

JUNE 2011

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | 9:00 Yarn Spinners-Room 1 9:00 Beginning Computer-Room 11 10:00 Adult Fitness-East/West Room 11:00 Health Talk: "Summer Heat"-DR 11:45 Lunch 12:00 Mexican Train Dominos-Room B 12:45 Bingo | 7:30 Chess-Room 5 8:30 ESL-Room B 8:45 Balance & Mobility -Room A 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness-Room A/B 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room | 8:30 Tai Chi-East/West Room 9:00 Yarn Spinners-Room 1 9:00 Legal Aid-by appointment 9:15 Movie: "Date Night" 9:30-11:15 Morning Bingo 9:30 Sudoku-Room 5 11:30 Podiatrist 11:45 Lunch |
| 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 3/4 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 11:45 Lunch 12:15 Bridge-Room 10 12:45 Bingo 1:30 Intro to Dance Aerobics-East/West Room | 7:30 Chess Club-Room 1 8:30 ESL-Room B 9:30 Stretch and Flex-East/West Room 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:45 Dance Aerobics 4-East/West Room | 8:00 Commodities-Room 5 9:00 Yarn Spinners-Room 1 9:00 Beginning Computer-Room 11 9:30 Braille Institute Talk-Room B 10:00 Adult Fitness-East/West Room 11:45 Lunch 12:30 Bunco-Room 10-11 12:45 Bingo Trip to Getty Villa | 7:30 Chess-Room 5 8:30 ESL-Room B 8:30 Safety Driving Class-Room 3/4 8:45 Balance & Mobility -Room A 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 9:30 Pool Tournament vs. Cerritos Senior Center 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room | 8:30 Tai Chi-East/West Room 8:30 Safety Driving Class-Room 3/4 9:00 Yarn Spinners-Room 1 9:15 Movie: "Holiday" 9:30-11:15 Morning Bingo 9:30 Sudoku-Room 5 11:30 Lunch <div style="border: 1px solid black; padding: 5px; text-align: center;"> Open 8:00 AM-1:00 PM </div> |
| 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 10 9:00 Intermediate Computer-Room 11 9:30 Balance & Mobility Room 3/4 10:00 Mah Jongg-Room 5 10:00 Hi-Cap-by appointment 10:30 Adult Fitness-Room 3/4 11:45 Lunch 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness-Room 3/4 12:45 Bingo 1:30 Intro to Dance Aerobics-East/West Room | 7:30 Chess Club-Room 1 8:30 ESL-Room B 9:30 Stretch and Flex-East/West Room 10:45 Low Impact Aerobics 2-E/W Room 11:30 Early Lunch-Flag Day at noon 12:45 Dance Aerobics 4-East/West Room Flag Day 12:00 Noon-Civic Center | 9:00 Yarn Spinners-Room 1 9:00 Beginning Computer-Room 11 9:30 Balance & Mobility 3/4 10:30 Adult Fitness-East/West Room 11:45 Lunch 12:00 Mexican Train Dominos-Room B 12:30 Diabetes Support Group-Room A 12:30 Beginning Adult Fitness-Room 3/4 12:45 Bingo 4:30 Dinner Group at Carrow's | 7:30 Chess-Room 5 8:30 ESL-Room B-Last Day 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:00 Father's Day Luncheon 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room | 8:30 Tai Chi-East/West Room 9:00 Yarn Spinners-Room 1 9:00 S.C.A.T. Meeting-Room A/B 9:15 Movie: "Charlie St. Cloud" 9:30-11:15 Morning Bingo 9:30 Sudoku-Room 5 11:45 Lunch 9:30: W.O.W. Trip to Trader Joe's |
| 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 10 9:00 Intermediate Computer-Room 11 9:30 Balance & Mobility Room 3/4 10:00 Mah Jongg-Room 5 10:30 Adult Fitness-Room 3-4 11:30 Lunch w/Entertainment: Singing Goodtimers 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness-Room 3/4 12:45 Bingo 1:00 Beginning Computer-Room 11 1:30 Intro to Dance Aerobics-East/West Room | 7:30 Chess Club-Room 1 9:30 Stretch and Flex-East/West Room 10:00 Attorney-by appointment 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:45 Dance Aerobics 4-East/West Room Trip to San Manuel | 8:00 Preventive Health 9:00 Yarn Spinners-Room 1 9:00 Beginning Computer-Room 11 9:30 Balance & Mobility 3/4 10:30 Adult Fitness-East/West Room 11:45 Lunch 12:00 Bunco-Room 10-11 12:30 Beginning Adult Fitness-Room 3/4 12:45 Bingo | 7:30 Chess-Room 5 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:00 Birthday Lunch w/entertainment 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room | 8:30 Tai Chi-East/West Room 9:00 Yarn Spinners-Room 1 9:15 Movie: "Alice in Wonderland" 9:30-11:15 Morning Bingo 9:30 Sudoku-Room 5 11:30 Lunch <div style="border: 1px solid black; padding: 5px; text-align: center;"> Open 8:00 AM-1:00 PM </div> |
| 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 10 9:00 Intermediate Computer-Room 11 9:30 Balance & Mobility Room 3/4 10:00 Mah Jongg-Room 5 10:30 Adult Fitness-Room 3/4 11:45 Lunch 12:15 Bridge-Room 10 12:30 Adult Fitness-Room 3/4 12:45 Bingo 1:00 Beginning Computer-Room 11 1:30 Intro to Dance Aerobics-East/West Room | 7:30 Chess Club-Room 1 9:30 Stretch and Flex-East Room 10:00 Manicures & Haircuts 10:45 Low Impact Aerobics 2-East Room 11:45 Lunch 12:45 Dance Aerobics 4-East/West Room | 8:00 Preventive Health 9:00 Yarn Spinners-Room 1 9:00 Beginning Computer-Room 11 9:30 Balance & Mobility 3/4 10:30 Adult Fitness-East/West Room 11:45 Lunch 12:00 Bunco-Room 10-11 12:30 Beginning Adult Fitness-Room 3/4 12:45 Bingo | 7:30 Chess-Room 5 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:00 Independence Day Celebration-E/W Room 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room | <div style="border: 1px solid black; padding: 5px;"> Note: All dates, times and locations on this calendar are subject to change. Not all activities may be listed </div> |