MARCH 2010

Monday	Tuesday	Wednesday	Thursday	Friday
1 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 3/4 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 11:45 Lunch 12:15 Bridge-Room 10 12:45 Bingo	**2** 7:30 Chess Club-Room 5 8:30 ESL-B Room 8:45 Balance & Mobility-Room 3/4 9:00 Beginning Computer-Room 11 9:30 Stretch & Flex-East/West Room 10:00 Adult Fitness Room 3/4 10:45 Low Impact Aerobics 2-East/West Room 11:45 Lunch 12:30 Intermediate Computer-Room 11 12:45 Dance Aerobics 4-East /West Room	**3** 8:00 Preventive Health 9:00 Yarn Spinners-Room 1 **8:30-11:30 Tax Preparation-Room 10-11** 10:00 Adult Fitness-Room 3/4 **11:00 Health Talk: "Strokes "** 11:45 Lunch 12:45 Bingo 2:00 Beginning Computer-Room 11	**4** 7:30 Chess-Room 5 8:30 ESL-B Room 8:45 Balance & Mobility -Room 3/4 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:00 Hi-cap-Vietnamese-by Appt. 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness - Room 3/4 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room	**5** 8:30 Tai Chi-A/B Room 9:00 Yarn Spinners-Room 1 9:30-11:15 Morning Bingo **9:15 Movie: "State of Play"** 10:00 Sudoku-Room 5 **10:00 Legal Aid-by appointment** 11:30 Lunch **Open 8:00AM-1:00PM**
8 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework--Room 3/4 9:00 Intermediate Computer-Room 11 10:00 Commission on Aging 10:00 Hi-Cap-by Appt. 10:00 Mah Jongg-Room 5 11:45 Lunch 12:15 Bridge-Room 10 12:45 Bingo	**9** 7:30 Chess Club-Room 1 8:30 ESL-B Room 8:45 Balance & Mobility-Room 3/4 9:00 Beginning Computer-Room 11 9:30 Stretch & Flex-East/West Room 10:00 Adult Fitness Room 3/4 10:45 Low Impact Aerobics 2-East/West Room 11:45 Lunch 12:30 Intermediate Computer-Room 11 12:45 Dance Aerobics 4-East /West Room	**10** 9:00 Yarn Spinners-Room 1 **8:00 Commodities-Room 5** **8:30-11:30 Tax Preparation-Room 10-11** 10:00 Adult Fitness-Room 3/4 11:45 Lunch 12:30 Bunco-Room 1 12:45 Bingo 2:00 Beginning Computer-Room 11	**11** 7:30 Chess-Room 5 8:30 ESL-B Room 8:45 Balance & Mobility- Room 3/4 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness -Room 3/4 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room	**12** 8:30 Tai Chi-A/B Room **9:00 SCAT Meeting-A/B Room** 9:00 Yarn Spinners-Room 1 9:00 **Senior Citizens Advisory Council** East/West Room **9:15 Movie: "Up"** 9:30-11:15 Morning Bingo 10:00 Sudoku-Room 5 11:45 Lunch
15 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework--Room 3/4 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 11:45 Lunch 12:15 Bridge-Room 10 12:45 Bingo	**16** 7:30 Chess Club-Room 1 8:30 ESL-B Room 8:45 Balance & Mobility-Room 3/4 9:00 Beginning Computer-Room 11 9:30 Stretch & Flex-East/West Room 10:00 Adult Fitness Room 3/4 **10:00 Attorney by Appointment** 10:45 Low Impact Aerobics 2-East/West Room 11:45 Lunch 12:30 Intermediate Computer-Room 11 12:45 Dance Aerobics 4-East /West Room	**17** 8:00 Preventive Health **8:30-11:30 Tax Preparation-Room 10-11** 9:00 Yarn Spinners-Room 1 10:00 Adult Fitness- Room 3/4 11:00 **St. Patrick's Lunch-East/West Room** ***(by reservation only)*** **12:30 Diabetes Support Group-Room 1** 12:45 Bingo 2:00 Beginning Computer-Room 11	**18** 7:30 Chess-Room 5 8:30 ESL-B Room 8:45 Balance & Mobility -Room 3/4 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:00 Hi-Cap-Vietnamese-By Appt. 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness Room 3/4 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room	**19** 8:30 Tai Chi-A/B Room 9:00 Yarn Spinners-Room 1 **9:15 Movie: "Butch Cassidy and the Sundance Kid"** 9:30-11:15 Morning Bingo 10:00 Sudoku-Room 5 11:30 Lunch **Open 8:00AM-1:00PM**
22 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 3/4 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 11:45 Lunch 12:15 Bridge-Room 10 12:45 Bingo	**23** 7:30 Chess Club-Room 1 8:30 ESL-B Room 8:45 Balance & Mobility- Room 3/4 9:00 Beginning Computer-Room 11 10:00 Adult Fitness Room 3/4 11:45 Lunch 12:30 Intermediate Computer-Room 11 12:45 Dance Aerobics 4-East /West Room	**24** 8:00 Preventive Health 9:00 Yarn Spinners-Room 1 **8:30-11:30 Tax Preparation-Room 10-11** 10:00 Adult Fitness-Room 3/4 11:45 Lunch 12:30 Bunco-Room 1 12:45 Bingo 2:00 Beginning Computer-Room 11 **Dinner Club at** *Sizzler in G.G.*	**25** 7:30 Chess-Room 5 8:30 ESL-B Room 8:45 Balance & Mobility -Room 3/4 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room **10:00 Cell Phone Help** 10:30 Dance Aerobics 3-East/West Room **11:00 Birthday Lunch-Dining Room** 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness Room 3/4 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room	**26** 8:30 Tai Chi-A/B Room 9:00 Yarn Spinners-Room 1 **9:15 Movie: "Rear Window"** 9:30-11:15 Morning Bingo 10:00 Sudoku-Room 5 11:45 Lunch
29 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 3/4 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 11:45 Lunch 12:15 Bridge-Room 10 12:45 Bingo *Overnight Trip to Buffalo Bill's*	**30** 7:30 Chess Club-Room 1 8:30 ESL-B Room 8:45 Balance & Mobility-Room 3/4 9:00 Beginning Computer-Room 11 10:00 Adult Fitness-Room 3/4 11:45 Lunch 12:30 Intermediate Computer-Room 11 12:45 Dance Aerobics 4-East /West Room	**31** 9:00 Yarn Spinners-Room 1 **8:30-11:30 Tax Preparation-Room 10-11** 10:00 Adult Fitness-Room 3/4 11:45 Lunch 12:30 Bunco-Room 10 12:45 Bingo 2:00 Beginning Computer-Room 11		