

Monday	Tuesday	Wednesday	Thursday	Friday
		<h1>January 2010</h1>		 <p style="font-size: 2em; font-weight: bold;">Closed</p> <p style="font-size: 1.5em;">for the</p> <p style="font-size: 2em; font-weight: bold;">New Year</p>
<p>9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 3/4 10:00 Mah Jongg-Room 5 11:45 Lunch 12:15 Bridge-Room 10 12:45 Bingo 1:00 Yoga for Health 2:45 Dance Aerobics I</p> <p style="text-align: right; font-weight: bold;">4</p>	<p>7:30 Chess Club-Room 5 8:30 ESL-Room 5 9:30 Stretch &amp; Flex-East/West Room <b>10:00 Braille Institute Class-Room 10</b> 10:45 Low Impact Aerobics 2-East/West Room 11:45 Lunch 12:45 Dance Aerobics 4-East /West Room</p> <p style="text-align: right; font-weight: bold;">5</p> <p style="text-align: center; border: 1px solid black; padding: 2px;">Huntington Beach Adult School classes resume this week.</p>	<p>8:00 Preventive Health 9:00 Yarn Spinners-Room 1 9:00 Beginning Computer-Room 11 <b>11:00 Health Talk: "Medication Safety"</b> 11:45 Lunch 12:45 Bingo</p> <p style="text-align: right; font-weight: bold;">6</p>	<p>7:30 Chess-Room 5 8:30 ESL-Room 5 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:00 Hi-cap-Vietnamese-by Appt 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room</p> <p style="text-align: right; font-weight: bold;">7</p> <p style="text-align: center; border: 1px solid black; padding: 2px;">Viejas Indian Casino Trip</p>	<p>8:30 Tai Chi-A/B Room 9:00 Yarn Spinners-Room 1 9:30-11:15 Morning Bingo <b>9:15 Movie: "Wild Hogs"</b> 10:00 Sudoku-Room 5 <b>10:00 Legal Aid-by appointment</b> 11:30 Lunch</p> <p style="text-align: right; font-weight: bold;">8</p> <p style="text-align: center; border: 1px solid black; padding: 2px;">Open 8:00AM-1:00PM</p>
<p>9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework--Room 3/4 9:00 Intermediate Computer-Room 11 10:00 Commission on Aging 10:00 Hi-Cap-by Appt. 10:00 Mah Jongg-Room 5 11:45 Lunch 12:15 Bridge-Room 10 12:45 Bingo 1:00 Yoga for Health 2:45 Dance Aerobics I</p> <p style="text-align: right; font-weight: bold;">11</p>	<p>7:30 Chess Club-Room 1 8:30 ESL-Room 5 9:00 Beginning Computers-Room 11 9:30 Stretch &amp; Flex-East/West Room <b>10:00 Braille Institute Class-Room 10</b> 10:45 Low Impact Aerobics 2-East/West Room 11:45 Lunch 12:30 Intermediate Computers-Room 11 12:45 Dance Aerobics 4-East /West Room</p> <p style="text-align: right; font-weight: bold;">12</p>	<p>9:00 Yarn Spinners-Room 1 <b>8:00 Commodities-Room 5</b> 9:00 Beginning Computer-Room 11 11:45 Lunch 12:30 Bunco-Room 10 12:45 Bingo</p> <p style="text-align: right; font-weight: bold;">13</p>	<p>7:30 Chess-Room 5 8:30 ESL-Room 5 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-East/West Room</p> <p style="text-align: right; font-weight: bold;">14</p>	<p>8:30 Tai Chi-A/B Room <b>8:30 Flu Shots-Room 3-4</b> <b>9:00 Scat Meeting-A/B Room</b> 9:00 Yarn Spinners-Room 1 9:00 Scat Meeting-Room A/B <b>9:15 Movie: "G.I. Joe: The Rise of the Cobra"</b> 9:30-11:15 Morning Bingo 10:00 Sudoku-Room 5 11:45 Lunch</p> <p style="text-align: right; font-weight: bold;">15</p> <p style="text-align: center; border: 1px solid black; padding: 2px;">8:30 AM FLU SHOTS</p>
<p>9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 3/4 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 11:45 Lunch 12:15 Bridge-Room 10 12:45 Bingo</p> <p style="text-align: right; font-weight: bold;">18</p> <p>*No Huntington Beach Adult School Classes today only</p>	<p>7:30 Chess Club-Room 1 8:30 ESL-Room 5 9:00 Beginning Computers-Room 11 9:30 Stretch &amp; Flex-East/West Room <b>10:00 Braille Institute Class-Room 10</b> <b>10:00 Attorney by Appointment</b> 10:45 Low Impact Aerobics 2-East/West Room 11:45 Lunch 12:30 Intermediate Computers-Room 11 12:45 Dance Aerobics 4-East /West Room</p> <p style="text-align: right; font-weight: bold;">19</p>	<p>8:00 Preventive Health 9:00 Yarn Spinners-Room 1 9:00 Beginning Computer-Room 11 11:45 Lunch 12:30 Diabetes Support Group-Room 5 12:45 Bingo</p> <p style="text-align: right; font-weight: bold;">20</p>	<p>7:30 Chess-Room 5 8:30 ESL-Room 5 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:00 Hi-Cap-Vietnamese-By Appt 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10</p> <p style="text-align: right; font-weight: bold;">21</p>	<p>8:30 Tai Chi-A/B Room 9:00 Yarn Spinners-Room 1 <b>9:15 Movie: "Some Like It Hot"</b> 9:30-11:15 Morning Bingo 10:00 Sudoku-Room 5 11:30 Lunch</p> <p style="text-align: right; font-weight: bold;">22</p> <p style="text-align: center; border: 1px solid black; padding: 2px;">Open 8:00AM-1:00PM</p>
<p>9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 3/4 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 11:45 Lunch 12:15 Bridge-Room 10 12:45 Bingo 1:00 Yoga for Health 2:45 Dance Aerobics I</p> <p style="text-align: right; font-weight: bold;">25</p>	<p>7:30 Chess Club-Room 1 8:30 ESL-Room 5 9:00 Beginning Computers-Room 11 9:30 Stretch &amp; Flex-East/West Room <b>10:00 Braille Institute Class-Room 10</b> 10:45 Low Impact Aerobics 2-East/West Room 11:45 Lunch 12:30 Intermediate Computers-Room 11 12:45 Dance Aerobics 4-East /West Room</p> <p style="text-align: right; font-weight: bold;">26</p>	<p>9:00 Yarn Spinners-Room 1 9:00 Beginning Computer-Room 11 <b>9:30 Class: "Retirement Transitions"-Room 10</b> 11:45 Lunch 12:30 Bunco-Room 10 12:45 Bingo</p> <p style="text-align: right; font-weight: bold;">27</p>	<p>7:30 Chess-Room 5 8:30 ESL-Room 5 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room <b>11:00 Birthday Lunch</b> 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room</p> <p style="text-align: right; font-weight: bold;">28</p>	<p>8:30 Tai Chi-A/B Room 9:00 Yarn Spinners-Room 1 <b>9:15 Movie: "My Life in Ruins"</b> 9:30-11:15 Morning Bingo 10:00 Sudoku-Room 5 11:45 Lunch</p> <p style="text-align: right; font-weight: bold;">29</p>