FOR ADULTS, INFANTS, & CHILDREN

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children and infants, as well as, foreign object removal techniques for airways. You will receive your certification upon completion of the class. If healthcare provider card is required please call Cindy at (714) 891-5620 prior to your class. A \$20 material fee is payable to the instructor at class.

Instructor: Jack Griswold *Ages:* 12 yrs+
Fee: \$10.00 *Length:* 1 day
Location: WCSB Room A/B *Min:* 8 *Max:* 20

4000.128	Sa	1/7	8:00-10:30 a.m.
4000.130	W	1/25	6:00-10:00 p.m.
4000.131	M	2/13	6:00-10:00 p.m.
4000.132	Sa	3/4	8:00-10:30 a.m.

FIRST AID

Learn to respond to and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. A \$20 material fee is payable to the instructor at class.

Instructor: Jack Griswold *Ages:* 12 yrs+
Fee: \$10.00 *Length:* 1 day
Location: WCSB Room A/B *Min:* 8 *Max:* 20

4000.129	Sa	1/7	10:30 a.m.-2:00 p.m.
4000.133	Sa	3/4	10:30 a.m.-2:00 p.m.



CPR FOR THE VIETNAMESE SPEAKER

This CPR training class is for the Vietnamese speaker and will teach you the basic ways to respond to an unconscious person in an emergency situation while waiting for the ambulance to arrive. By doing CPR, you will be helping to circulate the blood and oxygen of that unconscious person. You will also learn how to be calm and to be confident in what to do in the critical moment of saving a life. After completing the class, the participants will receive their American Heart Association (AHA) pocket certificate card which will be valid for 2 years. There will be a \$30 material fee due to the instructor at class.

Instructor: Steve Pham *Ages:* 18 yrs +
Fee: \$15.00 *Length:* 1 day
Location: WCSB Room 3/4 *Min:* 6 *Max:* 33

4000.122	Sa	1/14	10:00 a.m.-2:00 p.m.
4000.123	Sa	2/18	10:00 a.m.-2:00 p.m.
4000.124	Sa	3/18	10:00 a.m.-2:00 p.m.

BABY'S FIRST YOGA, DANCE & TUMBLING CLASS

This class presents an easy and fun way to introduce your child to yoga through baby friendly yoga poses and age appropriate tumbling skills.

Instructor: Dawna Ludwig *Ages:* 6 mo- 2 yrs
Fee: \$45.00/\$54.00 *Length:* 5/6 wks
Location: Garden Grove Sports & Recreation *Min:* 5 *Max:* 20

5000.136	Sa	1/7-2/18	10:40-11:10 a.m.
5000.137	Sa	2/25-4/1	10:40-11:10 a.m.
5000.138	Sa	4/8-5/6	10:40-11:10 a.m.

SPORTS & FITNESS

INTRODUCTION TO FENCING

Learn the Olympic sport of fencing. Students learn how to move, attack and defend themselves with fencing gear. Emphasis is placed on developing balance, coordination, stamina, and quick decision making. Classes are hands-on and highly interactive. Fee includes cost of rental Equipment. Students must pay a one-time, \$10 US Fencing Association membership fee upon their arrival at the Center.

Instructor: Jaime Wood *Ages:* 7 yrs+
Fee: \$154.00 2x/week *Length:* 4wks
 \$104.00 1x/week

Location: South Coast Fencing Center

4000.119	M-Tu,Th	1/3-1/28	6:30-7:30 p.m.
	Sa		12:00-1:00 p.m.
4000.120	M-Tu,Th	1/30-2/25	6:30-7:30 p.m.
	Sa		12:00-1:00 p.m.
4000.121	M-Tu,Th	2/27-3/25	6:30-7:30 p.m.
	Sa		12:00-1:00p.m.

TUMBLING

We transform the room so it's covered in a 2-3 inch think floor mats and we start with balancing, strength & flexibility exercises including right, left, and center splits, then we go straight into our tumbling exercises which include back bends, forward and backward somersaults, cartwheels, handstand rolls, front & back walkovers, front & back handsprings and more! Tumbling attire: Wear black tank or leotard with black shorts or leggings and barefoot. Because space is limited, only one parent or guardian per visit is invited to view their child from the viewing room. For more information, please visit our website at www.wespacdance.com or call 714.893.2623.

Instructor: Wespac Dance Staff Ages: 5-9 yrs
 Fee: \$59.00 Length: 4 wks
 Location: Wespac Min: 6 Max: 10

2000.106	Tu	1/10 - 1/31	3:15-4:00 p.m.
2000.107	Tu	2/7 - 2/28	3:15-4:00 p.m.
2000.108	Tu	3/7 - 3/28	3:15-4:00 p.m.



COMPETITIVE JUDO

This class is a progression class in which a minimum requirement of a yellow belt and a constant participation at the tournaments are required. This class is an intensive concentration on all aspects of Judo in competition. This involves physical and mental challenges and drills that are geared towards the success of the individual. All techniques of Judo past and present will be taught. This includes but not limited to throwing (tachi waza), choking (shime waza) and joint manipulation (kansetsu waza).

Instructor: Tu Nguyen Ages: 6 yrs +
 Fee: \$85.00 Length: 5 wks
 Location: Konjo Judo Dojo Min: 1 Max: 15

5000.116	M,W,F	1/2-1/30	6:00-8:00 p.m.
5000.117	M,W,F	2/1-2/27	6:00-8:00 p.m.
5000.118	M,W,F	3/1-3/31	6:00-8:00 p.m.

JUDO - BIG KIDS & ADULTS

This class is designed for all levels to learn the competitive aspects of Judo. This Class focuses on training for a competition and the self-defense aspects of Judo. Learn how to lose weight, increase your strength, quickness, coordination and flexibility while learning one of the Japan's most prominent martial art!

Instructor: Tu Nguyen Ages: 13 yrs +
 Fee: \$85.00 Length: 5 wks
 Location: Konjo Judo Dojo Min: 1 Max: 15

5000.122	M,W,F	1/2-1/30	8:00-9:30 p.m.
5000.123	M,W,F	2/1-2/27	8:00-9:30 p.m.
5000.124	M,W,F	3/1-3/31	8:00-9:30 p.m.

JUDO - JUST FOR KIDS

An introductory class that focuses on the way of Judo by building the child's skills physically, mentally, and spiritually. This pertains to tumbling and falling drills, basic judo techniques and terminology, and learning self-discipline. Included in the techniques are Judo throwing and controlling techniques.

Instructor: Tu Nguyen Ages: 5-12 yrs
 Fee: \$85.00 Length: 5 wks
 Location: Konjo Judo Dojo Min: 1 Max: 15

5000.119	M,W,F	1/2-1/30	4:30-6:00 p.m.
5000.120	M,W,F	2/1-2/27	4:30-6:00 p.m.
5000.121	M,W,F	3/1-3/31	4:30-6:00 p.m.

SHORINJI KEMPO MARTIAL ARTS FOR CHILDREN

Shorinji Kempo is an educational martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to e-mail the instructor at yukiko.fujie@gmail.com or call 714-585-2162. We are an official 501c3 Non-Profit Organization.

Instructor: Yukiko Fujie Ages: 5-12 yrs
 Fee: \$35.00 Length: 5 wks
 Location: Carden Conservatory Min: 1 Max: 35

5000.113	M,Th-F	1/2-1/30	6:30-7:45 p.m.
5000.114	M,Th-F	2/2-2/27	6:30-7:45 p.m.
5000.115	M,Th-F	3/2-3/31	6:30-7:45 p.m.

SHORINJI KEMPO MARTIALARTS FOR ADULTS

Shorinji Kempo is an educational martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to e-mail the instructor at yukiko.fujie@gmail.com or call 714-585-2162. We are an official 501c3 Non-Profit Organization.

Instructor: Yukiko Fujie Ages: 13 yrs +
Fee:\$35.00 Length: 5 wks
Location: Carden Conservatory Min: 1 Max: 35

5000.110	M,Th-F	1/2-1/30	7:45-9:30 p.m.
5000.111	M,Th-F	2/2-2/27	7:45-9:30 p.m.
5000.112	M,Th-F	3/2-3/31	7:45-9:30 p.m.

BEGINNING/ADVANCED KARATE

Learn basic techniques and principles emphasizing the three C's: coordination, confidence, and concentration. Wear loose clothing. Parents should remain outside classroom.

Instructor: Gary Pitts Ages: 8 yrs +
Fee:\$48.00 Length: 4 wks
Location: WCSB E/W Room Min: 4 Max: 28

5000.108	W	1/11-2/1	4:00-4:45 p.m.
5000.109	W	2/8-3/1	4:00-4:45 p.m.



KIDDIE KARATE

Learn basic techniques and principles emphasizing the three C's: coordination, confidence, and concentration. Wear loose clothing. Parents should remain outside classroom.

Instructor: Gary Pitts Ages: 3.5-7 yrs
Fee:\$42.00 Length: 4 wks
Location: WCSB E/W Room Min: 4 Max: 28

5000.106	W	1/11-2/1	3:30-4:00 p.m.
5000.107	W	2/8-3/1	3:30-4:00 p.m.

PARENT & ME SOCCER

As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action! Each child receives a soccer jersey. *No class 2/20.

Instructor: Kidz Love Soccer Staff Ages: 2-3.5 yrs
Fee:\$94.00 Length: 7 wks
Instructor: Fountain Valley Min: 5 Max: 10
Recreation Center

5000.101	M	1/23-3/13	5:45-6:15 p.m.
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TOT SOCCER

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Each participant receives a soccer jersey. Shin guards are required after the first meeting. *No class 2/20.

Instructor: Kidz Love Soccer Staff Ages: 3.5-5 yrs
Fee:\$94.00 Length: 7 wks
Instructor: Fountain Valley Min: 5 Max: 10
Recreation Center

5000.102	M	1/23-3/13	5:00-5:35 p.m.
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SOCCER 1: TECHNIQUES & TEAMWORK

Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small sided soccer matches will be introduced gradually. Each participant receives a soccer jersey. Shin guards are required after the first meeting. *No class 2/20.

Instructor: Kidz Love Soccer Staff Ages: 5-6 yrs
Fee:\$94.00 Length: 7 wks
Instructor: Fountain Valley Min: 5 Max: 10
Recreation Center

5000.103	M	1/23-3/13	4:15-5:00 p.m.
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SOCCKER 2: SKILLZ & SCRIMMAGES

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will include small-sided scrimmages that emphasize application of finer technical points. All levels are welcome to come enjoy the world's most popular sport. Shin guards are required. *No class 2/20.

Instructor: Kidz Love Soccer Staff Ages: 7-10 yrs
 Fee: \$94.00 Length: 7 wks
 Instructor: Fountain Valley Recreation Center Min: 5 Max: 10

5000.105 M 1/23-3/13 3:30-4:15 p.m.

LITTLE STARS TAEKWONDO

Taekwondo will teach your little stars characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training. There will be a \$20 material fee due to the instructor for uniform.

Instructor: Sungho Park Ages: 4-6 yrs
 Fee: \$35.00 Length: 5 wks
 Location: Five Star Taekwondo Min: 1 Max: 10

5000.132 M,W 1/4-2/1 6:00-6:40 p.m.

5000.133 M,W 2/6-3/1 6:00-6:40 p.m.

TAEKWONDO FOR KIDS

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training. There will be a \$20 material fee due to the instructor for uniform.

Instructor: Sungho Park Ages: 7-12 yrs
 Fee: \$35.00 Length: 5 wks
 Location: Five Star Taekwondo Min: 1 Max: 10

5000.128 M,W 1/4-2/1 6:40-7:30 p.m.

5000.129 Tu,Th 1/5-1/31 6:00-6:50 p.m.

5000.130 M,W 2/6-3/1 6:40-7:30 p.m.

5000.131 Tu,Th 2/2-2/28 6:00-6:50 p.m.



TAEKWONDO FOR TEENS

The goal of Taekwondo training is not about how to fight, but learning a way of living through building self-defense. Taekwondo's foundation is to improve the inner self through physical, mental and spiritual discipline to achieve the highest form of character. Learn to defend and develop self-confidence right now. There will be a \$20 material fee due to the instructor for uniform.

Instructor: Sungho Park Ages: 13-17 yrs
 Fee: \$35.00 Length: 5 wks
 Location: Five Star Taekwondo Min: 1 Max: 10

5000.134 Tu,Th 1/5-1/31 6:50-7:30 p.m.

5000.135 Tu,Th 2/2-2/28 6:50-7:30 p.m.

BEGINNING ICE SKATING FOR ADULTS

Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on day of class (6:40-7:10 p.m.) and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

Instructor: Westminster Ice Arena Staff Ages: 17 yrs+
 Fee: \$37.00 Length: 4 wks
 Location: Westminster ICE Min: 1 Max: 12

5000.151 W 1/18-2/8 6:10-6:40 p.m.

5000.152 W 2/22-3/15 6:10-6:40 p.m.

BEGINNING ICE SKATING

Enjoy the Winter Olympics most beautiful sport. Figure Skating. Learn to skate across the ice forward and backward, stop, hop, spin and more! Includes skate rental, 30-minute lesson, free practice on day of class (3:00-4:30pm for Wednesday class and 12:00-2:00pm for Saturday class), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

Instructor: Westminster Ice Arena Staff Ages: 6-16 yrs
 Fee: \$37.00 Length: 4 wks
 Location: Westminster ICE Min: 1 Max: 12

5000.147 Tu 1/17-2/7 4:10-4:40 p.m.

5000.148 Sa 1/21-2/11 11:15-11:45 a.m.

5000.149 Tu 2/21-3/14 4:10-4:40 p.m.

5000.150 Sa 2/25-3/18 11:15-11:45 a.m.

ICE HOCKEY SKATING SKILLS

Want to play hockey but don't know where to start? Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

Instructor: Westminster Ice Arena Staff Ages: 6-16 yrs
 Fee:\$37.00 Length: 4 wks
 Location: Westminster ICE Min: 1 Max: 12

5000.153	W	1/18-2/8	6:10-6:40 p.m.
5000.154	Sa	1/21-2/11	10:45-11:15 a.m.
5000.155	W	2/22-3/15	6:10-6:40 p.m.
5000.156	Sa	2/25-3/18	10:45-11:15 a.m.



ICE SKATING FOR TOTS

Beginning ice skating made fun and easy. Your skater will have a smile on their face when he/she learns how to march, glide, hop and wiggle backwards on the ice. Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00pm for Wednesday class and 12:00-2:00pm for Saturday class), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

Instructor: Westminster Ice Arena Staff Ages: 3-5 yrs
 Fee:\$37.00 Length: 4 wks
 Location: Westminster ICE Min: 1 Max: 8

5000.143	Tu	1/17-2/7	3:40-4:10 p.m.
5000.144	Sa	1/21-2/11	10:45-11:15 a.m.
5000.145	Tu	2/21-3/14	3:40-4:10 p.m.
5000.146	Sa	2/25-3/28	10:45-11:15 a.m.

PARENT & ME ICE SKATING

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent and one child per class. Includes skate rental, 30-minute lesson, free practice on day of class (3:10-4:40pm for Tuesday class and 12:00-2:00pm for Saturday class), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

Instructor: Westminster Ice Arena Staff Ages: 3-5 yrs
 Fee:\$37.00 Length: 4 wks
 Location: Westminster ICE Min: 1 Max: 8

5000.139	Tu	1/17-2/7	4:10-4:40 p.m.
5000.140	Sa	1/21-2/11	11:15-11:45 a.m.
5000.141	Tu	2/21-3/14	4:10-4:40 p.m.
5000.142	Sa	2/25-3/18	11:15-11:45 a.m.

TENNIS

BEGINNING/INTERMEDIATE ADULT TENNIS

Becky Recavarren has the skills needed to help you begin or resume your adult tennis interest. This course covers strokes and scoring, including drills, serving, forehand, backhand, and volleys. A racquet and one unopened can of tennis balls are required.

Instructor: Becky Recavarren Ages: 16 yrs +
 Fee:\$55.00 Length: 5 wks
 Location: Park West Park Min: 6 Max: 15

6000.117	Tu	1/10-2/7	6:30-7:30 p.m.
6000.118	W	1/11-2/8	6:30-7:30 p.m.
6000.119	Tu	2/21-3/21	6:30-7:30 p.m.
6000.120	W	2/22-3/22	6:30-7:30 p.m.

BEGINNING JUNIORS TENNIS

Taught by Becky Recavarren, a member of the United States Professional Tennis Association, your junior tennis star will learn the basics while at the same time develop a lifetime enjoyment for the sport. A racquet and one unopened can of tennis balls are required. *No class 1/16.

Instructor: Becky Recavarren Ages: 7-15 yrs
 Fee:\$55.00 Length: 5 wks
 Min: 6 Max: 15

Bolsa Chica Park

6000.109	M	1/9-2/6	4:30-5:30 p.m.
6000.113	M	2/27-3/20	4:30-5:30 p.m.

Park West Park

6000.110	Tu	1/10-2/7	4:30-5:30 p.m.
6000.111	W	1/11-2/8	4:30-5:30 p.m.
6000.112	Th	1/12-2/9	5:00-6:00 p.m.
6000.114	Tu	2/21-3/21	4:30-5:30 p.m.
6000.115	W	2/22-3/22	4:30-5:30 p.m.
6000.116	Th	2/23-3/23	5:00-6:00 p.m.

INTERMEDIATE/ADVANCED JR. TOURNAMENT TENNIS

Instructor permission required for this class. Juniors will play match-play specific games, along with playing matches.

Instructor: *Becky Recavarren* Ages: 10-16 yrs
 Fee: \$55.00 Length: 5 wks
 Location: *Park West Park* Min: 6 Max: 15

6000.125 Th 1/12-2/9 4:00-5:00 p.m.
 6000.126 Th 2/23-3/23 4:00-5:00 p.m.

INTERMEDIATE/ADVANCED JUNIORS TENNIS

Becky Recavarren, a member of the United States Professional Tennis Association, will guide your developing junior tennis player through this course which covers more advanced strokes and scoring, including drills and actual playing. A racquet and one unopened can of tennis balls are required.

Instructor: *Becky Recavarren* Ages: 7-15 yrs
 Fee: \$55.00 Length: 5 wks
 Location: *Park West Park* Min: 6 Max: 15

6000.121 Tu 1/10-2/7 5:30-6:30 p.m.
 6000.122 W 1/11-2/8 5:30-6:30 p.m.
 6000.123 Tu 2/21-3/21 5:30-6:30 p.m.
 6000.124 W 2/22-3/22 5:30-6:30 p.m.



TENNIS PRIVATE LESSONS - WITH BECKY!

For students who would prefer additional individual attention, private lessons are available for 1 or 2 students at Park West Park or Bolsa Chica Park. Video analysis is available. Private lessons are for 1 hour. One lesson for \$50, or four lessons for \$180. Dates and times to be arranged with the instructor after you sign up. For registration and instructor contact information, please contact the Westminster Community Services & Recreation Department at (714) 895-2860.

Instructor: *Becky Recavarren* Ages: 4 yrs+
 Fee: \$50.00/1 lesson
 \$180.00/4 lessons

Location: *Bolsa Chica Park or Park West Park*

6000.127 (1 lesson) TBD
 6000.128 (4 lessons) TBD

**Parks
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TINYTOT TENNIS

Introduce your little one to a great sport taught by Becky Recavarren, a member of the United States Professional Tennis Association. Her half hour class focuses on general motor skills development. A racquet and one unopened can of tennis balls are required. *No class 1/16.

Instructor: *Becky Recavarren* Ages: 4-6 yrs
 Fee: \$35.00
 Length: 5 wks Min: 6 Max: 15

Bolsa Chica Park

6000.101 M 1/9-2/6 4:00-4:30 p.m.
 6000.105 M 2/27-3/20 4:00-4:30 p.m.

Park West Park

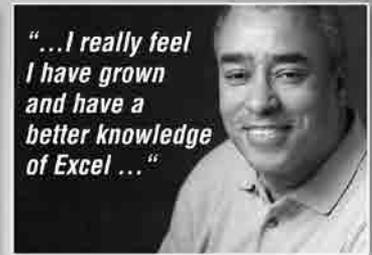
6000.102 Tu 1/10-2/7 4:00-4:30 p.m.
 6000.103 W 1/11-2/8 4:00-4:30 p.m.
 6000.104 Th 1/12-2/9 3:30-4:00 p.m.
 6000.106 Tu 2/21-3/21 4:00-4:30 p.m.
 6000.107 W 2/22-3/22 4:00-4:30 p.m.
 6000.108 Th 2/23-3/23 3:30-4:00 p.m.

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Learn to create impressive slide presentations filled with visually stimulating elements.

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Learn how Microsoft's powerful database can help you store and manage information you've collected about your business, home, or community.

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Learn the essentials of Microsoft Outlook 2007 from an expert instructor. Get up and running quickly with the most important aspects of the program.

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New course sessions begin monthly.

Please visit our Online Instruction

Center to see exact start dates for the courses that interest you.

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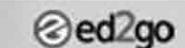


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Prepare for a career as a carpenter as you master basic residential construction skills, learn to read blueprints and do jobsite math, and get hands-on practice in three workshop projects.

Certified Residential Interior Designer

Prepare for a career as a residential interior designer by learning the basics of good design, getting familiar with design styles and movements, and exploring the materials that interior designers use.

Home Inspection Certificate

Learn about standards of practice, defects recognition, inspection guidelines, reporting methodologies, and liability management as you prepare to become a home inspector.

Human Resources Professional

Master the skills you need to gain an entry-level position in human resources and prepare to take the PHR (Professional in Human Resources) certification exam.

OMCA Content Marketing Associate

Bring an audience to your company's website and engage web viewers with valuable content and new strategies for success. **Voucher Included.**

OMCP Social and Mobile Marketing Professional

Learn the scope of digital marketing and how to make mobile marketing and social media work in your favor. **Voucher Included**

OMCP Email Marketing and Automation Professional

Learn how to write emails worth opening, reading and acting on. With mobile devices being used frequently, it's critical to write emails that are mobile friendly while being valuable and engaging. **Voucher Included.**

Professional Bookkeeping

This program teaches students how to master professional bookkeeping using the QuickBooks 2015 software. **Software Included.**

Personal Fitness Trainer

Learn how to apply your client's health history, goals, and abilities, as well as integrating exercise science curriculum and practical training techniques, into a systematic model you can use to progress your clients through different training levels and phases.

Freight Broker/Agent Training

Prepare to enter the freight/logistics industry. This program will prepare you to start your own freight broker business or become a freight agent.

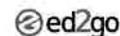
Grant Writing

Learn to write grant proposals that get funded in this nationally recognized Grant Writing online training program.

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Develop your technical writing abilities to a professional level. You'll learn research methods, audience considerations, style, drafting and revision techniques, how to work in a collaborative environment, and more.

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09/16/09

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FIND YOUR COURSE »

WESTMINSTER SENIOR CENTER

The Westminster Senior Center is a focal point for seniors, offering an array of services and activities. Listed below are the types of services offered. If you desire additional information, please call the Senior Center at (714) 895-2878, Monday – Thursday, 7:30 a.m. – 5:30 p.m., and Fridays 7:30 a.m. – 4:30 p.m., and alternate Fridays 8:00 a.m. – 1:00 p.m.



SCAN HERE TO VISIT US ONLINE

The Westminster Senior Center offers a variety of services such as:

- Blood Pressure Testing
- Commodities Distribution
- Home Delivered Meals
- Information and Referrals
- Free Legal Services
- Westminster on Wheels (WOW) Nutrition & Shuttle Transportaion
- Health Screening
- H.I.C.A.P (Health Insurance Counseling and Advocacy Program)

For more information on any of these services, please visit our website at www.westminster-ca.gov, go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

SENIOR FITNESS

Join one of the following FREE weekly exercise classes, designed specifically for older adults.

Adapted Fitness	Monday & Wednesday	9:30 a.m.
Adapted Fitness	Monday & Wednesday	10:30 a.m.
Balance & Mobility	Monday & Wednesday	12:30 p.m.
Longevity Stick	Monday & Thursday	9:00 a.m.
Tai Chi*	Friday	8:30 a.m.

*This Tai Chi class has a small registration fee. Please call 714-895-2878 for more information.

FEE-BASED SENIOR FITNESS CLASSES

The following classes are fee-based and require advanced registration through the Community Services and Recreation Department. Please call 714-895-2860 for registration information.

Intermediate Line Dancing	Monday	9:30 a.m.
Stretch & Flex	Tuesday	9:30 a.m.
Dance Aerobics 4/5	Tuesday & Thursday	12:45 p.m.
Dance Aerobics 2/3	Thursday	9:00 a.m.
Dance Aerobics 3/4	Thursday	10:30 a.m.

SPECIAL EVENTS

Valentine's Day Party

Tuesday, February 14th at 11:00 am
\$5 Donation

Quarterly Birthday Party

Celebrate Birthdays in January, February, and March
Thursday, February 23rd at 11:00 am
Entertainment
(All Seniors are Welcome)

St. Patrick's Day Party

Thursday, March 16th at 11:00 am
\$5 Donation

Mother's Day Party

Thursday, May 11th at 11:00 am
\$5 Donation

Father's Day Party

Thursday, June 15th at 11:00 am
\$5 Donation



PROGRAMS AND CLASSES

DAILY DINING

Try our hot meals offered Monday through Friday in our Senior Center Dining Room. If you are 60 years or older (or married to someone who is), the suggested donation is only \$3.00 for the hot lunch. No reservation is necessary, but come early to assure a place! Serving time is 11:45 a.m. Monday-Thursday, and 11:30 a.m. on Fridays. Pick up a "Senior Spotlight" for only 50 cents at the Senior Center for the month's menu, which is also on the city's website.

DIABETES SUPPORT GROUP

January 18th – Diabetes and Medications
February 15th – Diabetes and Dementia
March 15th – Diabetes and Sleep
April 19th – Diabetes Meal Planning
May 17th – Preparing for your Doctor Visit
June 21st – Problem Solving with Diabetes
July 19th – Stress, Anxiety and Depression: Effect on Diabetes
August 16th – Diabetes and Foot Care
September 20th – Reducing Risks of Diabetes Complications
October 18th – Healthy Coping with Diabetes
November 15th – Diabetes Monitoring
December 20th – Diabetes and Hypoglycemia

WE OFFER MANY MORE SENIOR PROGRAMS & CLASSES SUCH AS:

- Crocheting and Knitting
- Balance & Mobility
- Bridge Club
- Mah Jongg
- Longevity Stick
- Dinner Group
- Chess Club
- Sudoku

For more information on any of these programs, please visit our website at www.westminster-ca.gov, go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

FRIDAY DANCES!

Come and dance to the sounds of Boyd Elston every other Friday from 12 p.m. to 2 p.m. Please call the Senior Center for more details at 714-895-2878.

January 6th and 20th
February 3rd and 17th
March 3rd, 17th and 31st
April 14th and 28th
May 12th and 26th

WESTMINSTER SENIOR CENTER FOUNDATION

The Westminster Senior Center Foundation (WSCF) was incorporated in December 2002. The Foundation's mission is "To engage in charitable activities and to assist (both financially and otherwise) the Westminster Senior Center and its programs."

FREE MOVIE FRIDAYS!

Every Friday at 9:15 a.m. a movie is shown. There is no charge for the screening. The "Senior Spotlight" lists the movies monthly.

VOLUNTEERS ARE NEEDED!

If you are interested in volunteering, please call Claire Amyx at 714-895-2878.



TRIPS AND EXCURSIONS

Pala Indian Casino Tuesday, January 17th
 \$25 p/p; \$5 Slot Play
 Depart: 8:30 am Return: 5:30 pm

The Alley Cats Thursday, February 16th
 America's Premier Doo Wop Group
 Almanson Court (Pasadena)
 Lunch Included \$92 p/p
 Depart: 10:30 am Return: 5:00 pm

Harrah's Indian Casino Wednesday, February 22nd
 \$16 p/p; \$5 Slot Play
 Depart: 8:30 am Return: 5:00 pm

Viejas Indian Casino Thursday, March 23rd
 \$16 p/p; \$5 Lunch Coupon
 Depart: 8:00 am Return: 5:00 pm

Pechanga Indian Casino Tuesday, April 25th
 \$35 p/p; \$20 Slot Play
 Depart: 8:30 am Return: 5:00 pm

*Trip schedules are subject to change. Please call the Senior Center for trip updates and trip additions!

VISUAL, PERFORMING, & CULTURAL ARTS

BLAKEY HISTORICAL PARK & MUSEUM - Call Joy L. Neugebauer at (714) 891-2597. Blakey Park is located at 8612 Westminster Blvd., just east of Newland Street. The museum and park feature a variety of displays depicting the everyday life of persons living here during the late 19th and early 20th centuries. The Westminster Historical Society operates the park, with museum hours on the first Sunday afternoon of the month from 1:00 to 4:00 p.m. For guided tours, special arrangements can be made to accommodate your group. Students of all ages are welcome to do research at the Museum. If you would like to become a member and help preserve our common heritage for future generations, drop by the Museum or call the number listed above.

LASTAPATIAS FOLKLORIC DANCERS - Call Jenny Mariscal at (714) 232-1680. Audiences enjoy Las Tapatias' colorful costumes and spirited Mexican dances. All ages participate. Children begin dancing at an early age, but adult performers are also welcome. Las Tapatias rehearses at the Westminster Community Services & Recreation Building, Craft Room on Wednesdays at 7:00 p.m. Call to join the group, attend a performance, or to schedule them to entertain for your event.

VIETNAMESE CULTURAL PROGRAMS - Call Professor Chau Van Nguyen, Program Director, at (714) 531-4907, or (714) 240-0475 (cell). Traditional Vietnamese music, song and dance are performed by multi-talented Vietnamese artists. Musicians who perform on traditional instruments, such as the monostring, two-string fiddle, bamboo flute, and other instruments, are available to entertain along with the colorful drum dancers, dragon dancers, youth, and adult choirs

WESTMINSTER CHORALE - The Westminster Chorale is a group of diverse individuals who just love to sing. From Gershwin to Verdi, the Chorale performs for civic events, private parties, formal concerts, and much more. Rehearsals are Monday nights from 7pm-9pm in the dining hall of the Westminster Senior Center. All are welcome— no musical experience necessary! For more information about joining or event bookings please contact, Artistic Director Jared Pugh (559)783-3469 or check us out online at www.westminsterchorale.org.

WESTMINSTER COMMUNITY THEATER - Call (714) 893-8626. The theater is located at 7272 Maple Street. WCT has been entertaining local audiences with live theater for over 30 years. Productions feature fine family entertainment with comedies, musicals, and plays each season. Phone Rhonda for tickets or current show information.

NICHOLSON PIPES & DRUMS - Call Malcolm Willis at (714) 891-9445. This award-winning Scottish bagpipe band marches in parades, plays at a variety of special events, holds annual concerts, takes part in regional and national competitions, and is available for bookings at any private party or public event. New musicians are welcomed into the group and quickly become part of this fantastic band. Just call Malcolm for current information on bookings, rehearsals, lessons, and performances.

ORANGE COUNTY CHILDREN'S THEATER - Call (714) 502-2244. This group of talented young actors, singers, dancers, and their parents has been active in the Southland area for more than 20 years. This theater organization is *for children, by children*, and is open to all young people ages 5 through 18. *Parent involvement is required.* Call now to get on their mailing list so you will not miss productions or auditions.

ORANGE COUNTY ROSE SOCIETY - Call Tom Cooney at (949) 362-2710 or visit our website at www.orangecountyroses.org Join this group of rose lovers and increase your knowledge of growing roses in your garden. The Orange County Rose Society (OCRS) is a group of people who grow and enjoy roses and is dedicated to fostering the enjoyment, enhancement, and education of the rose. OCRS is affiliated with the American Rose Society. OCRS holds monthly meetings on the first Thursday of each month, except for July and August. Monthly meetings include educational presentations on the care of roses. You'll also have access to have your questions answered by American Rose Society certified Consulting Rosarians.

FRIENDS OF THE ROSE CENTER THEATER - The Friends of the Rose Center Theater is a non-profit organization that administratively operates the beautiful, new, 419 seat Rose Center Theater located within the Westminster Rose Center at 14140 All American Way. State-of-the-art performances are held in the theater throughout the year. **To contact the Rose Center for information please call Council Member Margie L. Rice at: 714-548-3183 or 714-893-1732. For event and ticket information, please call the theater Box Office at 714-793-1150. www.rosecentertheater.com**



WESTMINSTER WATER DEPARTMENT

WESTMINSTER RESIDENTS SAVED OVER ONE BILLION GALLONS OF WATER

From June 2015 to September 2016, the City of Westminster saved over one billion gallons of water. That's enough water for almost 7,000 homes for one year!

Thank you for your water saving efforts and for making water conservation a way of life. We are proud of all the water saved and want to thank you for every shorter shower, leak fixed, and all the times you turned the faucet off. Your conservation really added up and we are excited to continue building upon that success.

LET'S KEEP SAVING!

Here's our top four water saving tips:

1. Test your toilet for leaks
2. Only run full dishwashers and washing machines
3. Check your sprinklers monthly for leaks and bumped sprinkler heads
4. Shorten showers by just two minutes

For more information and additional water saving tips visit [HYPERLINK "http://www.westminster-ca.gov/services/water_conservation.asp"](http://www.westminster-ca.gov/services/water_conservation.asp) www.westminster-ca.gov/services/water_conservation.asp"

REMINDER: Westminster remains at a Level II restriction under Ordinance Number 2449. Outdoor watering, with irrigation systems, is reduced to one day per week beginning November 1:

Even number street addresses: Monday

Odd number street addresses: Tuesday



ORANGE COUNTY FIRE AUTHORITY

FIRE PREVENTION WEEK PROCLAMATION

WHEREAS, fire is a serious public safety concern both locally and nationally, and homes are the locations where people are at greatest risk from fire; and

WHEREAS, working smoke alarms cut the risk of dying in reported home fires in half; and

WHEREAS, three out of five home fire deaths result from fires in properties without working smoke alarms; and

WHEREAS, in one fifth of all homes with smoke alarms, none were working because the smoke alarm batteries were missing, disconnected, or dead; and

WHEREAS, Orange County residents should maintain working smoke alarms in every sleeping room, outside each separate sleeping area, and on every level of the home; and

WHEREAS, Orange County residents should install smoke alarms and alert devices that meet the needs of people who are deaf or hard of hearing; and

WHEREAS, Orange County residents are responsive to public education and outreach measures and are able to take personal steps to increase their safety from fire, especially in their homes; and

WHEREAS, the 2016 Fire Prevention Week theme, "Don't Wait – Check the Date! Replace Smoke Alarms Every 10 Years," effectively serves to remind us that we need working smoke alarms to give us the time to get out safely.

NOW, THEREFORE BE IT RESOLVED, that the Orange County Fire Authority Board of Directors does hereby declare October 9-16, 2016, as "Fire Prevention Week" and urge Orange County residents to test their smoke alarms once a month by pushing the test button, and to support the many public safety activities and efforts of OCFA during Fire Prevention Week 2016.





The students currently on the Westminster Youth Committee dedicate countless hours to enhancing the quality of life for Westminster's youth. The committee's purpose is to address the needs of youth through volunteering, while striving to promote a sense of civic pride. They meet monthly throughout the school year to organize and implement youth-focused programs, as well as volunteer their time to established city programs and events. The diverse backgrounds of the committee members serve to offer unique community perspectives when addressing the issues faced by local youth.

This group of motivated and passionate young citizens is committed to promoting the important role youth play in creating community.

Our confidence in the future grows as we observe our leaders of tomorrow positively interacting with the community. If you are interested in learning more about the Youth Committee, please contact the Community Services & Recreation Department at (714) 895-2860.

- Annie Ly, *La Quinta High School, Chairperson*
- Dan Ma, *Westminster High School, Vice Chairperson*
- Kelly Ma, *Marina High School, Secretary*
- Elise Coatney, *Marina High School*
- Kathie Huynh, *Westminster High School*
- Sheila La, *Westminster High School*
- Tina Ly, *La Quinta High School*
- Kaitlyn Ngo, *Fountain Valley High School*
- John Robledo, *Westminster High School*
- Loan Tran, *Fountain Valley High School*
- Sydney Ly, *Marina High School*
- Jessica Le, *Fountain Valley High School, Alternate*
- Alexandra Quach, *Stacey Middle School, Alternate*

ROSE CENTER THEATER WINTER EVENTS

Musical Theatre Academy of Orange County

Tom Sawyer (Children's Musical)

January 13 - 14

Musical Theatre Academy of Orange County

Hello Dolly (Youth Musical)

January 20-22, 26-28

Musical Theatre Academy of Orange County

Pinocchio (Children's Musical)

February 3 - 4

RCT Professional Series Production

Winter Musical

February 12 - March 5



RADIO AMATEUR CIVIL EMERGENCY SERVICE

RACES are Public-safety volunteers which are licensed Amateur Radio

Operators that are trained to assist local government during time of emergency and disaster or for routine events and activities. They are trained and certified to provide public-safety communications support.

Westminster RACES are looking for licensed Ham Radio Operators to perform vital volunteer communications during Westminster Community Events and Disaster or Emergency Incidents.

If you are interested in becoming a member of the City of Westminster RACES, please contact RACES Radio Officer Chi Nguyen, KE6MVS (714) 869-1441, chinguyen@yahoo.com, or RACES Assistant Radio Officer Adam Valek, N6HVC (714) 892-5961, ancvalek@aol.com, for further information.

ARE YOU PREPARED? Recent California history has shown the need for neighborhoods, schools, & businesses to rely on themselves for a minimum of 7 days to 2 weeks following a major earthquake.

CERT (Community Emergency Response Team)

is a group of responsible, trained individuals that form a skilled group of Disaster Service Workers. The CERT Program can be used just for your family or in neighborhoods, businesses, and schools. The CERT members realize that in the event of a major disaster they will have to rely on themselves and their neighbors to handle emergencies until professional help arrives.



The 24 hour CERT course covers topics such as Introduction to Disaster Preparedness, First Aid, Light Search and Rescue, Fire Suppression, and Disaster Psychology. Classes are held in the Spring and the Fall.

WEST COUNTY CERT is comprised of those who live and/or work in Buena Park, Cypress, La Palma, Los Alamitos, Seal Beach, and Westminster plus their attached communities.

FOR FURTHER INFORMATION: Go to www.westcountycert.org

E-mail: westcountycert@yahoo.com or call (562) 366-8880.

CITY OF WESTMINSTER CONTACT: Jeremy Fletcher (714) 548-3211 or E-mail JFletcher@westminster-ca.gov.

MIDWAY CITY SANITARY DISTRICT

It is the Midway City Sanitary District's top priority to provide service in an ethical, efficient and cost-effective manner that will protect the health and safety of those we serve, and the Compressed Natural Gas (CNG) project was also approached with that mindset.

Although relatively small in size, the Midway City Sanitary District is an innovative and forward thinking organization who set an aggressive goal of converting its vehicle fleet to CNG and building a new state-of-the-art facility to fuel them far into the future. The conversion from diesel to Natural Gas as an alternative, lower emissions fuel will result in a major cost savings for the District and provide a rapid return on investment.

The scope of this project was to build a fully operational CNG vehicle refueling station. Renovations to the existing buildings were needed to bring them up to current fire code regulations and in order to support the new system with 100% emergency power backup. The station design includes the ability to re-fuel 15 – full-size solid waste trucks using time-fill dispensers as well as the ability to “Fast-Fill” individual trucks and vehicles, as needed.

The CNG station was completed in August 2015 at a cost of \$3,100,000. 10 CNG solid waste trucks delivered to the District by August 2015 at a cost of \$3,160,000 and the **District did it without having to raise your rates.** The in-house CNG fueling station will save the District \$310,000 per year in fueling cost and 4 man-hours each day by not having to fuel at another organizations' fueling station. The District is fully compliant with AB32 and is looking at creating additional revenues by selling CNG fuel to other government agencies.

As of August 1, 2015 the Midway City Sanitary District (MCSD) through prudent management is debt free and has no CalPERS unfunded liabilities which is a financial strain on most government agencies. **The money that was budgeted to pay interest rates will be used for continued infrastructure improvements without the need of raising rates which MCSD has not done in over ten years.** MCSD will continue to have some of the lowest rates in the County for years to come.



Did you know that Westminster has its very own television station? You can watch live coverage of our city council meetings and other locally produced original programming on WTV. The programming is produced by the Public Cable Television Authority and can be seen in the City of Westminster on Time Warner Cable Channel 3, Verizon Channel 42 and AT&T Channel 99.

For more information on the Public Cable Television Authority and to view clips of PCTA-produced local television programming, visit www.pcta.tv

For more information on WTV-3 or to watch the channel streaming live, visit http://www.westminster-ca.gov/depts/cs/wtv_3.asp.



WESTMINSTER SCHOOL DISTRICT

Enroll Your Child in Spanish/English Dual Language Immersion or Vietnamese/English Dual Language Immersion

Westminster School District offers both Spanish/English Dual Language Immersion and Vietnamese/English Dual Language Immersion for the 2017-2018 school year. Spanish Dual Language Immersion will be offered for preschool, one class for three year olds and one class for four year olds, kindergarten (two classes with 24 students in each class), and first grade classes (two classes with 24 students in each class). Preschool will be three hours a day, five days a week. Kindergarten and first grade is full day, five days a week. Vietnamese/English Dual Language Immersion will be offered in kindergarten, first and second grades. We have a waiting list for preschool and kindergarten classes already. If you would like your child to be a part of the Spanish/English Dual Language Immersion or Vietnamese/English Dual Language Immersion program for 2017-2018, register soon! This program is open to all students in Southern California. Before and after school day care is available on site.

Why choose dual language immersion? Dual language immersion integrates native English speaking and English language learning students in the same classroom and provides academic instruction through two languages, one of which is the primary language of each group (for example Vietnamese and English or Spanish and English). The students, in the Dual Language Immersion program, will be engaged 50% of the day in English and 50% of the day in the target language. The goals and research based benefits of dual language immersion are bilingualism, biliteracy, cultural proficiency, global citizenship, at or above grade level achievement, 21st century skills, increased family involvement and the Westminster School District Pathways to Biliteracy awards attainment in kindergarten, third, fifth, and eighth grades (photo included).

Enrollment forms are available each Monday through Friday, 7:30 a.m. to 4:30 p.m., at the Westminster School District office at 14121 Cedarwood Avenue in Westminster for dual language immersion kindergarten. Registration packets for preschool can be picked up at Land School 15151 Temple Street in Westminster or found online. Please visit our website at www.wsdk8.us or call 714-894-7311 extension 1085 for more information.



WESTMINSTER NURSERY SCHOOL: A CHILD'S PLACE AT A CHILD'S PACE



Programs:

3 Day Preschool – Child must be 4 yrs. by September 1st

Mon/Wed/Fri, 9am – 12 noon

\$140 per month plus a one-time registration fee of \$85

2 Day Preschool – Child must be 3 yrs. by September 1st

Tues/Thurs, 9am – 12noon

\$100 per month plus a one-time registration fee of \$85

Parent and Me – Child must be 2 yrs. By September 1st
Thurs, 12:30 – 1:30 pm October-May

\$30 per month plus a one-time registration fee of \$30

Bolsa Chica Park
13660 University Street
Westminster, CA 92683
(657) 269-7386

www.westminsternurseryschool.com

At Westminster Nursery School the child is at the center of all we do. Our curriculum and activities are play based, process driven and child directed. Through open ended play, the children find purpose in their day, while developing the skills they need at a pace they delight in.

Additionally, we are a cooperative preschool, which presents parents with the opportunity for wide-ranging participation in the child's preschool experience and development. Parents help in the classroom 1-2 times each month, can participate in various aspects of the school planning and even serve on the board.



WESTMINSTER LIBRARY

8180 13th St., Westminster, CA 92683
714-893-5057 | www.ocpl.org

TEEN PROGRAMS

TET CELEBRATION

January 21 from 10am-12pm

Join us for our 4th annual Lunar New Year celebration at the Westminster Library. There will be entertainment and fun activities for the whole family. You are welcome to dress in traditional attire.

CHILDREN'S PROGRAMS

STORYTIME @ THE LIBRARY!

Children and their caregivers are invited to enjoy stories, songs, and crafts, and help your child develop a love of books and reading! All programs are free and no registration is required.

PRESCHOOL STORYTIME (AGES 2-4)

Wednesdays in January & February @ 10:30am

FAMILY STORYTIME (ALL AGES)

Saturdays in January & February @ 10:30am

BOOK BABIES – BABY STORYTIME (AGES 0-2)

Tuesdays in January & February @ 10:30am

For babies ages 0-2 and their caregivers. Help your baby develop language skills by listening to stories, songs, rhymes, and get your baby ready to read!

HOMEWORK HELP

Saturdays, 1:00pm-4:00pm

Free tutoring for grades K-12. No registration required.

NEW PROGRAM

CRAZY 8S MATH CLUB

Mondays, 3:30pm-4:30pm, January 23 – March 13 (8 weeks)

This 8-week series for 3rd-5th graders makes math fun through games, experiments and other awesome activities! Space is limited, so registration is required. Visit the library or give us a call to sign up!

TEEN ADVISORY BOARD (TAB)! (AGES 12-17)

Join TAB to earn volunteer hours and make a difference! TAB members make decisions about teen services offered at the library, including upcoming programs, teen books, and more. Pick up an application today at the library information desk.

3D PRINTING WORKSHOP

Mar. 7th – 9th from 3:30 – 5:30 pm

In celebration of Teen Tech Week, Westminster Library is offering a 3D Printing Workshop. Teens will learn how to design and print 3D objects. Registration required. For ages 10 – 18.

VOLUNTEER OPPORTUNITIES FOR TEENS

Need community service hours for school credit? Volunteer opportunities are open to teens ages 12-17. New volunteers should pick up an application at the library information desk and attend an orientation session before volunteering. Call the library to find out dates for orientation sessions.

ADULT PROGRAMS

ONE-ON-ONE COMPUTER CLASSES

By appointment only – Call 714.893-5057, ext. 3

Classes are free and are designed for people with little to no computer experience. Learn about email, the internet, and Microsoft Office.

BOOK CLUB FOR ADULTS

Every 3rd Tuesday of the Month @ 10:30am

Join us for a lively discussion of the month's book selection. Call the library information desk at 714.893-5057, ext. 3 to reserve a copy of the book of the month.

Registration begins December 5th

There are 3 easy ways to register for classes . . .

ON-LINE

On-line registration is just a click away...

Please visit
www.activenet.active.com/westminster

You will need to pay by credit card to register on-line.

MAIL-IN

Mail completed form & payment to:

Westminster Community Services & Recreation Department
8200 Westminster Blvd.
Westminster, CA 92683

Make checks payable to:
City of Westminster

WALK-IN

Visit us...

Westminster Community Services & Recreation Department at 8200 Westminster Blvd.

7:30 a.m. – 5:30 p.m.
Monday – Thursday
7:30 a.m. – 4:30 p.m.
Alternate Fridays

General Information & Refund Policy

- × No registration taken at classes.
- × Refunds will be issued approximately 4 weeks following the request.
- × Refunds must be requested before the end of the 2nd class meeting.
- × Activities canceled by the department will be given automatic refunds.
- × Please note: Due to the nature of the activities, there are no refunds on excursions, youth sports and aquatics.

SATISFACTION GUARANTEED

The City of Westminster Community Services and Recreation Department is continually striving to provide the highest quality recreation activities, events and programs, and offers a money back guarantee on all our classes.

If you are not completely satisfied, before the end of the 2nd class meeting, tell us and we will arrange for you to:

- × Repeat the class at no charge, -or-
- × Transfer to a different class, -or-
- × Receive a full refund

Applications for refunds may be made in person, by calling (714) 895-2860, or in writing. Your suggestions and comments are appreciated; they will help us do the best job possible.



Community Services and Recreation Department
Registration Information

Registration Form

City of Westminster Community Services & Recreation Department

All information is required. Please Print.

Parent/Adult Name: First _____ Last _____

Birth _____

Address _____ Date _____

City/State/Zip _____ Phone () _____

Cell _____

Email address _____ Phone () _____

Name of Participants		Birth Date	Sex	Activity Number	Name of Activity	Fee
First	Last					
TOTAL FEES						

Do any of the listed participants have any special needs, limitations, and/or allergies? Yes No

If yes, please explain: _____

Liability and Publicity Release

For and in consideration of permitting _____ to enroll in and participate in the recreational program entitled, _____ sponsored by the City of Westminster, Department of Community Services, the Undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, property damage or wrongful death occurring to him/herself arising as a result of participation in said recreational program or any activities incidental thereto wherever or however the same may occur and for whatever period said program may continue, and the Undersigned does for him/herself, his/her heirs, executors, administrators and assigns hereby release, waive, discharge and relinquish any action or cause of action, which may hereafter arise for him/herself and for his/her estate, and agrees that under no circumstances will he/she or his/her heirs, executors, administrators and assigns prosecute or present any claim for personal injury, property damage or wrongful death against the City of Westminster and its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees for any of said causes of action, whether the same shall arise by the negligence of any of said persons, or otherwise.

IT IS THE INTENTION OF _____ BY THIS INSTRUMENT, TO EXEMPT AND RELIEVE THE CITY OF WESTMINSTER AND THE RELATED PARTIES MENTIONED HEREIN, FROM ALL LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY THE NEGLIGENCE OF ANY PERSON OR ENTITY.

The Undersigned, for him/herself, his/her heirs, executors, administrators or assigns agrees that in the event any claim for personal injuries, property damage or wrongful death shall be prosecuted against the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, he/she shall defend, indemnify and save harmless the same City of Westminster and the aforementioned related parties from any claim, cause of action, loss, liability, damage, lawsuit, cost or expense (including reasonable attorney's fees) by whomever or wherever made or presented for said personal injuries, property damage or wrongful death.

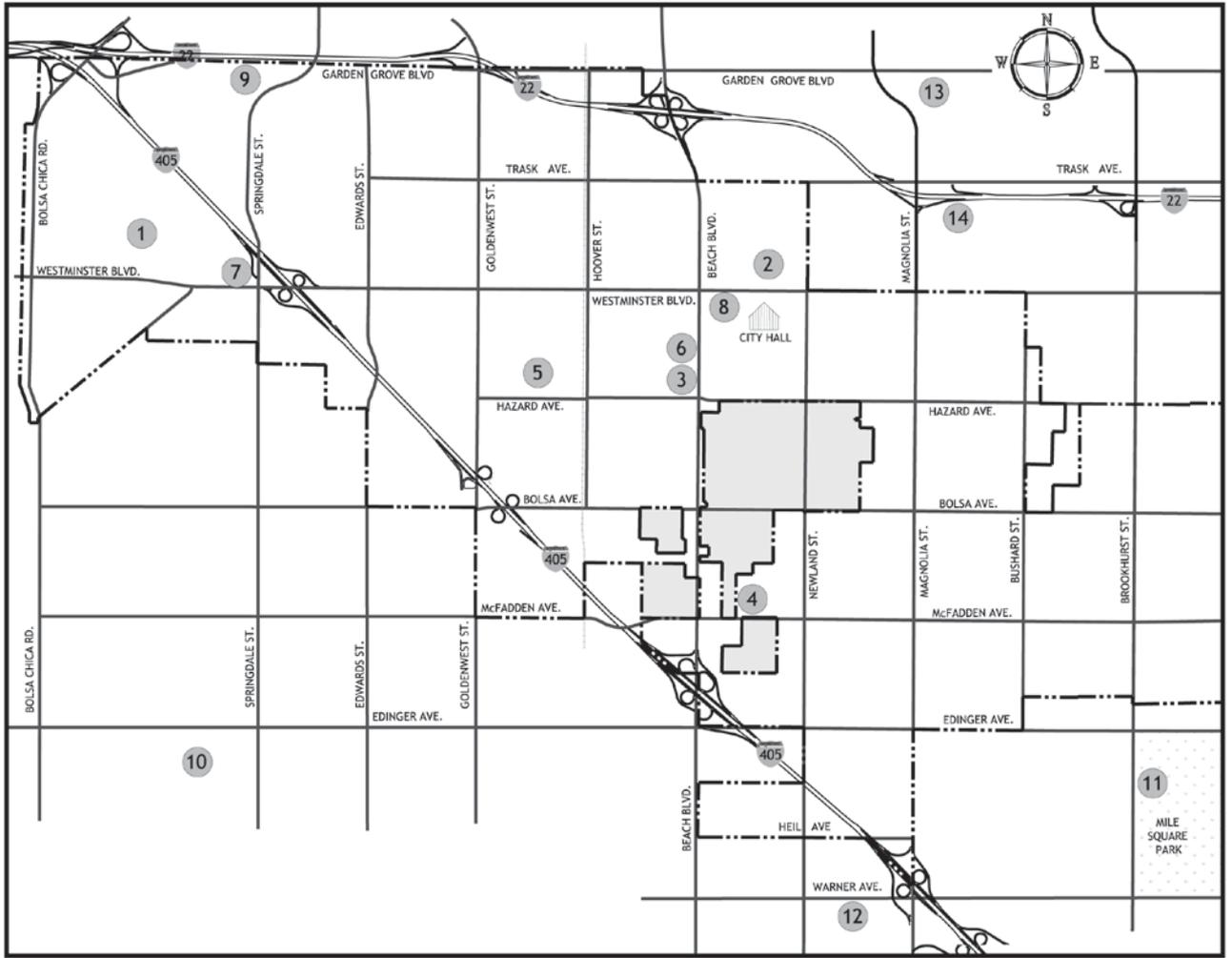
In case of accident or other emergency, the Undersigned hereby gives permission for the City of Westminster and/or its officers, officials, agents, contractors, volunteers, servants or employees, to obtain emergency medical treatment. The Undersigned further agrees to pay any costs incurred as a result of such treatment.

In addition, the Undersigned has been notified that participants involved in City-sponsored community service programs are subject to being photographed or videotaped, and he/she hereby gives permission for the City of Westminster to use such photographs or videotapes on City Department websites and to publicize and promote the City's programs.

The Undersigned acknowledges that he/she has personally read, understands, and voluntarily signs this release and waiver of all liability and indemnity agreement, is fully aware of the potential risks and hazards which are inherently involved in the specified community service program, and in any of the activities, appointments, meetings, or workshops incidental thereto, including but not limited to, any negligent acts performed by the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, negligently created or maintained dangerous conditions of public property, weather conditions, equipment, machinery, playing conditions, other participants, on-site physical premises, structures or substantial works of improvement. The Undersigned voluntarily assumes all risks of loss, damage, or injury associated with his/her participation in the specified recreational program or any activities incidental thereto.

Signature _____ Date _____

CLASS ACTIVITY LOCATIONS



1 BOLSA CHICA PARK
13660 University Street
Westminister, CA 92683

2 LIBERTY PARK
13900 Monroe Street
Westminister, CA 92683

3 MIRIAM WARNE ROOM
14491 Beach Blvd., Westminister, CA 92683
(entrance on Hazard Ave.)

4 PARK WEST PARK
8301 McFadden Ave.
Westminister, CA 92683

5 SIGLER PARK
7200 Plaza Street Westminister, CA 92683
(between Olive Street & Church Street)

6 THE PIANO PLACE MUSIC AND ARTS CENTER
14441 Beach Blvd. #100, Westminister, CA 92683

7 WESPAC DANCE CENTER
5915 Westminister Blvd., Westminister, CA 92683

8 WESTMINSTER COMMUNITY SERVICES BUILDING
8200 Westminister Blvd., Westminister, CA 92683
(between Jackson Street & All American Way)

9 WESTMINSTER ICE RINK
13071 Springdale Street, Westminister, CA 92683

10 GARDEN CONSERVATORY
5702 Clark Drive, Huntington Beach, CA, 92649

11 FOUNTAIN VALLEY RECREATION CENTER
16400 Brookhurst Street, Fountain Valley, CA 92708

12 FOUNTAIN VALLEY MUSIC
6740 Warner Ave., Fountain Valley, CA 92708

13 FIVE STAR TAEKWONDO SCHOOL
9182 Garden Grove Blvd. # F, Garden Grove, CA 92644

14 GARDEN GROVE SPORTS & RECREATION CENTER
13641 Deodara Drive, Garden Grove, CA 92843



ADDITIONAL LOCATIONS

H. LOUIS LAKE SENIOR CENTER
11300 Stanford Ave., Garden Grove, CA 92840

KONJO JUDO DOJO
17434 Beach Blvd. Unit 102, Huntington Beach, CA 92647

EL RODEO STABLES
4449 Carbon Canyon Rd, Brea, CA 92823

SOUTH COAST FENCING CENTER
3518 W. Lake Center Drive Ste. C, Santa Ana CA 92704

SANTA ANA COLLEGE
1530 17th Street, Santa Ana, CA 92706

WESTMINSTER PARK
14402 Magnolia St. Westminister, CA 92683

JAZZERCISE
6172 Garden Grove Blvd, Westminister, CA 92683



YOUTH SPORTS

Check out our winter programs!
See pages 4 & 5 for details.

Online Education

Convenient
& Affordable

Instructor
Led Format

Online Course
Accessible 24/7

www.Ed2Go.com/westminstr

Find Your Course Today!



www.westminster-ca.gov

Register Online, Save a Tree

and Reduce Your Carbon Footprint

Registering online is eco-friendly. You save gas, reduce CO2 emissions, save time and save paper. Plus, you have the added convenience of registering anytime.

Go Green. Register Online Now for Winter Activities!

Check out our exciting upcoming programs.

Visit us at: www.westminster-ca.gov to learn more about winter programs for the entire family.

It's Easy:

- ✔ Create an Account & Log In
- ✔ Choose an Activity
- ✔ Register Online
- ✔ Participate and Enjoy!



Save Gas



Save Time



Save Paper and Trees



Help Save the Environment



Go Online Go Green

GO GREEN



DON'T SIT, GET FIT!

Register online for your favorite activities and programs and start your fitness program today!



IMPORTANT DATES

Winter Registration begins - NOW!

Classes begin - Week of January 3rd

Winter Youth Sports begins - Week of January 23rd



POPULAR PROGRAMS

Ballroom and Swing!
January 3 - 24
January 31 - February 21
February 28 - March 21
\$45 per session

Stretch and Flex
January 10 - March 28
\$40

Tennis
Many classes offered for all ages!
See pages 16 & 17 for details.
Fees vary.

Keep your mind fit too and sign up for online classes at www.ed2go.com/westminstr

SAVE THE DATE

Sat. April 8th, 2017
9am-3pm • Civic Center

Spring Festival

REGISTER NOW at
www.westminster-ca.gov



8200 Westminster Blvd, Westminster, CA 92683 | 714.895.2860
CSRonline@westminster-ca.gov



Sigler Park
7200 Plaza Street
Westminster, CA 92683
(714) 903 - 1331

Office hours: Mon, Wed, & Fri 9 am - 6 pm
Tues & Thurs 11 am - 8 pm

El Centro de Recursos Familiares de Westminster ofrece los siguientes servicios ¡GRATIS!

- ◆ Representación Familiar
- ◆ Programa de Superación Personal
- ◆ Consejería en Violencia Doméstica
- ◆ Información y Referencias
- ◆ Talleres de Educación para Padres de Familia
- ◆ Promoción y Apoyo para Adopciones
- ◆ Servicios para Reunificación de Familias
- ◆ Servicios Dentales *
- ◆ Programa para recibir Alimentos*
- ◆ Programa de Asistencia de Emergencias* (pañales, comida, higiene)
- ◆ Programas para Después de Escuela
- ◆ Servicios de Administración de Casos
- ◆ Consejería Individual y para Familias

* While funding is available. Please call for more information.

* Mientras fondos están disponibles. Llame para más información.

* khi còn ngân quỹ Để biết thêm chi tiết xin vui lòng liên lạc trung tâm.

Programs and services at the Westminster Family Resource Center are funded in part through Families and Communities Together (FaCT). FaCT receives funding from federal, state, and county agencies including U.S. Department of Health and Human Services-Promoting Safe and Stable Families, Office of Child Abuse Prevention, California Emergency Management Agency, the County of Orange as well as volunteer, in-kind support and private donations. FaCT is a program administered by the County of Orange Social Services Agency, in partnership with the FaCT Coalition of Charitable Ventures of Orange County, The Olin Group, and the Orange County Alliance for Children and Families.

The Westminster Family Resource Center offers the following Services for **FREE!**

- ◆ Family Advocacy
- ◆ Personal Empowerment Program
- ◆ Domestic Violence Counseling
- ◆ Information & Referral
- ◆ Parent Education Workshops
- ◆ Adoption Promotion & Support
- ◆ Family Reunification Services
- ◆ Dental Services*
- ◆ Emergency Food Program*
- ◆ Emergency Assistance Program* (Hygiene Kit, Diapers, Food)
- ◆ After School Enrichment Programs
- ◆ Case Management Services

Services are offered in English, Spanish, and Vietnamese!

The Westminster Family Resource Center is a community collaborative:



Trung Tâm Trợ Giúp Gia Đình Westminster phục vụ MIỄN PHÍ những dịch vụ sau đây:

- ◆ Bệnh Vực Gia Đình
- ◆ Chương Trình Đào Tạo Khả Năng Cá Nhân
- ◆ Cố vấn về bạo hành trong gia đình
- ◆ Thông tin và giới thiệu
- ◆ Hội thảo dành cho phụ huynh
- ◆ Khuyến khích & hỗ trợ dịch vụ nhận con nuôi
- ◆ Dịch vụ đoàn tụ gia đình
- ◆ Dịch vụ nha khoa *
- ◆ Chương trình trợ cấp thực phẩm khẩn cấp*
- ◆ Chương trình trợ giúp khẩn cấp *
- ◆ Chương trình sau giờ học
- ◆ Dịch vụ phụ trách các vấn đề
- ◆ Dịch vụ cố vấn cá nhân và gia đình