

# Westminster

city newsletter & recreation program guide

F A L L 2 0 1 0



Youth Art Classes



Founder's Day Parade



Founder's Day Festival



The Senior Center



Zumba  
Latin Dance



Youth  
Tennis Classes

See Us At: [www.westminster-ca.gov](http://www.westminster-ca.gov)



*You are invited to join the City of Westminster for our*

# *Remembrance of September 11th*

*Brief program will include  
flag ceremony, moment of silence and remarks*

*Friday, September 10, 2010 at 10:00 am  
SID GOLDSTEIN FREEDOM PARK  
14180 All American Way*

*For information call (714) 895-2860*

*Mayor Margie L. Rice • Mayor Pro Tom Frank G. Fry  
Councilmember Tyler Diep • Councilmember Andy Quach • Councilmember Tri Ta*

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## Fall Highlights

**August 23, 2010**

Fall Class Registration Begins

**September 6**

Labor Day – City Offices Closed

**September 10**

Remembrance of September 11th at Sid Goldstein Freedom Park

**September 12**

Dia De La Familia

**September 13**

Club Westminster Fall Parks Program Begins

**September 20**

Adult Softball Fall Season Begins

**October 22-24**

Founders Day Festival & Parade

**November 15**

Watch for Winter Brochure

**November 25 & 26**

Thanksgiving Holiday – City Offices Closed

**December 4**

Breakfast with Santa

**December 6**

Tree Lighting Ceremony  
Home Decorating Contest

Entry Deadline

**December 27-January 31**

City Offices Closed

**January 1, 2011**

Rose Parade Excursion

## CLASS REMINDERS

1. Most recreation classes will begin the week of **September 13, 2010.**  
Please check your starting date carefully.
2. Classes may be cancelled if minimum enrollment is not met prior to class starting date. Don't miss out!

**BE SURE TO REGISTER EARLY!**

### INTERNET ACCESS TO

### WESTMINSTER CITY COUNCIL MEETINGS

Check the city's website at [www.westminster-ca.gov](http://www.westminster-ca.gov) for information about viewing live and archived City Council meetings. If you have Internet access, you can follow the meeting live with a video stream on your computer. You will also have access to an archive of recent City Council meetings if you are interested in viewing a particular meeting segment along with meeting agendas and minutes.

## COUNCIL THOUGHTS 8 FALL 2010

### State of the City Report

Due to pressure on city departments to cut costs while still maintaining services, and continuing raids by the State to cover its deficit at the expense of city's and other agencies, this year's state of the city report was delayed.

Unlike state legislators, Westminster's City Council approved a budget for the 2010-2011 fiscal year before it began on July 1, 2010. Continuing reductions in income, primarily due to lower property and sales tax revenue, forced Westminster (like most cities in California) to use reserves to cover a projected General Fund deficit of over \$1.4 million. The General Fund budget exceeds \$42.7 million, with the Police budget making up more than \$25.1 million of that total. Originally, the deficit was projected to be over \$6.1 million but with the cooperation of all city departments, we found ways to reduce spending by over \$4.7 million and are looking for more ways to save.

Unlike many other cities, we made these cuts without laying off or furloughing any city employees. Personnel reductions have been accomplished by attrition and all city services have been maintained. Our administrative support staff in the **City Clerk and City Manager Offices, Finance and Personnel**, have continued to do more with less.

Some examples of what other city departments accomplished during 2009 include:

**Community Development**, which includes building, code enforcement, grants & housing, and planning divisions, had a very busy year with construction of new Chamber of Commerce and Police facilities. Both projects remain on schedule and within budget. The Miriam Warne Community building was dedicated in August 2010 and the Police building is expected to be completed in March 2011. Thanks to the efforts of Community Development staff, in 2009 the City Council adopted a completely revised more user-friendly zoning code; a new administration violation ordinance that will help achieve better compliance in code enforcement cases; as well as artificial turf and water efficient landscape ordinances that will aid conservation efforts.

**Community Services and Recreation** handled numerous special events during 2009 including the TET Parade, Founder's Day Festival and Parade, Summer Concert Series, Safety Day, Dia de Familia along with various holiday events. There was an 80% increase in revenue from summer classes with the addition of popular new camps like "Star Wars" and Top Chef" and aquatics registration going online with a new water polo class. The Senior Center was able to purchase and place adult exercise equipment on an unused shuffleboard court with \$45,000 received from Orange County Supervisor Janet Nguyen.

With help from 290 senior volunteers who donated 35,000 hours, the Center provided 20 parties for seniors and served more than 15,000 meals with 58,579 meals delivered to homebound seniors.

The Family Resources Center moved to Sigler Park where educational classes are held, with counseling and many other services also provided.

Under the command of Chief Waller, who became Westminster's 9<sup>th</sup> Chief of Police on January 4, 2010, our outstanding **Police Department** remains committed to maintaining the highest standards in service to the community and public safety for the city. During 2009 the number of most Part I Crimes dropped in the city. Also the department applied for and was awarded several grants to help operate police programs. Traffic Bureau received approximately \$40,000 from the California Office of Traffic Safety to help finance "Click it or Ticket" and DUI enforcement. With the support of local Congress members, the Special Investigations Unit that operates out of the Little Saigon satellite office was awarded second year federal funding in the amount of \$325,000. The Orange County Human Trafficking Task Force received an additional \$375,000 in federal funding. As they move into their new state-of-the-art facility next year, the department is planning new and innovative policing programs to continue to provide superior service to the citizens of Westminster.

**Public Works** obtained more than \$2.7 million from competitive grants for street projects and completed the reconstruction of: a 1.5 mile segment of Goldenwest Street from Hazard to Garden Grove Boulevard; half mile segment of Bushard Street from Westminster to Hazard Avenue; Brookhurst Street from Hazard Avenue to Bolsa Avenue; 87 residential streets city-wide.

Numerous parkways, curb, gutter and sidewalks were repaired and landscape median designs completed. The Streets, Parks and Fleet Divisions planted 137 trees, more than 300 roses and trimmed 1,700 trees being designated a Tree City USA for the 8<sup>th</sup> year and a winner of 2009 All American Rose Selection. The water division inspected and maintained reservoir tanks and took over 1,500 samples to ensure safe drinking water for our community.

The City Council's number one goal for 2011 is to find ways to help retain current businesses and attract new companies in order to generate increased revenue to support city services. We will continue to make every effort to avoid any personnel lay-offs and maintain the high level of service our citizens expect and deserve.



### CITY OF WESTMINSTER WESTMINSTER CITY HALL

8200 Westminster Blvd.  
Monday – Thursday 7:30 a.m.- 5:30 p.m.  
Friday 7:30 a.m. - 4:30 p.m.  
Closed alternate Fridays  
(714) 898-3311

CITY COUNCIL  
Meetings are held the  
2<sup>nd</sup> & 4<sup>th</sup> Wednesdays  
of the month in the  
Council Chambers  
at 7:00 p.m.  
8200 Westminster Blvd.

Margie L. Rice  
MAYOR  
(714) 548-3183

Frank G. Fry  
MAYOR PRO TEM  
(714) 548-3180

Tyler Diep  
COUNCIL MEMBER  
(714) 548-3181

Andy Quach  
COUNCIL MEMBER  
(714) 548-3182

Tri Ta  
COUNCIL MEMBER  
(714) 548-3179

Donald D. Lamm  
CITY MANAGER  
(714) 548-3242

# SPECIAL ACTIVITIES & INFORMATION

**REGISTER  
NOW!!**

## COMMUNITY SERVICES & RECREATION DEPARTMENT

8200 Westminster Boulevard  
Monday – Thursday • 7:30 a.m. – 5:30 p.m.  
Alternate Fridays • 7:30 a.m. – 4:30 p.m.

### RECREATION PROGRAMS

#### FACILITY RENTALS

714-895-2860

#### SENIOR CENTER

714-895-2878

#### DAMAGE TO PARKS/GRAFFITI HOTLINE

714-895-2876

## COMMUNITY SERVICES & RECREATION COMMISSION

Leo Lopez, Chairperson  
Nhi Ho  
Miriam Aguillares  
Jacko Luong

## COMMUNITY SERVICES & RECREATION DEPARTMENT STAFF

**Community Services Director**  
Greg Johnson

**Assistant Community Services Director**  
Diana Dobbert

**Senior Services Supervisor**  
Claire Hutchinson

**Community Services Supervisor**  
Vanessa Johnson

**Family Resource Center Supervisor**  
Delma Medrano

**Cable TV Production Supervisor**  
LaVada Cordasco

**Community Services Coordinators:**  
Stacy Yoshida – Sports  
Pam Gremling – Special Events

**Administrative Assistant**  
Jennifer Espinoza

The City of Westminster does not discriminate on the basis of race, color, national origin, sex, religion, age, or handicapped status in employment or the provision of services.

## SPECIAL EVENTS



### BREAKFAST WITH SANTA

**Saturday, December 4**  
**9:00 a.m. – 10:30 a.m.**

You'd better watch out because Santa is making a special trip to Westminster. On Saturday, December 4, Santa will arrive to delight and entertain at this traditional event. Children must be accompanied by an adult. The cost is \$7.00 for children and adults and includes breakfast, crafts, a visit from Santa Claus and a small stocking for each child. Adults are encouraged to bring their cameras to capture these holiday memories. **SPACE IS LIMITED, SO PLEASE REGISTER EARLY!!!** For more information, please call (714) 895-2860.  
8010.401 \$7.00 – Adults & Children (2+)

### ROSE PARADE EXCURSION

On Saturday, January 1, 2011, celebrate the New Year with the **122<sup>nd</sup> Rose Parade**. This year's theme "Building Dreams, Friendships & Memories" promises to bring even more creativity with flowers, music, equestrian units and lots of animation from all over the world. Fee includes transportation on a luxury coach bus, close-in parking, and reserved grandstand seats. Reservations are now available on a **limited, first-come, first-served basis**.

**Date: Saturday, January 1, 2011**

**Age: Adult (under 18 must be accompanied by an adult)**

**Time: 6:00 a.m. – 2:00 p.m.**

**(Activity #: 7010.401) Cost: \$85.00**

**Refund Policy:** Sorry, no refunds on the Rose Parade excursion, unless your space is filled by another registrant. The bus leaves from 8200 Westminster Blvd., where ample parking is available.

## YOUTH SPORTS CONTACTS

American Youth Soccer Organization (AYSO)  
 Region 5 • (714) 927-5969  
 Region 143 • HOTLINE • (888) 714-2774  
 Westminster Little League • (714) 894-1578  
 National Junior Basketball (NJB) • (714) 917-3565  
 Junior All-American Football • (714) 983-4284

## YOUTH SPORTS

### SOCCER STARS

GOOOOAAAALLL! Explore the techniques of soccer with the focus on ball handling, position play, and team strategies. Practices include drills and scrimmage to get a feel of a real soccer game. Participants should dress in comfortable clothes and tennis shoes (**no cleats**).

*Instructor: Recreation Staff*                      *Ages: 8-12 yrs.*  
*Fee: \$25.00 (Includes T-shirt)*                      *Length: 10 weeks*

6010.401	Liberty Park	M	9/27-11/29	3:30-4:30 p.m.
6010.402	Sigler Park	M	9/27-11/29	3:30-4:30 p.m.

### LIL' KICKERS

Learn the exciting game of soccer through the introduction of the basic skills. Practice basic techniques of dribbling, shooting, team play, and rules of the game. Participants should dress in comfortable clothes and tennis shoes (**no cleats**).

*Instructor: Recreation Staff*                      *Ages: 5-7 yrs.*  
*Fee: \$25.00 (Includes T-shirt)*                      *Length: 10 weeks*

6010.403	Liberty Park	Tu	9/28-11/30	3:45-4:30 p.m.
6010.404	Sigler Park	Tu	9/28-11/30	3:45-4:30 p.m.

### YOUTH FLAG FOOTBALL

Boys and girls are invited to participate in the Youth Flag Football program. Participants will develop their playing skills, learn the rules of the game, build teamwork, engage in social interaction, build character and make new friends. (**No practice November 26.**)

*Instructor: Recreation Staff*                      *Ages: 9-12 yrs.*  
*Fee: \$25.00 (Includes T-shirt)*                      *Length: 10 weeks*

6010.405	Liberty Park	F	10/1-12/10	3:30-4:30 p.m.
6010.406	Sigler Park	F	10/1-12/10	3:30-4:30 p.m.

### CHEERLEADING

Aspiring cheerleaders will learn basic cheer moves, jumps, and stunts in a safe environment. Wear comfortable clothes and tennis shoes. Skills learned will be showcased at the flag football games. Each participant will receive a t-shirt along with a set of pom-poms and a mini-megaphone. (**No practice November 26.**)



*Instructor: Recreation Staff*                      *Ages: 6-12 yrs.*  
*Fee: \$25.00*                      *Length: 10 weeks*

6010.407	Sigler Park	F	10/1-12/10	3:45-4:30 p.m.
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### PEE-WEE HOOPSTERS

This non-competitive Pee-Wee Basketball program teaches the basic basketball skills including: passing, defense, dribbling, shooting, basic techniques, and coordination. A lower rim and smaller basketballs will be used to ensure success.

*Instructor: Recreation Staff*                      *Ages: 5-7 yrs.*  
*Fee: \$25.00 (Includes T-shirt)*                      *Length: 10 weeks*

6020.401	Bolsa Chica Park	W	9/29-12/1	3:45-4:30 p.m.
6020.402	Liberty Park	W	9/29-12/1	3:45-4:30 p.m.



### YOUTH HOOPSTERS

The Youth Basketball program is open to boys and girls emphasizing on teaching the basic skills of basketball through the values of teamwork, respect and having fun. (**No practice November 25.**)

*Instructor: Recreation Staff*                      *Ages: 8-12 yrs.*  
*Fee: \$25.00 (Includes T-shirt)*                      *Length: 10 weeks*

6020.403	Bolsa Chica Park	Th	9/30-12/9	3:30-4:30 p.m.
6020.404	Liberty Park	Th	9/30-12/9	3:30-4:30 p.m.
6020.405	Sigler Park	Th	9/30-12/9	3:30-4:30 p.m.

"The coaches are on time, committed, and give all participants an equal chance to play. The program is geared toward basic skills and fun! I love that!" -Parent, 2010

# SPECIAL ACTIVITIES

**REGISTER NOW!!**



## MINI SPORTS

This program introduces children to three very popular sports: basketball, soccer and t-ball. Boys and girls, ages 3 and 4 years, will play games while learning to dribble, pass, catch and kick. Parent participation is required.

Instructor: Recreation Staff

Ages: 3-4 yrs.

Fee: \$15.00 (Includes T-shirt)

Length: 6 weeks

6030.401	Sigler Park	Sa	10/2-11/6	9:30-10:15 a.m.
6030.402	Sigler Park	Sa	10/2-11/6	10:30-11:15 a.m.



## CLUB WESTMINSTER - FALL PARKS AND PLAYGROUNDS PROGRAM

The City of Westminster's After School Parks Program is the perfect place for youth to spend their after school hours. Elementary school aged children can enjoy an assortment of free activities in a supervised and positive environment. As a drop-in program, participants DO NOT sign-in or out and may come and go freely. This supervised fall recreation program is designed to offer a quality recreation experience! The parks noted below will be open Monday through Friday, 2:30 to 5:00 p.m. beginning Monday, September 13. (Parks will be closed November 25 and 26 for the Thanksgiving holiday.)

BOLSA CHICA PARK, 13660 University St., Phone (714) 897-5911

LIBERTY PARK, 13900 Monroe St., Phone (714) 412-2617

SIGLER PARK, 7200 Plaza St., Phone (714) 715-0262



**Saturday, December 4**

**9:00 - 10:30 a.m.**

**East/West Room**



**\$7.00**

**(adults & children 2+)**

Please call 714.895.2860 for more information or register online at

[www.activenet.active.com/westminster](http://www.activenet.active.com/westminster)

**REGISTER EARLY! SPACES ARE LIMITED!!**

## SPECIAL WINTER VACATION SCHEDULE

The after school parks program will be extending their hours during winter break. Park hours will be from 10 a.m. to 4 p.m. during winter vacation, weekdays only, beginning Monday, December 20 and ending Friday, December 31.

## WRITE A LETTER TO SANTA CLAUS

All children are invited to write a letter to Santa. Santa's helpers will assist Mr. and Mrs. Claus in answering all the letters received. Make sure your return addresses are on all the letters and they are mailed to the City of Westminster. As Santa is really busy during this time of year, all letters must be received prior to Monday, December 13.

**ACADEMICS**

**SPANISH FOR PRESCHOOLERS**

This is a unique language learning experience designed for children age 3-5 years old. The course combines TPR (Total Physical Response) activities, music, movement, and hands on arts and crafts. This effective method introduces youngsters to a second language much in the same way they learn their first. A \$5 material fee will be due to the instructor at the first class meeting.

*Instructor:* CALINK Institute Staff      *Ages:* 3-5 yrs.  
*Fee:* \$130 (+ materials fee)      *Length:* 8 weeks  
*Location:* Fountain Valley Recreation Center      *Min:* 4      *Max:* 8  
**0000.401**      **Tu**      **9/21-11/09**      **4:00-5:00 p.m.**

**SPANISH FOR CHILDREN**

This fun class opens a window of opportunity for children. Exploring the world of foreign language at an early age puts children ahead of the rest! Children will be introduced to greetings, colors, numbers, shapes, and animals, through vocabulary and bingo games in a fun and easy way. There will be a \$5 material fee due at the first class.

*Instructor:* CALINK Institute Staff      *Ages:* 6-12 yrs.  
*Fee:* \$130 (+ materials fee)      *Length:* 8 weeks  
*Location:* Fountain Valley Recreation Center      *Min:* 4      *Max:* 8  
**0000.402**      **Tu**      **9/21-11/09**      **5:00-6:00 p.m.**

**SPANISH LEVEL 1/TUTORING**

Learn Spanish with this innovative course that emphasizes vocabulary method development. Gradually acquire basic communication skills through listening and speaking at a "survival level" of proficiency. You will benefit from a supportive learning environment that utilizes effective second language acquisition techniques. This class will help non-natives increase their potential for long-term career by learning oral and written communication skills in Spanish. This class is also open to high school students who need tutoring. A \$5 material fee will be due at the first class. For more information, email the instructor at: [alimig@cox.net](mailto:alimig@cox.net).

*Instructor:* CALINK Institute Staff      *Ages:* 16+  
*Fee:* \$130 (+ materials fee)      *Length:* 8 weeks  
*Location:* Fountain Valley Recreation Center      *Min:* 4      *Max:* 8  
**0000.403**      **Tu**      **9/21-11/09**      **6:00-7:00 p.m.**

**SPANISH LEVEL 2 & ADVANCED COMBO**

This combo class will help those students wishing to polish their basic skills while participating in challenging conversation. Continued enhancement of listening and reading comprehension with practice in speaking and writing Spanish based on cultural/literary materials. Emphasis on vocabulary building while developing grammatical accuracy. In the Advanced Level, learn to master this language by using the appropriate verb in the right tense. This course also includes enhanced reading materials and conversation practice. Also open to high school students who need tutoring. A \$5 material fee will be due to the instructor at the first meeting. Please email the instructor for more information at [alimig@cox.net](mailto:alimig@cox.net).

*Instructor:* CALINK Institute Staff      *Ages:* 13+  
*Fee:* \$130 (+ materials fee)      *Length:* 8 weeks  
*Location:* Fountain Valley Recreation Center      *Min:* 4      *Max:* 8  
**0000.404**      **Tu**      **9/21-11/09**      **7:00-8:00 p.m.**

**WESTMINSTER  
PARKS PROGRAM**

**Monday - Friday**  
**2:30 - 5:00 pm**

 **Fall Program begins**  
**Monday, September 13**

**Park Locations**

**Balsa Chica Park**  
13660 University St.  
714.897.5911

**Liberty Park**  
13900 Monroe St.  
714.412.2617

**Sigler Park**  
7200 Plaza St.  
714.715.0262

  
**CRAFTS**

  
**SPORTS**

  
**GAMES**

Westminster Community Services & Recreation  
714.897.2805    [www.westminster.co.gov](http://www.westminster.co.gov)

# RECREATIONAL CLASSES

## REGISTER NOW!!

## ARTS & CRAFTS

### KIDS' ART CLUB~NEW!

Want to encourage a creative mind? Bring your little one to this developmental art class where we will use fine motor skills and have lots of fun! Your child will explore a wide variety of art activities such as drawing, painting, ceramics, printmaking, collage and more! All supplies are provided. Please send a small snack for your little artist!

*Instructor:* Lucia Y. Henry, My Arts Studio *Ages:* 3-5 yrs.  
*Fee:* \$65 (+ materials fee) *Length:* 1 week  
*Location:* WCSB Craft Room *Min:* 4 *Max:* 8

1000.401	M-F	10/25-10/29	10:00-11:00 a.m.
1000.402	M-F	11/1-11/5	10:00-11:00 a.m.

### MY LITTLE ZOO

This class is full of imagination! Join in the fun as we create all kinds of animals using paint, clay, paper, fabric and more! We will read a short story, and then create a piece of art such as bunnies surrounded by colorful gardens, a clay cave with a bear to tame, and more! A \$10 material fee will be due to the instructor which will include all art supplies and apron.

*Instructor:* Lucia Y. Henry, My Arts Studio *Ages:* 3-5 yrs.  
*Fee:* \$49 (+ materials fee) *Length:* 4 weeks  
*Location:* WCSB Craft Room *Min:* 4 *Max:* 10

1000.405	Th	11/18-12/16*	9:30-10:15 a.m.
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\*11/18 class held at WCSB Room A. No class 11/25.

### PARENT & TOT CLAY TIME

Roll, pinch and pound! Come and enjoy some creative time with your little one! Your young artist will enjoy a tactile experience using clay, as we hand build playful projects step-by-step. Different projects will be made each week. All pieces will be glazed and fired. Aprons will be provided. There will be a \$15 material fee due to the instructor which includes kiln firing and glazing.

*Instructor:* Lucia Y. Henry, My Arts Studio *Ages:* 3-5 yrs.  
*Fee:* \$59 (+ materials fee) *Length:* 5 weeks  
*Location:* WCSB Craft Room *Min:* 4 *Max:* 10

1000.403	F	11/12-12/17*	2:15-3:00 p.m.
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\*No class 11/26.

### SPLISH, SPLASH, ART!~NEW!

Dive in and splash around! Little artists will explore a variety of painting media in this developmental art class. Fun projects will nurture your child's imagination as we learn to use watercolors, pastels, tempera paints and more. Prepare the frames! No parent participation required. A \$10 material fee will be due to the instructor which includes all art supplies and apron.

*Instructor:* Lucia Y. Henry, My Arts Studio *Ages:* 3-5 yrs.  
*Fee:* \$49 (+ materials fee) *Length:* 4 weeks  
*Location:* WCSB Craft Room *Min:* 4 *Max:* 10

1000.406	Th	11/18-12/16*	11:00-11:45 a.m.
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\*11/18 class held at WCSB Room A. No class 11/25.

### CERAMICS CREATIONS

Have a blast learning how to turn clay into wonderful creations and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring and slab, and decorate them with under glazes. Different projects each class. All pieces will be glazed and fired. Aprons will be provided. There will be a \$15 material fee due to the instructor which will include kiln firing and glazing.



Different projects each class. All pieces will be glazed and fired. Aprons will be provided. There will be a \$15 material fee due to the instructor which will include kiln firing and glazing.

*Instructor:* Lucia Y. Henry, My Arts Studio *Ages:* 6-12 yrs.  
*Fee:* \$59 (+ materials fee) *Length:* 5 weeks  
*Location:* WCSB Craft Room *Min:* 4 *Max:* 20

1000.404	F	11/12-12/17*	3:30-4:45 p.m.
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\*No class 11/26.

### ART AS THERAPY

Relax and enjoy the wonders of art while involving yourself in drawing, painting and more. This class is geared for those needing to express themselves in a creative atmosphere. There is a \$30 material fee at the first meeting which will cover ALL materials.

*Instructor:* Pati Kent *Ages:* 13+  
*Fee:* \$50 (+material fee) *Length:* 4 weeks  
*Location:* WCSB Craft Room *Min:* 4 *Max:* 20

1000.407	W	9/15-10/6	12:00-1:00 p.m.
1000.408	W	10/20-11/10	12:00-1:00 p.m.
1000.409	W	11/17-12/8	12:00-1:00 p.m.

## DRAWING AND PAINTING for TEENS & ADULTS!

Maximize your time! This class is designed for beginning and intermediate students who would like to learn the necessary skills of drawing and painting. Learn at your own pace and boost your confidence by learning in a supportive atmosphere. The lessons will be alternated, drawing one week, painting the next. Note: Please ask for the materials list when registering for this class, and bring all materials to the first class meeting.

Instructor: Pati Kent  
 Fee: \$85 (+ materials)  
 Location: WCSB Craft Room

Ages: 12 +  
 Length: 5 weeks  
 Min: 4 Max: 20

1000.410	W	9/15-10/20*	1:15-2:45 p.m.
1000.411	W	10/27-11/24	1:15-2:45 p.m.
1000.412	W	12/1-12/22	1:15-2:45 p.m. (4 weeks/ \$70)

\*No class on 10/13. Last class on 10/20.



## CHILDREN'S MASTERPIECES with Pencils & Paints!

Taught by professional artist, Pati Kent, children learn the necessary skills needed to inspire and improve their paintings and drawings, and have FUN while doing it! Classes alternate: drawing one week; painting the next. Beginners welcome!! Note: Please ask for the materials list when registering for this class, and bring all materials to the first class meeting. Class will end with an art show of the children's work!

Instructor: Pati Kent  
 Fee: \$60 (+materials)  
 Location: WCSB Craft Room

Ages: 7-11 yrs.  
 Length: 5 weeks  
 Min: 4 Max: 20

1000.413	W	9/15-10/20*	3:00-4:00 p.m.
1000.414	W	10/27-11/24	3:00-4:00 p.m.
1000.415	W	12/1-12/22	3:00-4:00 p.m. (4 weeks/\$50)

\*No class on 10/13. Last class on 10/20.

## CARTOONING

Character drawing and basic cartooning are taught in this EXCITING class! An additional \$10 material fee is payable to the instructor at the workshop which covers ALL supplies that will be needed.

Instructor: Pati Kent  
 Fee: \$15 (+ materials fee)  
 Location: WCSB Craft Room

Ages: 7-12 yrs.  
 Length: 1 day  
 Min: 4 Max: 20

1000.416	M	10/25/10	3:00-4:00 p.m.
1000.417	M	11/29/10	3:00-4:00 p.m.

## HOLIDAY FUN WORKSHOPS AT THE MALL ~ NEW!

Join professional artist, Pati Kent for these unique and unusual art workshops at the Westminster Mall! There will be a \$10 material fee due to the instructor which will include all materials.

Instructor: Pati Kent  
 Fee: \$15 (+ materials fee)  
 Location: Westminster Mall

Ages: 7-11 yrs.  
 Length: 1 day  
 Min: 4 Max: 20

(Entrance to classroom located outside mall, next to Today main mall entrance in room 2010).

### Tingit Indian's Far Far North-A Totem:

1000.418	W	12/29/10	1:30-2:30 p.m.
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### Time Machines!:

1000.419	W	12/29/10	2:45-3:45 p.m.
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### Wayne Thiebaud Yummy & More Sculptures!:

1000.420	W	12/29/10	4:00-5:00 p.m.
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# RECREATIONAL CLASSES

**REGISTER NOW!!**

## YOUNG REMBRANDTS PRESCHOOL DRAWING

Preschoolers are eager to learn and a joy to teach. Your young artist will learn to draw using our step-by-step process. Give your child a head start in being handwriting ready by developing his/her fine motor skills. There will be new lessons each week.

*Instructor: Young Rembrandts Staff*

*Fee: \$64*

*Location: WCSB Craft Room*

1000.421	Tu	9/14-10/12	2:15-3:00 p.m.
1000.422	Tu	10/19-11/16	2:15-3:00 p.m.
1000.423	Tu	11/23-12/21	2:15-3:00 p.m.

*Ages: 3-5 yrs.*

*Length: 5 weeks*

*Min: 6 Max: 20*



## YOUNG REMBRANDTS CARTOONING

Artists will have fun drawing and coloring a myriad of expressive characters while learning how to stay on task, follow directions, and be visually, spatially organized. There will be new lessons each week!

*Instructor: Young Rembrandts Staff*

*Fee: \$64*

*Location: WCSB Craft Room*

1000.424	Tu	9/14-10/12	3:15-4:15 p.m.
1000.425	Tu	10/19-11/16	3:15-4:15 p.m.
1000.426	Tu	11/23-12/21	3:15-4:15 p.m.

*Ages: 6-13 yrs.*

*Length: 5 weeks*

*Min: 6 Max: 20*

## DANCE



### ZUMBA LATIN DANCE FITNESS!

Zumba is a fun, high-energy, cardio workout that will help you get into great shape! You will learn salsa, merengue, cumbia, cha cha, bachata, and more.

*Instructor: Georgina Espinosa*

*Fee: \$59*

*Location: WCSB E/W Room*

*2000.401 F 10/1-11/19*

*Ages: 12+*

*Length: 8 weeks*

*Min: 10 Max: 40*

*7:00-8:00 p.m.*

### BALLROOM, SWING, AND LATIN COMBO!

Learn fun, easy patterns in Swing and Waltz in session 1, Swing and Cha-Cha during session 2, and Swing and Tango in session 3! Learn to dance to the music played at parties, night clubs, weddings, and cruises. No partner necessary.

*Instructor: Efren Barrera*

*Fee: \$45*

*Location: WCSB E/W Room*

2000.402	Tu	9/14-10/5	6:00-7:00 p.m.	(Swing & Waltz)
2000.403	Tu	10/12-11/2	6:00-7:00 p.m.	(Swing & Cha-Cha)
2000.404	Tu	11/9-11/30	6:00-7:00 p.m.	(Swing & Tango)

*Ages: 14+*

*Length: 4 weeks*

*Min: 4 Max: 30*

### SALSA 1 & 2 for ADULTS!

Salsa, the hot and spicy dance, lets you move to the Latin rhythms in today's club and party scene. Learn hot, beginner patterns in Salsa 1 and intermediate patterns in Salsa 2! Meet people, socialize, and show off your moves! No partner needed. For more information, call Efren Barrera at 714-595-4766.

*Instructor: Efren Barrera*

*Fee: \$45*

*Location: WCSB E/W Room*

2000.405	Tu	9/14-10/5	7:00-8:00 p.m.	(Salsa 1)
2000.406	Tu	9/14-10/5	8:00-9:00 p.m.	(Salsa 2)
2000.407	Tu	10/12-11/2	7:00-8:00 p.m.	(Salsa 1)
2000.408	Tu	10/12-11/2	8:00-9:00 p.m.	(Salsa 2)
2000.409	Tu	11/9-11/30	7:00-8:00 p.m.	(Salsa 1)
2000.410	Tu	11/9-11/30	8:00-9:00 p.m.	(Salsa 2)

*Ages: 14+*

*Length: 4 weeks*

*Min: 4 Max: 30*

## LINE DANCING!

Ramble! Ramble! Line dancing is healthy for the body and mind! Learn new steps and make friends while staying fit. Sign up today and learn a variety of basic steps from different kinds of dances – Latin, Folk, Soul, and funk songs! This class does not require a partner and is a great cardio work-out.

**Instructor:** Jimmy Camarena

**Fee:** \$40

**Location:** WCSB E/W Room

2000.411	W	9/15-10/6
2000.412	W	10/13-11/3
2000.413	W	11/10-12/4

**Ages:** 18+

**Length:** 4 weeks

**Min:** 10 **Max:** 25

6:30-8:00 p.m.
6:30-8:00 p.m.
6:30-8:00 p.m.

## PEE WEE (INTRO TO DANCE)

Come learn the foundation for all dance styles in this combination of ballet, jazz, and tap. Have fun while listening to friendly children's music. Dance attire: Wear all ballet pink leotard, tights and ballet shoes; tap shoes are optional. Student must be potty trained prior to taking class. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

**Instructor:** Valerie Bartosch

**Fee:** \$45

**Location:** Wespac Dance Center

2000.415	Th	9/16-10/14
2000.416	Th	10/21-11/18
2000.417	Th	11/18-12/23*

\*No class on 11/25.

**Age:** 2-6 yrs.

**Length:** 5 Weeks

**Min:** 6 **Max:** 10

6:00-6:45 p.m.
6:00-6:45 p.m.
6:00-6:45 p.m.



## INTERMEDIATE LINE DANCING

Dancing is a great way to reduce stress and get fit while having fun. A study at the Albert Einstein Medical Center found dancing to be the only regular physical activity associated with a significant drop in the incidence of dementia, including Alzheimer's. Other studies have shown it to be helpful in the areas of memory, balance and cardiovascular fitness. It's done to all kinds of great music including top 40, waltzes, Latin, country, and disco. No partner needed. Intermediate (Level 3 and 4) dancers only.

**Instructor:** Suzy Hazard

**Fee:** \$65

**Location:** WCSB E/W Room

2000.414	M	9/13-12/6
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**Ages:** 18+

**Length:** 13 weeks

**Min:** 15 **Max:** 85

9:30-11:30 a.m.
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## TAP

You will learn basic tap including shuffles, flaps and ball change in this rhythmic style of dance. Dance attire: Wear black tank or leotard with black ballet/jazz shorts or capri pants and tap shoes. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

**Instructor:** Amanda Mikkelson

**Fee:** \$45

**Location:** Wespac Dance Center

2000.421	Th	9/16-10/14
2000.422	Th	10/21-11/18
2000.423	Th	11/18-12/23*

\*No class on 11/25.

**Age:** 5-13 yrs.

**Length:** 5 Weeks

**Min:** 6 **Max:** 10

5:00-6:00 p.m.
5:00-6:00 p.m.
5:00-6:00 p.m.

# RECREATIONAL CLASSES

**REGISTER NOW!!**

## BALLET

This class will utilize ballet barre, center floor work and across the floor. Learn ballet positions in 1<sup>st</sup> - 5<sup>th</sup>, jumps, tendue`s, plie`s, chaine`s, pique`s, pirouettes and leaps. A routine will be taught at the end of class. Dance attire: Wear pastel colored leotard (i.e. light pink, yellow, baby blue or lilac), ballet pink tights and pink ballet shoes, ballet skirt is optional. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Jaseida Mojica  
 Fee: \$45  
 Location: Wespac Dance Center  
 2000.424 Tu 9/14-10/12 4:30-5:30 p.m.  
 2000.425 Tu 10/19-11/16 4:30-5:30 p.m.  
 2000.426 Tu 11/23-12/21 4:30-5:30 p.m.

Age: 5-12 yrs.  
 Length: 5 Weeks  
 Min.: 6 Max: 10



## HIP HOP

Come learn the latest LA style Hip Hop dance moves as seen on television, film and videos. Get a great workout while learning how to dance! Dance attire: Wear all black pants, tank and clean sneakers with non - marking soles. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Jaseida Mojica, J. Reyes & Jerome Moore  
 Fee: \$45  
 Location: Wespac Dance Center  
 2000.427 M 9/13-10/11 6:45-7:30 p.m. 5-12 yrs Beg.  
 2000.428 M 10/18-11/15 6:45-7:30 p.m. 5-12 yrs Beg.  
 2000.429 M 11/22-12/20 6:45-7:30 p.m. 5-12 yrs Beg.  
 2000.430 W 9/15-10/13 4:30-5:30 p.m. 12-18 Adv.  
 2000.431 W 10/20-11/17 4:30-5:30 p.m. 12-18 Adv.  
 2000.432 W 11/24-12/22 4:30-5:30 p.m. 12-18 Adv.  
 2000.433 Th 9/16-10/14 6:45-7:30 p.m. Teen/Adult Beg.  
 2000.434 Th 10/21-11/18 6:45-7:30 p.m. Teen/Adult Beg.  
 2000.435 Th 11/18-12/23\* 6:45-7:30 p.m. Teen/Adult Beg.

Ages: 5+  
 Length: 5 Weeks  
 Min: 6 Max: 10

\*No class on 11/25.

## HULA

Learn the cultural dance of the Hawaiian and Tahitian Islands. This class is geared towards students who are looking to get a great workout while having fun. Dance attire: Wear black tank or leotard with black shorts or leggings and any color sarong is optional. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Brenda Colombel  
 Fee: \$45  
 Location: Wespac Dance Center  
 2000.436 F 9/17-10/15 5:45-6:45 p.m.  
 2000.437 F 10/22-11/19 5:45-6:45 p.m.  
 2000.438 F 11/19-1/7/11\* 5:45-6:45 p.m.  
 \*No class on 11/26 and 12/24.

Age: 5-12 yrs.  
 Length: 5 Weeks  
 Min: 6 Max: 10

## BELLY DANCING

This class will focus on orientale/beledi technique, rhythms, finger cymbals, veil work and improvisations. Get a great low-impact, cardio workout while dancing to the beautiful middle-eastern beats. Dance attire: Wear black tank or leotard with black shorts or leggings and any color belly dancing hip scarf is optional, barefoot or ballet shoes are optional. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or [www.marlenadancer.com](http://www.marlenadancer.com) or call 714-893-2623.

Instructor: Marlena  
 Fee: \$45  
 Location: Wespac Dance Center  
 2000.439 W 9/15-10/13 6:30-7:30 p.m.  
 2000.440 W 10/20-11/17 6:30-7:30 p.m.  
 2000.441 W 11/24-12/22 6:30-7:30 p.m.

Age: Teen/Adult  
 Length: 5 Weeks  
 Min: 6 Max: 10

## OUR FIRST DANCE AS MR. & MRS.

Learn the basics of couples' dancing and look great on your wedding day. Your friends and family will be amazed! Even if you are not getting married and you are a guest or father of the bride, all couples are welcome to take this ballroom dance class which is a great way to prepare for any social event or special occasion. Dance attire: Ladies wear nice dress and heels and gentlemen wear collared shirt and nice slacks with dress shoes. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Jaseida Mojica  
 Fee: \$90 per couple  
 Location: Wespac Dance Center  
 2000.442 Tu 9/14-10/12 8:30-9:30 p.m.  
 2000.443 Tu 10/19-11/16 8:30-9:30 p.m.  
 2000.444 Tu 11/23-12/21 8:30-9:30 p.m.

Age: 18 +  
 Length: 5 Weeks  
 Min: 6 Max: 10

## TEENY TUMBLERS AND DANCERS

Enjoy concentrated time together in activities that are fun for both parents and little cruisers. Early walkers will build important motor skills, balance and coordination as they explore tunnels, slides and ramps. Adult participation is required.

Instructor: Miss Dawna

Fee: \$45

Location: Garden Grove Sports & Rec. Center Min: 8 Max: 20

2000.445 Sa 9/18-10/16 11:05-11:40 a.m.

2000.446 Sa 10/23-11/20 11:05-11:40 a.m.

Ages: 9-24 mths.

Length: 5 weeks



## BALLET, TAP, and TUMBLING

Ballet develops physical control, strength, balance, and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, "Position of the day", animal walks, and balance beams.

Instructor: Miss Dawna

Fee: \$45

Location: Garden Grove Sports & Rec. Center Min: 8 Max: 20

2000.447 Sa 9/18-10/16 11:45-12:20 p.m.

2000.448 Sa 10/23-11/20 11:45-12:20 p.m.

Ages: 2-5 yrs.

Length: 5 weeks

Don't miss out on Miss Dawna's new class, "Buttons & Bows Etiquette Class" in the Special Interest section!

## MUSIC

### BREAKTHROUGH AUSTRALIAN PIANO ~ NEW!

Play 4 songs in 4 different styles in 6 weeks! Breakthrough Australian-developed, playing-based method allows students to play immediately after their first lessons. All materials will be included. Students will receive a DVD and workbook. For more information, please visit [www.dancingkeys.com](http://www.dancingkeys.com).

Instructor: Alex Thai Nguyen

Fee: \$60

Location: WCSB Craft Room

3000.401 M 9/13-10/18 5:30-6:30 p.m. (Age 7-13)

3000.402 Tu 9/14-10/19 5:30-6:30 p.m. (Age 7-13)

3000.403 Tu 9/14-10/26\* 6:30-7:30 p.m. (Age 14+)

\*No class on 10/12. Last class on 10/26.

Ages: 7 +

Length: 6 weeks

Min: 4 Max: 8

"Thai is the nicest guy and a great teacher. I've learned so much in only three months. He has so much patience with me and doesn't rush me either. The method is so great. I know someday I will be playing wonderful music and will owe it all to Thai. He is surely someone I would recommend." -Dorothy Girolamo, Tustin

The City of Westminster & The Westminster City Council invite you to participate in the

## Holiday Home Decorating Contest

**ENTRY DEADLINE**  
Monday, December 6th

for an application or more information visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov) or call **(714) 895-2860**

# RECREATIONAL CLASSES

**REGISTER NOW!!**

## BEGINNING PIANO OR KEYBOARD LESSONS FOR CHILDREN

This fun, exciting class is for the child who loves to play around at the piano or keyboard and is attracted to its enchanting sound. Students will take their first steps in reading music, playing the piano/keyboard by ear, and making up their own songs. In the "hands on" method used here, all students learn or create a new song EVERY LESSON! And, these small group classes are a great alternative to private lessons, which can often prove expensive and boring; children enjoy learning and making music TOGETHER! In class, each student chooses their own REAL quality acoustic piano to play on (although portable keyboards are allowed for home use). All materials are included FREE!

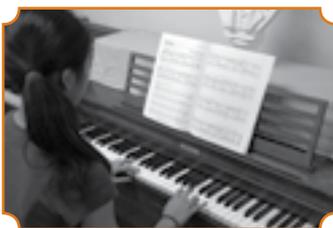
Instructor: Dr. Robert Rios, Teresa Rios, and staff Ages: 4 -12 yrs.  
Fee: \$40 Length: 4 Weeks

Location: The Piano Place Music and Arts Center Min: 5 Max: 8

3000.404	Th	9/16-10/7	3:30-4:15 p.m.	(Age 4-7)
3000.405	Th	9/16-10/7	4:15-5:00 p.m.	(Age 8-12)
3000.406	Sa	9/18-10/9	11:30-12:15 p.m.	(Age 4-7)
3000.407	Sa	9/18-10/9	3:15-4:00 p.m.	(Age 8-12)
3000.408	Th	10/28-11/18	3:30-4:15 p.m.	(Age 8-12)
3000.409	Th	10/28-11/18	4:15-5:00 p.m.	(Age 4-7)
3000.410	Sa	10/30-11/20	3:15-4:00 p.m.	(Age 4-7)
3000.411	Sa	10/30-11/20	4:15-5:00 p.m.	(Age 8-12)

## BEGINNING PIANO OR KEYBOARD LESSONS FOR TEENS

This enjoyable class is for teens who have always wanted to play the piano or keyboard, but never had the chance to, UNTIL NOW! Students will be introduced to reading music and playing the piano/keyboard by ear, performing folk, popular, and classical tunes, and learning a NEW song each lesson! Music theory will also be explored, and students will write their OWN songs (ready for their first teen rock group!). REAL pianos are used in class. This class will prove to your child that playing the piano or keyboard can be FUN and EASY! All materials are included FREE!



Instructor: Dr. Robert Rios, Teresa Rios, and staff Ages: 13-18 yrs.  
Fee: \$40 Length: 4 weeks

Location: The Piano Place Music and Arts Center Min: 5 Max: 8

3000.412	Th	9/16-10/7	5:00-5:45 p.m.
3000.413	Sa	9/18-10/9	4:15-5:00 p.m.
3000.414	W	10/27-11/17	4:15-5:00 p.m.
3000.415	Sa	10/30-11/20	5:00-5:45 p.m.

## BEGINNING PIANO OR KEYBOARD LESSONS FOR ADULTS AND SENIORS

Now is your chance to learn how to play the piano (it's never too late!) and play those folk, popular, and classical tunes that you've always loved! In this enjoyable, small group class (where only REAL pianos are used) you'll learn how to read music and play by ear, using melodies and chords. Students learn a NEW song each lesson in this "hands on" approach! Basic music theory and creative skills will also be explored. No practice or keyboard is required to take this class; just show up and try your hand(s) at it! **A \$10 material fee will be due to the instructor.**

Instructor: Dr. Robert Rios and staff Ages: 18 +  
Fee: \$40 (+ Material fee) Length: 4 Weeks

Location: The Piano Place Music and Arts Center Min: 5 Max: 8

3000.416	Th	9/16-10/7	6:30-7:15 p.m.
3000.417	Sa	9/18-10/9	5:00-5:45 p.m.
3000.418	F	10/29-11/19	6:30-7:15 p.m.
3000.419	Sa	10/30-11/20	5:45-6:30 p.m.

## BEGINNING GUITAR LESSONS FOR CHILDREN, TEENS, AND ADULTS

This fun group class is for anyone who has always wanted to learn how to strum the guitar! Students will enjoy playing folk, popular, and classical tunes using single notes and chords, and will take their first steps in learning how to read notation and playing in different rhythms. Learn basic theory, creativity, ensemble playing and, of course, how to tune your guitar. Now you can entertain your family and friends with the enchanting sounds of the guitar! **A material fee of \$10 will be due to the instructor. Students must bring their own guitar.**

Instructor: The Piano Place Music and Arts Center Staff Ages: 6 +  
Fee: \$40 (+ Material fee) Length: 4 Weeks

Location: The Piano Place Music and Arts Center Min: 5 Max: 8

3000.420	Tu	9/14-10/5	4:15-5:00 p.m.	(Age 6-9)
3000.421	Tu	9/14-10/5	5:00-5:45 p.m.	(Age 10-16)
3000.422	Tu	9/14-10/5	5:45-6:30 p.m.	(Age 17+)
3000.423	Tu	10/26-11/16	3:30-4:15 p.m.	(Age 6-9)
3000.424	W	10/27-11/17	4:15-5:00 p.m.	(Age 10-16)
3000.425	W	10/27-11/17	5:00-5:45 p.m.	(Age 17+)

## BEGINNING VIOLIN LESSONS FOR CHILDREN, TEENS, AND ADULTS

Now you or your child can learn how to play the violin, one of the most elegant-sounding instruments in the world! This class will teach the basics of the violin, and will cover aspects of playing such as intonation, technique, and bowing. In addition, basic music theory and reading skills will be taught. Students enjoy learning in small groups, where they can make and create ensemble music TOGETHER! **A material fee of \$10 will be due to the instructor.** Students must provide their own violin.

Instructor: The Piano Place Music and Arts Center Staff

Fee: \$40 (+Material fee)

Location: The Piano Place Music and Arts Center

				Ages: 6 +
				Length: 4 Weeks
			Min: 3	Max: 6
3000.426	Tu	9/14-10/5	3:30-4:15 p.m.	(Age 6-9)
3000.427	Tu	9/14-10/5	4:15-5:00 p.m.	(Age 10-16)
3000.428	Sa	9/18-10/9	1:00-1:45 p.m.	(Age 17+)
3000.429	Sa	10/30-11/20	1:00-1:45 p.m.	(Age 8-12)

## BEGINNING DRUM LESSONS FOR CHILDREN AND TEENS!~NEW!

Experience the sounds of pure rhythm in this exciting class devoted to learning the basics of drum technic! Different rhythms, basic drum notation, and hand coordination will be covered, using drum pads and/or snare drums. Varied aspects of music theory will be presented. Students enjoy making different rhythms and music together. All this will prepare the students for eventual use of a drum set! May the beat go on! **A material fee of \$10 will be due to the instructor.** Students must provide their own drum pad and sticks, which can also be purchased at the first lesson.

Instructor: The Piano Place Music and Arts Center Staff

Fee: \$40 (+ Material fee)

Location: The Piano Place Music and Arts Center

				Ages: 6-17 yrs.
				Length: 4 Weeks
			Min: 3	Max: 6
3000.434	Tu	9/14-10/5	5:00-5:45 p.m.	(Age 11-17)
3000.435	W	9/15-10/6	3:30-4:15 p.m.	(Age 6-10)
3000.436	Tu	10/26-11/16	5:45-6:30 p.m.	(Age 6-10)
3000.437	Tu	10/26-11/16	6:30-7:15 p.m.	(Age 11-17)

## BEGINNING SINGING LESSONS FOR CHILDREN, TEENS, AND ADULTS ~ NEW!

How would you like to take an introductory class in learning how to sing some of those favorite folk and popular songs you've always loved? In this fun class, you'll learn vocal technic, style, and intonation. Some basic theory and performance skills will also be covered. Students enjoy learning in small groups, where musical numbers can really come to life! You'll soon discover that your voice is a GREAT instrument, and your best musical friend! **A material fee of \$15 will be due to the instructor.**

Instructor: The Piano Place Music and Arts Center Staff

Fee: \$40 (+ Material fee)

Location: The Piano Place Music and Arts Center

				Ages: 5 +
				Length: 4 Weeks
			Min: 3	Max: 6
3000.430	Tu	9/14-10/5	5:00-5:45 p.m.	(Age 5-9)
3000.431	Tu	9/14-10/5	5:45-6:30 p.m.	(Age 10-16)
3000.432	Sa	9/18-10/9	1:00-1:45 p.m.	(Age 17+)
3000.433	Sa	10/30-11/20	1:00-1:45 p.m.	(Age 8-12)

## MUSIC THEORY FOR EVERYONE! ~ NEW!

This enjoyable introductory class is for ALL children and teens who would like to know the basics of music theory: how music is formed; the basics of musical patterns and chords; major and minor keys; and the understanding of harmonies, melodies, and rhythms. It will be based on the Seven Dimensions of Music ©, an original approach to music theory as taught at The Piano Place Music and Arts Center. The piano will be used to demonstrate all aspects of the class, as well as be the focal point of musical games and fun. You don't need to be able to play a musical instrument to take this class, but if you do play one, such as piano, guitar, flute, violin etc., this class will DEFINITELY enhance your understanding and enjoyment of your instrument, and of the world of music in general. **A material fee of \$10 will be due to the instructor.**

Instructor: The Piano Place Music and Arts Center Staff

Fee: \$25 (+ Material fee)

Location: The Piano Place Music and Arts Center

				Ages: 8-17 yrs.
				Length: 5 Weeks
			Min: 5	Max: 16
3000.438	M	11/1-11/29	3:30-4:30 p.m.	(Age 8-12)
3000.439	M	11/1-11/29	4:30-5:30 p.m.	(Age 13-17)

Robert Rios, M.A., Ph.D., concert pianist, composer, educator, and former University professor, serves as director of The Piano Place Music and Arts Center (formerly called Rios Piano Center), whose popular and professional classes have resulted in numerous satisfied parents and students in Orange County for the past 30 years.

# RECREATIONAL CLASSES

**REGISTER NOW!!**

## HAND DRUM JAM ~ NEW!

Play drums and have fun! You will work on rhythm and play songs perfect for the whole family. You will need to provide your own hand drum. **There will be a \$20 material fee due to the instructor which includes a book and CD.**

Instructor: FVM Staff  
 Fee: \$30 (+ material fee)  
 Location: Fountain Valley Music

3000.440	Su	9/19-10/10	6:00-6:30 p.m.
3000.441	F	9/24-10/15	7:00-7:30 p.m.

Ages: 8 +  
 Length: 4 weeks  
 Min: 6 Max: 20

## UKULELE JAM ~ NEW!

Play Ukulele and have fun! You will work on chords, sing, and learn songs. Perfect for the whole family. You will need to bring your own ukulele. There will be a \$20 material fee due to the instructor which will include a book, CD and chord chart.

Instructor: FVM Staff  
 Fee: \$30 (+ material fee)  
 Location: Fountain Valley Music

3000.442	Su	9/19-10/10	5:00-5:30 p.m.
3000.443	F	9/24-10/15	6:00-6:30 p.m.

Ages: 8 +  
 Length: 4 weeks  
 Min: 6 Max: 15

## SESAME STREET MUSIC WORKS PROGRAM

Sesame Street Music Works program is a fantastic program designed for children ages 2-6 and their parents, grandparents, teachers and caregivers to be involved in music making. The program taps into the appeal of one of the world's most respected children's shows to reach a whole new generation of music makers. Fountain Valley Music is a licensed education center for the Sesame Street Music Works Program. Learn from the best! **There will be a material fee of \$20 due to the instructor which will cover all the materials used for class.**

Instructor: FVM Staff  
 Fee: \$45 (+ material fee)  
 Location: Fountain Valley Music

3000.444	Tu	9/21-10/12	10:15-11:00 a.m.	(General Music)
3000.445	W	9/22-10/13	10:15-11:00 a.m.	(Violin)
3000.446	Th	9/23-10/14	10:15-11:00 a.m.	(Orchestral)

Ages: 2-6 yrs.  
 Length: 4 weeks  
 Min: 4 Max: 10

## GOTTA' SING! Today's Top Hits

This is a fun vocal techniques class. All ages are taught proper breathing, posture and technique. You will learn how to train your voice while learning to sing in a group. Music is age appropriate based on group interest, examples: Mylie Cyrus/Hannah Montana, High School Musical & more. **There will be a material fee of \$20-30 due to the instructor which includes book(s) and CD.**

Instructor: FVM Staff  
 Fee: \$45 (+ materials fee)  
 Location: Fountain Valley Music

3000.447	Tu	9/21-10/12	5:00-6:00 p.m.
3000.448	Sa	9/25-10/16	9:30-10:30 a.m.

Ages: 7 - 12 yrs.  
 Length: 4 weeks  
 Min: 4 Max: 10

## BEGINNING GUITAR

This course is a basic approach to playing the guitar, for beginners only. Students will learn: Basics of reading music, learn rhythm and tempo, and how to tune your guitar. This is a very popular and fun class. **A materials fee of \$10-20 will be due to the instructor which will include book(s) and CD.** Please bring your guitar to practice or you may rent one for a nominal cost.

Instructor: FVM Staff  
 Fee: \$45 (+ materials fee)  
 Location: Fountain Valley Music

3000.449	M	9/20-10/11	4:00-5:00 p.m.	(Age 6-9)
3000.450	Th	9/23-10/14	6:00-7:00 p.m.	(Age 6-9)
3000.451	Sa	9/25-10/16	2:00-3:00 p.m.	(Age 6-9)
3000.452	M	9/20-10/11	5:00-6:00 p.m.	(Age 10-14)
3000.453	W	9/22-10/13	4:00-5:00 p.m.	(Age 10-14)
3000.454	Sa	9/25-10/16	3:00-4:00 p.m.	(Age 10-14)
3000.455	M	9/20-10/11	6:00-7:00 p.m.	(Age 15+)
3000.456	Sa	9/25-10/16	4:00-5:00 p.m.	(Age 15+)

Ages: 6 +  
 Length: 4 weeks  
 Min: 4 Max: 10



**SPECIAL INTEREST**



**BUTTONS & BOWS ETIQUETTE CLASS ~ NEW!**

This class is designed to teach young children the art of social graces. Good manners are simply polite, kind ways to behave with others. Manners are easy to learn, and they never change. Children will participate in fun and exciting activities, etiquette games, play-acting, traditional customs, table manners, and more!

Instructor: Miss Dawna  
 Fee: \$40  
 Location: Garden Grove Sports & Rec. Center  
 4000.401 Sa 9/18-10/16 12:25-12:55 p.m.  
 4000.402 Sa 10/23-11/20 12:25-12:55 p.m.

Ages: 3-11 yrs.  
 Length: 5 weeks  
 Min: 4 Max: 10

**BEGINNING PIANO/KEYBOARD**

Our classes are fun and made to make learning enjoyable. Learn to read music, play songs, and more! **There will be a \$20-30 material fee due to the instructor which includes a book, note finder, bag, and CD.**

Instructor: FVM Staff  
 Fee: \$45 (+ materials fee)  
 Location: Fountain Valley Music

Ages: 4+  
 Length: 4 weeks  
 Min: 4 Max: 10

3000.457	Su	9/19-10/10	11:00 a.m.-12:00 p.m.	(Age 4-5)
3000.458	Tu	9/21-10/12	9:00-10:00 a.m.	(Age 4-5)
3000.459	M	9/20-10/11	6:00-7:00 p.m.	(Age 6-9)
3000.460	Sa	9/25-10/16	1:00-2:00 p.m.	(Age 6-9)
3000.461	Su	9/19-10/10	1:00-2:00 p.m.	(Age 10-15)
3000.462	Su	9/19-10/10	2:00-2:45 p.m.	(Age 16+)

**YOU'RE ON THE AIR...HOW TO REALLY MAKE IT IN VOICE-OVERS!**

Voice-overs are hot today! You don't have to be an actor to get voice-over work, but it certainly doesn't hurt! With such a notable talent as James Earl Jones, Linda Hunt, and Donald Sutherland lending their voices to commercials, films, and videos, one would think that it would be next to impossible to break into this field. Not so! In this class you'll learn about an exciting new way to get around the competition and actually turn voice-overs into a thriving full or part-time business!

Instructor: Sheryl Powers  
 Fee: \$30  
 Location: WCSB Craft Room  
 4000.403 Tu 10/12/10 7:00-9:00 p.m.

Ages: 18 +  
 Length: 1 day  
 Min: 5 Max: 40

*Sheryl Powers has over 25 years of experience in the radio and voiceover business. As a DJ, talk show co-host, radio & TV voiceover artist and radio sales and marketing specialist, she knows all sides of the business. Her voiceover credits include Mattress Giant, American Gold and Silver Exchange, Hearts on Fire Diamonds, Charlotte Gold and Diamond and many more.*

**MUSIC BEGINNINGS**

This music class is designated for children ages 18 months to 3 years, each with an accompanying parent. The class meets once a week for a half hour and encourages singing, moving, listening, and playing instruments. **An additional \$5 material fee is payable to instructor at the first class.**

Instructor: Ching Liew  
 Fee: \$66 (+ materials fee)  
 Location: West Grove Park  
 3000.463 M 9/13-11/29 9:00 - 9:30 a.m.

Ages: 1½ - 3 yrs.  
 Length: 12 weeks  
 Min: 5 Max: 12

# RECREATIONAL CLASSES

**REGISTER NOW!!**

## BECOME SLENDER WITH HYPNOSIS

Using hypnosis to change the habits and behaviors that have led to weight problems is safe and comfortable. Many people find that by using the **natural** power of their own mind they are able to create **success** and **satisfaction** with surprising ease, without dieting or deprivation. An accompanying CD/cassette is recommended and available in class for \$13. Pillow/blanket/mat optional.

Instructor: Pamela J. Schmidt, M.S., C.C.H. Ages: Adult  
 Fee: \$46 Length: 4 weeks  
 Location: WCSB Room A/B Min: 8 Max: 20  
 4000.404 M 9/20-10/11 7:30-9:00 p.m.

## BECOME A NON-SMOKER WITH HYPNOSIS

If you are committed to claiming your **freedom** to be a nonsmoker, hypnosis is one of the easiest, most **natural** ways to accomplish this goal. Save your breath-and your money-and let the natural **power** of your own mind bring about this **success**. An accompanying CD is recommended and available in class for \$13. Pillow/blanket/mat optional.

Instructor: Pamela J. Schmidt, M.S., C.C.H. Ages: Adult  
 Fee: \$24 Length: 2 weeks  
 Location: WCSB Room A/B Min: 6 Max: 20  
 4000.405 M 10/25-11/1 7:30 - 9:00 p.m.

## ONLINE DRIVER'S EDUCATION

This is an interactive, online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. Receive DMV-approved Certificate of Completion (OL 237). A licensed instructor is available to answer any questions. Sign up for the month that you would like to begin the class. **Students must have access to the Internet to participate in the course. Students will be contacted with login information after registering for the class.**

Instructor: Erika Vieyra Ages: 15 +  
 Fee: \$49 Length: 24/7 daily access  
 Location: On-line  
 4000.406 W 9/1/10 Arranged after registering  
 4000.407 F 10/1/10 Arranged after registering  
 4000.408 M 11/1/10 Arranged after registering  
 4000.409 W 12/1/10 Arranged after registering

## CPR FOR ADULTS, INFANTS, AND CHILDREN

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children and infants, as well as, foreign object removal techniques for airways. You will receive your certification upon completion of the class. **A \$20 materials fee is payable to the instructor at class.**

Instructor: Jack Griswold Ages: 12 yrs. +  
 Fee: \$10 (+ materials fee) Length: 1 day  
 Location: WCSB Room A/B Min: 8 Max: 20  
 4000.410 Sa 9/18/10 8:00-11:00 a.m.  
 4000.411 Th 9/30/10 6:00-10:00 p.m.  
 4000.412 Sa 10/30/10 8:00-11:00 a.m.  
 4000.413 M 11/22/10 6:00-10:00 p.m.  
 4000.414 Sa 12/18/10 8:00-11:00 a.m.

## FIRST AID

Learn to respond to and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. **A \$20 materials fee is payable to the instructor at class.**

Instructor: Jack Griswold Ages: 12 yrs. +  
 Fee: \$10 (+ materials fee) Length: 1 day  
 Location: WCSB Room A/B Min: 8 Max: 20  
 4000.415 Sa 9/18/10 11:00 a.m.-2:00 p.m.  
 4000.416 Th 10/7/10 6:00-10:00 p.m.  
 4000.417 Sa 10/30/10 11:00 a.m.-2:00 p.m.  
 4000.418 M 11/29/10 6:00-10:00 p.m.  
 4000.419 Sa 12/18/10 11:00 a.m.-2:00 p.m.



## PUPPY KINDERGARTEN

### Start Your Pup Out on the Right Paw!

Establish good manners at an early age and make your new puppy a more enjoyable family member and better citizen of his community! Geared for young puppies between two and five months of age, course emphasizes socialization and introduces basic commands and walking on a leash. Various puppy care topics such as housebreaking, teething problems, health care pointers, etc. are discussed. Awards are presented at the last class. **Please do NOT bring puppies to the first, orientation meeting. Do bring vaccination records and \$5 insurance fee due to your instructor at first meeting.**

Instructor: Khara Knight  
 Hacienda Hills Dog Obedience Club  
 Ages: 10 yrs. to Adult (Handlers)  
 Dogs: 2-5 months  
 Location: H. Louis Lake Senior Center  
 (Between 9<sup>th</sup> & Euclid in Garden Grove)  
 4000.420 Sa 9/25-10/30\* 8:30-9:30 a.m.\*

(1<sup>st</sup> mtg. **orientation**, held inside w/out dogs, all other mtgs. with dogs on grass area adjacent to Senior Center)

## DOG OBEDIENCE TRAINING

Give your dog a new leash on life! This beginner-level course is open to all breeds of dogs over 5 months (larger breeds accepted at 4 months) Exercises will include the proper heel command, automatic sit, sit-stay and down-stay, stand for inspection, and come commands. Behavior problems such as destructive chewing, hole digging, and over-exuberance will also be addressed. Trophies and certificates will be awarded at graduation. **The first meeting will be an orientation, WITHOUT DOGS. Please bring vaccination records and \$5 insurance fee due to your instructor at first meeting.**

Instructor: Khara Knight  
 Hacienda Hills Dog Obedience Club  
 Dogs: 6 mos. + (lrg. dogs 4 mos.)  
 Ages: 10 yrs. to Adult (Handlers)  
 Location: H. Louis Lake Senior Center  
 (Between 9<sup>th</sup> & Euclid in Garden Grove)  
 4000.421 Sa 9/25-11/13\* 9:30-10:30 a.m.

\*(1<sup>st</sup> mtg. **orientation**, held inside w/out dogs, all other mtgs. with dogs on grass area adjacent to Senior Center)



## DOG MANNERS "CRASH COURSE"

A 4 week, fast-paced course designed for people who need to accomplish their dog training goals and get behavior problems under control within a limited period of time. Each week several new obedience skills will be introduced and preventative and corrective measures for a variety of bad habits will be discussed (e.g. sit, down on command, stay in sit or down position in presence of distractions, come when called, and controlled walking on a leash.) Pre-Register! You will be contacted regarding what to bring to the first lesson. **Dogs are brought to all meetings.** There will be a \$5 insurance fee due to your instructor at first meeting.

Instructor: Khara Knight  
 Hacienda Hills Dog Obedience Club  
 Ages: 10 yrs. to Adult (Handlers)  
 Dogs: 6 mos. + (lrg. dogs 4 mos.)  
 Location: Bolsa Chica Park  
 4000.422 Tu 10/5-10/26 6:00- 7:20 p.m.

## PRIVATE IN-HOME TRAINING for your DOG or PUPPY

Need help in canine communication, but prefer the convenience and privacy of your own home rather than a group setting? This one-on-one training course is for you! A professional trainer from Hacienda Hills Dog Obedience Club will meet with you for 3 one hour lessons, at a time convenient for you. Basic obedience commands and personalized help with correcting annoying bad habits like jumping on guests, nuisance barking, digging, chewing, escaping from the yard, housebreaking, etc. will be taught. You will be contacted to schedule your lessons after registering for the class.

Instructor: Khara Knight  
 Hacienda Hills Dog Obedience Staff  
 Length: 3(1 hr.) classes  
 Location: Registrant's Home  
 4000.423 TBD September-December, 2010 8:00 a.m.-8:00 p.m.

# RECREATIONAL CLASSES

**REGISTER NOW!!**

## FUN ON THE FARM

This is a preschool educational class that teaches young children about farm animals. We will visit each week with a different animal. Make a farm craft, sing songs with puppets and take a pony ride. Please wear closed toed shoes. No unregistered siblings. Parent participation is required! **There will be a \$20 material fee due to the instructor which includes crafts, grounds fee, horse pellets, carrots, and handouts.**

Instructor: Cheryl Skidmore & Staff      Ages: 3-6 yrs.  
 Fee: \$55 (+ materials fee)      Length: 4 weeks  
 Location: Rancho Del Rio Stables      Min: 5 Max: 15

4000.424	F	9/17-10/8	11:00 a.m.-12:00 p.m.
4000.425	F	10/15-11/5	11:00 a.m.-12:00 p.m.
4000.426	F	11/12-12/10*	11:00 a.m.-12:00 p.m.

\*No class on 11/26.



## HORSE FUN FOR PRESCHOOLERS

Bring your parent and learn together how to halter, groom, feed, lead, saddle and ride real live ponies and horses! Please wear closed toed shoes. No unregistered siblings. **There will be a \$20 material fee due to the instructor to cover grounds fee, horse pellets, carrots, and handouts.**

Instructor: Cheryl Skidmore & Staff      Ages: 3-6 yrs.  
 Fee: \$55 (+ materials fee)      Length: 4 weeks  
 Location: Rancho Del Rio Stables      Min: 5 Max: 15

4000.427	Sa	9/18-10/9	11:00 a.m.-12:00 p.m.
4000.428	Sa	10/16-11/6	11:00 a.m.-12:00 p.m.
4000.429	Sa	11/13-12/11*	11:00 a.m.-12:00 p.m.

\*No class 11/27.

## HORSE FUN FOR KIDS

Learn how to handle real life horses! We use gentle horses to teach our riders how to halter, lead, groom, feed, saddle, and ride! Prepares students for private lessons. **There will be a \$20 material fee due to the instructor which includes grounds fee, handouts, horse pellets, and carrots.** Visit [www.HaveFunWithHorses.com](http://www.HaveFunWithHorses.com) for more information.

Instructor: Cheryl Skidmore & Staff      Ages: 7-12 yrs.  
 Fee: \$55 (+ materials fee)      Length: 4 weeks  
 Location: Rancho Del Rio Stables      Min: 5 Max: 15

4000.430	Sa	9/18-10/9	12:00-1:00 p.m.
4000.431	Sa	10/16-11/9	12:00-1:00 p.m.
4000.432	Sa	11/13-12/11*	12:00-1:00 p.m.

\*No Class 11/27.

## HORSE FUN FOR ADULTS

Relive childhood dreams! Come to the ranch and learn to ride! We will teach you on gentle horses how to pick hooves, halter, lead, groom, saddle and basic ride. Prepares students for private lessons. **There will be a \$20 material fee due to the instructor which covers grounds fee, handouts, horse pellets, and carrots.**

Instructor: Cheryl Skidmore & Staff      Ages: 13 +  
 Fee: \$55 (+ materials fee)      Length: 4 weeks  
 Location: Rancho Del Rio Stables      Min: 5 Max: 15

4000.433	Sa	9/18-10/9	3:00-4:00 p.m.
4000.434	Sa	10/16-11/16	3:00-4:00 p.m.
4000.435	Sa	11/13-12/11*	3:00-4:00 p.m.

\*No class on 11/27.

## SPORTS AND FITNESS

### ADULT STRETCH & STRENGTHEN ~ NEW!

Let the leaves of tightness and tension blow into the garbage bag; collecting up all the unwanted debris as you fall into your new autumn exercise routine based on the yogic method. Bring a yoga sticky mat, and slip on shoes with socks. Do not eat a heavy breakfast or drink an hour before class.

Instructor: Karla Urquidez Ages: 30-60

Fee: \$85 Length: 4 weeks

Location: Westminster Mall Min: 2 Max: 20

Entrance to classroom located outside mall, next to Todai main mall entrance in room 2010.

5000.401	Sa	9/18-10/9	9:30-10:30 a.m.
5000.402	Sa	10/16-11/6	9:30-10:30 a.m.



### BALANCE & RELIEF YOGA

#### (Therapeutic Yoga) ~ NEW!

Regain and maintain balance. In this class, our focus is to regain and maintain balance through simple yoga movements. The other half of class we will do easy breathing, meditating, and relaxing movements to end the class completely relaxed. **There will be a \$5 material fee due to the instructor at the first class for handouts.**

Instructor: Athina Rosario Ages: 16+  
 Fee: \$65 (+ materials fee) Length: 6 weeks  
 Location: WCSB Room A/B Min: 5 Max: 40

5000.403	Tu	9/14-10/19	4:00-5:15 p.m.
5000.404	W	9/15-10/20*	8:30-10:00 a.m.
5000.405	Tu	11/2-12/7	4:00-5:15 p.m.
5000.406	W	11/3-12/8	8:30-10:00 a.m.

\*9/15 class held in Room A

### TAI CHI FOR HEALTH ~ NEW!

Find balance, rejuvenate the mind, and relax the body. Through 26 fluid basic movements you will learn to regain energy while learning a method to alleviate stress. This is not a religion or a martial art but a therapy to help rebalance energy in the body. **There will be a \$5 material fee due to the instructor at the first class for handouts.**

Instructor: Athina Rosario Ages: 16 +  
 Fee: \$63 (+ materials fee) Length: 6 weeks  
 Location: WCSB Room A/B Min: 5 Max: 40

5000.407	W	9/15-10/20*	10:00-11:00 a.m.
5000.408	W	11/3-12/8	10:00-11:00 a.m.

\*9/15 class held in Room A

### TAI CHI FOR SENIORS & CHAIR TAI-CHI ~ NEW!

Regain and maintain balance. Get energy. Relax and sleep better. Through 26 fluid basic movements, you will learn to gain energy while learning a method to alleviate stress. This class is designed for seniors. This class can be done while standing up or sitting down. **There will be a \$5 material fee due at the first class for handouts.**

Instructor: Athina Rosario Ages: 50+  
 Fee: \$63 (+ materials fee) Length: 6 weeks  
 Location: WCSB Room A/B Min: 5 Max: 15

5000.409	W	9/15-10/20	11:00 a.m.-12:00 p.m.
5000.410	W	11/3-12/8	11:00 a.m.-12:00 p.m.

### FOCUSED YOGA FOR KIDS, TEENS, & PARENTS~NEW!

Stress, it's everywhere. It's hard to calm the mind when there are so many distractions. In this class your children, teens (and you too!) will learn how to calm the mind at will through yoga movements, breathing, and meditation (no religious doctrine or martial art will be taught). **There will be a \$5 material fee due to the instructor at first class for handouts.**

Instructor: Athina Rosario Ages: 10+  
 Fee: \$63 (+ materials fee) Length: 6 weeks  
 Location: WCSB Room A/B Min: 5 Max: 40

5000.411	W	9/15-10/20	3:30-4:45 p.m.
5000.412	W	11/3-12/8	3:30-4:45 p.m.

# RECREATIONAL CLASSES

**REGISTER NOW!!**

## CALMING THE MIND (MEDITATION & RELAXATION) ~ NEW!

Do you find your mind racing? Do you need a break or some R&R? Learn to relax your mind through breathing, meditation, and relaxation techniques. This is not a form of religion but a class on easy practical tools to learn to de-stress. There will be a \$5 material fee due to the instructor at the first class for handouts.

Instructor: Athina Rosario  
 Fee: \$63 (+ materials fee)  
 Location: Westminster Mall  
 Entrance to classroom located outside mall, next to Today main mall entrance in room 2010.

5000.413	W	9/15-10/20	7:00-8:15 p.m.
5000.414	W	11/3-12/8	7:00-8:15 p.m.

## WOMEN'S SELF DEFENSE

The techniques taught are specifically designed for women to use in emergency situations and are both easy to learn and effective. Develop coordination, improve balance, and achieve total fitness while increasing self-confidence. Please bring a mouth piece, jump rope, small towel, water bottle, notebook and pen, and please wear a sports-bra with a t-shirt under an over-shirt – there is a lot of stretching and close contact with other students. Wear comfortable, loose fitting clothes and long training pants (no short pants please). Male students will need a cup. Optional for purchase at first class: Uniforms (\$40) or CIMA t-shirt w/ black martial arts pants (\$25), shin guards (\$10, highly recommended) and arm guards (\$10).

Instructor: John Merwin  
 Fee: \$60 or \$100 for a team of two (can be mixed gender)  
 Location: WCSB West Room  
 Ages: 15 yrs. +  
 Length: 6 weeks  
 Min: 2 Max: 20

5000.415	Tu	10/19-11/23	5:30-7:00 p.m.	(\$60 1 person)
5000.416	Tu	10/19-11/23	5:30-7:00 p.m.	(\$100 team of 2)

John Merwin served in the US Army for 20 years. He is a certified instructor with USA Taekwondo and has taught with Midway City for 6 years.



## KIDDIE KARATE

Learn basic techniques and principles emphasizing the three "C's": coordination, confidence, and concentration. Wear loose clothing. Parents should remain outside classroom.

Instructor: Gary Pitts  
 Fee: \$30  
 Location: WCSB East/West Room  
 Ages: 3-6 yrs.  
 Length: 4 weeks  
 Min: 8 Max: 28

5000.417	Th	9/16-10/7	5:00-5:30 p.m.
5000.418	Th	10/28-11/18	5:00-5:30 p.m.

## BEGINNING/ADVANCED KARATE

Continue to learn the art of self-defense. Improve coordination, confidence, respect, discipline, and sportsmanship. Progress from beginner to Black Belt under Masters 2000 Hall of Fame Inductee Gary Pitts in the Japan Federation Style, "Shito-Ryu". Parents should remain outside classroom.

Instructor: Gary Pitts  
 Fee: \$35  
 Location: WCSB East/West Room  
 Ages: 7-17 yrs.  
 Length: 4 weeks  
 Min: 6 Max: 28

5000.419	Th	9/16-10/7	5:30-6:00 p.m.
5000.420	Th	10/28-11/18	5:30-6:00 p.m.

## ADULT KARATE ~ NEW!

Learn the art of self-defense. Improve coordination, confidence, respect, discipline, and sportsmanship. Progress from beginner to Black Belt under Masters 2000 Hall of Fame Inductee Gary Pitts in the Japan Federation Style, "Shito-Ryu".

Instructor: Gary Pitts  
 Fee: \$45  
 Location: WCSB East/West Room  
 Ages: 18 +  
 Length: 4 weeks  
 Min: 6 Max: 28

5000.421	Th	9/16-10/7	6:15-7:00 p.m.
5000.422	Th	10/28-11/18	6:15-7:00 p.m.

## JUDO~JUST FOR KIDS

An introductory class that focuses on the way of Judo by building the child's skills physically, mentally, and spiritually. This pertains to tumbling and falling drills, basic judo techniques and terminology, and learning self discipline. Included in the techniques are Judo throwing and controlling techniques.

**Instructor:** Tu Nguyen  
**Fee:** \$85 2 days/week; \$100 3 days/week  
**Location:** WCSB Room A/B  
**Ages:** 5 - 11 yrs.  
**Length:** 5 weeks  
**Min:** 3 **Max:** 15

5000.423	Tu/W	9/14-10/13*	6:00-7:30 p.m.
5000.424	Tu/W/F	9/14-10/15*	6:00-7:30 p.m.
5000.425	Tu/W	10/19-11/17	6:00-7:30 p.m.
5000.426	Tu/W/F	10/19-11/19	6:00-7:30 p.m.
5000.427	Tu/W	11/23-12/22**	6:00-7:30 p.m.
5000.428	Tu/W/F	11/23-12/22**	6:00-7:30 p.m.

\*9/22 class held at WCSB West Room

\*\*No Class on Friday, 12/24

## COMPETITIVE JUDO~ BIG KIDS & ADULTS

This class is designed for all levels to learn the competitive aspects of Judo. This class focuses on training for a competition and the self defense aspects of Judo. Learn how to lose weight, increase your strength, quickness, coordination and flexibility while learning one of Japan's most prominent martial art! This class includes Judo throwing (tachi waza), choking (shime waza), and joint manipulation (kansetsu waza) techniques.

**Instructor:** Tu Nguyen  
**Fee:** \$100 2 days/week; \$120 3 days/week  
**Location:** WCSB Room A/B  
**Ages:** 12 yrs. +  
**Length:** 5 weeks  
**Min:** 3 **Max:** 15

5000.429	Tu/W	9/14-10/13*	7:00-8:30 p.m.
5000.430	Tu/W/F	9/14-10/15*	7:00-8:30 p.m.
5000.431	Tu/W	10/19-11/17	7:00-8:30 p.m.
5000.432	Tu/W/F	10/19-11/19	7:00-8:30 p.m.
5000.433	Tu/W	11/23-12/22**	7:00-8:30 p.m.
5000.434	Tu/W/F	11/23-12/22**	7:00-8:30 p.m.

\*9/22 class held at WCSB West Room

\*\*No Class on Friday, 12/24

Tu Nguyen's class went to a recent tournament and came home with 6 1<sup>st</sup> place trophies and one 2<sup>nd</sup> and one 3<sup>rd</sup> place! Way to go!



## SHORINJI KEMPO MARTIAL ARTS

Shorinji Kempo was developed as a martial art to teach people to be peaceful by helping individuals improve their minds, promote good health and develop an effective means of protecting themselves and if required to protect others. Rather than always focusing on physical strength, Shorinji Kempo martial arts also relies on improving the character of the person through the study of: Learning Japanese language, hard techniques, basics punches and kicks, soft techniques (basic escaping), acupuncture (study of pressure points), and philosophy towards humanity. There will be a \$20 material fee due to the instructor which includes a technique book and philosophy book. For questions please email Pakaj.Rastogi@panasonic.aero or call 714-585-2162 or 949-510-1569.

**Instructor:** Pankaj Rastogi & Mike Hagiwara & Robert Naito  
**Fee:** \$105  
**Location:** Carden Conservatory  
**Ages:** 6 +  
**Length:** 3 months  
**Min:** 1 **Max:** 35

5000.435	M & Th	9/13-12/13	6:30-7:30 p.m.	(Children Ages 6-12)
5000.436	M & Th	9/13-12/13	7:30-8:30 p.m.	(Adults Ages 13+)

## BASIC ROCK CLIMBING

Learn the fundamentals of rock climbing in this introductory course. Choose from 30 top-ropes and over 100 different routes for novice to advanced climbers. ClimbX will teach proper belay technique and the two knots associated with rock climbing. ClimbX provides all of the equipment along with a safe environment and knowledgeable staff. PLUS: A FREE MONTH MEMBERSHIP, INCLUDING EQUIPMENT, AT THE CONCLUSION OF THE CLASS.

**Instructor:** ClimbX Staff  
**Fee:** \$70  
**Location:** ClimbX Rock Gym  
**Ages:** 16+  
**Length:** 2 weeks  
**Min:** 2 **Max:** 20

5000.437	Tu	9/7-9/14	6:00-8:00 p.m.
5000.438	Th	10/7-10/14	6:00-8:00 p.m.
5000.439	Tu	11/2-11/9	6:00-8:00 p.m.

# RECREATIONAL CLASSES

**REGISTER NOW!!**

## MUAY THAI (KICKBOXING)

Intro to Muay Thai will teach basic kickboxing techniques, help improve confidence, create responsibility, quicker reflexes, coordination, and balance. Students will need to bring hand wraps and boxing gloves. Hand wraps and gloves will also be available for purchase.

Instructor: Adrian Bio, World Class MMA Boxing  
 Fee: \$65  
 Location: World Class MMA Boxing  
 Ages: 13-17 yrs.  
 Length: 4 weeks  
 Min: 4 Max: 10

5000.440	M-F	9/13-10/4	4:00-5:00 p.m.
5000.441	M-F	10/11-11/1	4:00-5:00 p.m.
5000.442	M-F	11/8-11/29	4:00-5:00 p.m.

## INTRO TO JIU JITSU

Intro to Jiu Jitsu will cover basic Jiu Jitsu submissions, sweeps, position and defense. The class will also cover basic judo/wrestling takedown and defense.

Instructor: Felipe Fogolin,  
 World Class MMA Boxing  
 Fee: \$65  
 Location: World Class MMA Boxing  
 Ages: 13-17 yrs.  
 Length: 4 weeks  
 Min: 4 Max: 10

5000.443	M/W/F	9/13-10/4	3:30-4:30 p.m.
5000.444	M/W/F	10/11-11/1	3:30-4:30 p.m.
5000.445	M/W/F	11/8-11/29	3:30-4:30 p.m.

## WCMB CARDIO/WEIGHT MANAGEMENT

This class will teach a combination of MMA techniques, conditioning and strengthening. Each student's progress will be monitored each week with body, weight, and BMI measurements. Everyone will receive an individualized diet. Students will need to bring 12 oz. gloves, 2 pieces of hand wraps and a diet journal. This class will meet 5-7 p.m. on Mondays, and 6-7 p.m. on Tuesdays and Wednesdays.

Instructor: Lidia McCarter,  
 World Class MMA Boxing  
 Fee: \$65  
 Location: World Class MMA Boxing  
 Ages: 17+ yrs.  
 Length: 4 weeks  
 Min: 4 Max: 10

5000.446	M/Tu/W	9/13-10/4	
	M: 5:00-7:00 p.m.		
	Tu: 6:00-7:00 p.m.		
	W: 6:00-7:00 p.m.		
5000.447	M/Tu/W	10/11-11/1	
	M: 5:00-7:00 p.m.		
	Tu: 6:00-7:00 p.m.		
	W: 6:00-7:00 p.m.		
5000.448	M/Tu/W	11/8-11/29	
	M: 5:00-7:00 p.m.		
	Tu: 6:00-7:00 p.m.		
	W: 6:00-7:00 p.m.		

"I really like this class, it really makes me work out, the instructor motivates each student and there is always something new to learn" –Student, Spring 2010

## O.C. ELITE CHEER & TUMBLING Ages 5-10

Join Orange County's National Award winning competitive cheer and tumbling organization! Beginning through intermediate levels will learn the correct fundamentals of tumbling, cheerleading, dance, and stunting while increasing flexibility, strength, self-confidence, self-motivation, perseverance, and teamwork skills. Participants will be required to purchase uniforms for competitions (approximately \$250); however, fund-raising opportunities will be available to help defray the cost. No experience necessary.

Instructor: Brooke McComb & Staff  
 Fee: \$40 (+ uniform cost)  
 Location: WCSB East/West Room  
 Ages: 5-10 yrs.  
 Length: 4 weeks  
 Min: 6 Max: 25

5000.449	M	9/13-10/4	5:00-5:45 p.m.
5000.450	M	10/11-11/1	5:00-5:45 p.m.
5000.451	M	11/8-11/29	5:00-5:45 p.m.



## O.C. ELITE CHEER & TUMBLING Ages 11-15

Join Orange County's National Award winning competitive cheer and tumbling organization! Beginning through advanced levels will learn the correct fundamentals of tumbling, cheerleading, dance, and stunting while increasing flexibility, strength, self-confidence, self-motivation, perseverance, and teamwork skills. Participants will be required to purchase uniforms for competitions (approximately \$250); however, fundraising opportunities will be available to help defray the cost.

Instructor: Brooke McComb & Staff  
 Fee: \$50 (+ uniform cost)  
 Location: WCSB East/West Room  
 Ages: 11-15 yrs.  
 Length: 4 weeks  
 Min: 6 Max: 25

5000.452	M	9/13-10/4	5:45-7:15 p.m.
5000.453	M	10/11-11/1	5:45-7:15 p.m.
5000.454	M	11/8-11/29	5:45-7:15 p.m.

## GYMNASTICS - PARENT-N-ME

Parents will assist and encourage their children as they learn the basic skills of gymnastics by jumping, skipping, hopping, rolling, kicking, balancing and swinging their way to a fun time in class. This is a teacher directed with parent assisted class. EARLY REGISTRATION IS ENCOURAGED!

Instructor: New Hope Gymnastics Staff Ages: 2-3 yrs. +Parents  
Fee: \$89 Length: 8 weeks

Location: New Hope Academy Gymnastics Min: 3 Max: 8

5000.455	M	9/13-11/1	5:30-6:30 p.m.
5000.456	W	9/15-11/3	6:30-7:30 p.m.
5000.457	Tu or Th*	9/14-11/4	10:30-11:30 a.m.
5000.458	Sa	9/18-11/6	9:30-10:30 a.m.

\*Students can take the class on either Tuesdays or Thursdays.

## GYMNASTICS - INTRO FOR GIRLS

Girls will work on the basic skills to gain strength and flexibility so as to become proficient on all events; vault, bars, beam, floor, and trampoline. They will also use the 'pit' and rope. EARLY REGISTRATION IS ENCOURAGED!

Instructor: New Hope Gymnastics Staff Ages: 5-12 yrs.  
Fee: \$119 Length: 8 weeks

Location: New Hope Academy Gymnastics Min: 3 Max: 8

5000.459	M or W*	9/13-11/3	5:00-6:30 p.m.	(Age 5-8)
5000.460	Th or F**	9/16-11/6	3:30-5:00 p.m.	(Age 5-8)
5000.461	Sa	9/18-11/6	9:00-10:30 a.m.	(Age 5-8)
5000.462	Sa	9/18-11/6	10:30 a.m.-12:00 p.m.	(Age 8-12)

\*Students can take the class on either Mondays or Wednesdays.

\*\*Students can take the class on either Thursdays or Fridays.

## GYMNASTICS - LEVEL 1 BOYS

This class will introduce all six events: Floor, vault, high bar, pommel horse, rings, and parallel bars. Strength and flexibility will be gained as students learn the basic skills and have fun jumping on the trampoline and playing in the pit! EARLY REGISTRATION IS ENCOURAGED!

Instructor: New Hope Gymnastics Staff Ages: 5-12 yrs.  
Fee: \$119 Length: 8 weeks

Location: New Hope Academy Gymnastics Min: 3 Max: 8

5000.463	M	9/13-11/1	3:30-5:00 p.m.	(Age 5-8)
5000.464	M	9/13-11/1	5:00-6:30 p.m.	(Age 8-12)

## GYMNASTICS - BEGINNING CO-ED

Classes will introduce students to the vault, bars, beam, floor, and trampoline with free time in the 'pit'. Classes are designed to enhance the students confidence as they gain strength, flexibility, and coordination.

Instructor: New Hope Gymnastics Staff Ages: 3-5 yrs.  
Fee: \$89 Length: 8 weeks

Location: New Hope Academy Gymnastics Min: 3 Max: 8

5000.465	M	9/13-11/1	9:00-10:00 a.m.	(Age 3-4)
5000.466	Tu	9/14-11/2	9:30-10:30 a.m.	(Age 3-4)
5000.467	W	9/15-11/3	9:00-10:00 a.m.	(Age 3-4)
5000.468	M	9/13-11/1	6:30-7:30 p.m.	(Age 3-4)
5000.469	M or W*	9/13-11/3	11:00 a.m.-12:00 p.m.	(Age 4-5)
5000.470	Tu or Th**	9/14-11/4	11:30-12:30 p.m.	(Age 4-5)
5000.471	Th	9/16-11/4	4:00-5:00 p.m.	(Age 4-5)

\*Students can take the class on either Mondays or Wednesdays.

\*\*Students can take the class on either Thursdays or Fridays.



## GYMNASTICS - PARENT-N-ME PLAYTIME

Be a kid yourself as you roll, tumble, and bounce with your child in a safe and fun environment. Open gym style class. Adults must be within arm's length from their child.

Instructor: New Hope Gymnastics Staff Ages: 2-10 + parents  
Fee: \$64 Length: 8 weeks

Location: New Hope Academy Gymnastics Min: 3 Max: 10

5000.472	M or W*	9/13-11/3	10:00-11:00 a.m.
5000.473	Th	9/16-11/4	9:30-10:30 a.m.

\*Students can take the class on either Mondays or Wednesdays.

# RECREATIONAL CLASSES

**REGISTER NOW!!**

## PARENT & ME ICE SKATING

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent and one child per class. Includes skate rental, 30-minute lesson, free practice on the day of class (3:10-4:40 p.m. for Tuesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1<sup>st</sup> class and dress warm.**

Instructor: Westminster Ice Arena Staff		Ages: 3-5 yrs.	
Fee: \$35		Length: 4 weeks	
Location: Westminster ICE		Min: 3 Max: 8	
5000.474	Tu	9/28-10/19	4:10-4:40 p.m.
5000.475	Sa	10/2-10/23	10:45-11:15 a.m.
5000.476	Tu	10/26-11/16	4:10-4:40 p.m.
5000.477	Sa	10/30-11/20	10:45-11:15 a.m.

## ICE SKATING FOR TOTS

Join the fun at Westminster ICE! Beginning ice skating made fun and easy. Learn to march, glide, fall down and get up properly. Includes skate rental, 30-minute lesson, free practice on day of class (3:10-4:40 p.m. for Wednesday class and 12:00-2:00 pm. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1<sup>st</sup> class and dress warm.**

Instructor: Westminster Ice Arena Staff		Ages: 3-5 yrs.	
Fee: \$35		Length: 4 weeks	
Location: Westminster ICE		Min: 3 Max: 8	
5000.478	W	9/29-10/20	5:00-5:30 p.m.
5000.479	Sa	10/2-10/23	10:45-11:15 a.m.
5000.480	W	10/27-11/17	5:00-5:30 p.m.
5000.481	Sa	10/30-11/20	10:45-11:15 a.m.

## BEGINNING ICE SKATING

Catch the Olympic spirit! Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on day of class (3:10-4:40 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1<sup>st</sup> class and dress warm.**

Instructor: Westminster Ice Arena Staff		Ages: 6-16 yrs.	
Fee: \$35		Length: 4 weeks	
Location: Westminster ICE		Min: 3 Max: 12	
5000.482	W	9/29-10/20	5:00-5:30 p.m.
5000.483	Sa	10/2-10/23	11:15-11:45 a.m.
5000.484	W	10/27-11/17	5:00-5:30 p.m.
5000.485	Sa	10/30-11/20	11:15-11:45 a.m.

## BEGINNING ICE SKATING FOR ADULTS

Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on day of class (7:15-8:15 p.m.), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1<sup>st</sup> class and dress warm.**

Instructor: Westminster Ice Arena Staff		Ages: 17 +	
Fee: \$35		Length: 4 weeks	
Location: Westminster ICE		Min: 3 Max: 12	
5000.486	W	9/29-10/20	6:45-7:15 p.m.
5000.487	W	10/27-11/17	6:45-7:15 p.m.

## ICE HOCKEY SKATING SKILLS

Want to play hockey but don't know where to start? Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class (3:10-4:40 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1<sup>st</sup> class and dress warm.**

Instructor: Westminster Ice Arena Staff		Ages: 6-16 yrs.	
Fee: \$35		Length: 4 weeks	
Location: Westminster ICE		Min: 3 Max: 12	
5000.488	W	9/29-10/20	5:30-6:00 p.m.
5000.489	Sa	10/2-10/23	10:45-11:15 a.m.
5000.490	W	10/27-11/17	5:30-6:00 p.m.
5000.491	Sa	10/30-11/20	10:45-11:15 a.m.



## TENNIS



### TINY TOT TENNIS

Introduce your little one to a great sport taught by Becky Recavarren, a member of the United States Professional Tennis Association. Her half hour class focuses on general motor skills development. A racquet and one unopened can of tennis balls are required.

<i>Instructor: Becky Recavarren, USPTA</i>		<i>Ages: 4-7 yrs.</i>	
<i>Fee: \$33</i>		<i>Length: 5 weeks</i>	
<i>Location: Park West Park</i>		<i>Min: 6 Max: 15</i>	
6000.401	Tu	9/7-10/5	4:00-4:30 p.m.
6000.402	W	9/8-10/6	4:00-4:30 p.m.
6000.403	Th	9/9-10/7	3:30-4:00 p.m.
6000.404	Tu	10/19-11/16	4:00-4:30 p.m.
6000.405	W	10/20-11/17	4:00-4:30 p.m.
6000.406	Th	10/21-11/18	3:30-4:00 p.m.

### BEGINNING JUNIORS

Taught by Becky Recavarren, a member of the United States Professional Tennis Association, your junior tennis star will learn the basics while at the same time develop a lifetime enjoyment for the sport. A racquet and one unopened can of tennis balls are required.

<i>Instructor: Becky Recavarren, USPTA</i>		<i>Ages: 7-15 yrs.</i>	
<i>Fee: \$53</i>		<i>Length: 5 weeks</i>	
<i>Location: Park West Park</i>		<i>Min: 6 Max: 15</i>	
6000.407	Tu	9/7-10/5	4:30-5:30 p.m.
6000.408	W	9/8-10/6	4:30-5:30 p.m.
6000.409	Sa	9/11-10/9	8:00-9:00 a.m.
6000.410	Tu	10/19-11/16	4:30-5:30 p.m.
6000.411	W	10/20-11/17	4:30-5:30 p.m.
6000.412	Sa	10/23-11/20	8:00-9:00 a.m.

### INTERMEDIATE/ADVANCED JUNIORS

Becky Recavarren, a member of the United States Professional Tennis Association, will guide your developing junior tennis player through this course which covers more advanced strokes and scoring, including drills and actual playing. A racquet and one unopened can of tennis balls are required.

<i>Instructor: Becky Recavarren, USPTA</i>		<i>Ages: 7-15 yrs.</i>	
<i>Fee: \$53</i>		<i>Length: 5 weeks</i>	
<i>Location: Park West Park</i>		<i>Min: 6 Max: 15</i>	
6000.413	Tu	9/7-10/5	5:30-6:30 p.m.
6000.414	W	9/8-10/6	5:30-6:30 p.m.
6000.415	Tu	10/19-11/16	5:30-6:30 p.m.
6000.416	W	10/20-11/17	5:30-6:30 p.m.

### BEGINNING/INTERMEDIATE ADULTS

Becky Recavarren has the skills needed to help you begin or resume your adult tennis interest. This course covers strokes and scoring, including drills, serving, forehand, backhand, and volleys. A racquet and one unopened can of tennis balls are required.

<i>Instructor: Becky Recavarren, USPTA</i>		<i>Ages: 16 yrs. to Adult</i>	
<i>Fee: \$53</i>		<i>Length: 5 weeks</i>	
<i>Location: Park West Park</i>		<i>Min: 6 Max: 15</i>	
6000.417	Tu	9/7-10/5	6:30-7:30 p.m.
6000.418	Sa	9/11-10/9	9:00-10:00 a.m.
6000.419	Tu	10/19-11/16	6:30-7:30 p.m.
6000.420	Sa	10/23-11/20	9:00-10:00 a.m.

### INTERMEDIATE/ADVANCED JR. TOURNAMENT PLAY

Instructor permission required for this class. Juniors will play match-play specific games, along with playing matches.

<i>Instructor: Becky Recavarren, USPTA</i>		<i>Ages: 10-16 yrs.</i>	
<i>Fee: \$53</i>		<i>Length: 5 weeks</i>	
<i>Location: Park West Park</i>		<i>Min: 6 Max: 15</i>	
6000.421*	Th	9/9-10/7	4:00-5:15 p.m.
6000.422*	Th	10/21-11/18	4:00-5:15 p.m.

*\*Instructor Permission Only*

*"Coach is gifted at teaching kids of all levels. Makes the kids love the sport." – Coreen Correa, Parent.*

### Cultural Arts Commission

Miriam Aguilares, Chairperson  
 Mimi Lozano Holtzman  
 Larry Luera  
 Gloria Reyes  
 Ginger Waugh-Borden, Alternate  
 Nhi Van Ho, Alternate  
 Loretta Krippner, Alternate  
 Linh Nguyen, Alternate  
 Peter Nguyen, Alternate

**BLAKEY HISTORICAL PARK & MUSEUM** - Call Joy L. Neugebauer at (714) 891-2597. Blakey Park is located at 8612 Westminster Blvd., just east of Newland Street. The museum and park feature a variety of displays depicting the everyday life of persons living here during the late 19th and early 20th centuries. The Westminster Historical Society operates the park, with museum hours on the first Sunday afternoon of the month from 1:00 to 4:00 p.m. For guided tours, special arrangements can be made to accommodate your group. Students of all ages are welcome to do research at the Museum. If you would like to become a member and help preserve our common heritage for future generations, drop by the Museum or call the number listed above.

**LAS TAPATIAS FOLKLORIC DANCERS** - Call Julia Martinez at (714) 893-2784. Audiences enjoy Las Tapatias' colorful costumes and spirited Mexican dances. All ages participate. Children begin dancing at an early age, but adult performers are also welcome. Las Tapatias rehearses at the Westminster Community Services & Recreation Building, Craft Room on Wednesdays at 7:00 p.m. Call to join the group, attend a performance, or to schedule them to entertain for your event.

**VIETNAMESE CULTURAL PROGRAMS** - Call Professor Chau Van Nguyen, Program Director, at (714) 531-4907, or (714) 240-0475 (cell). Traditional Vietnamese music, song and dance are performed by multi-talented Vietnamese artists. Musicians who perform on traditional instruments, such as the monostring, two-string fiddle, bamboo flute, and other instruments, are available to entertain along with the colorful drum dancers, dragon dancers, youth, and adult choirs.

**WESTMINSTER CHORALE** - Call Robert Munn at (714) 894-5644 or (714) 496-5607. The Chorale performs a variety of music that includes patriotic, show tunes, religious, country western, jazz, and operettas. Rehearsals are held weekly on Mondays at 7:00 p.m. in the Senior Center dining room, Civic Center, 8200 Westminster Blvd. Call to find out how you can book this dynamic chorale for your event or ask about performance dates.

**WESTMINSTER COMMUNITY THEATER** - Call Rhonda at (714) 527-5546. The theater is located at 7272 Maple Street. WCT has been entertaining local audiences with live theater for over 30 years. Productions feature fine family entertainment with comedies, musicals, and plays each season. Phone Rhonda for tickets or current show information.

**NICHOLSON PIPES & DRUMS** - Call Malcolm Willis at (714) 891-9445 and ask the operator to page him. This award-winning Scottish bagpipe band marches in parades, plays at a variety of special events, holds annual concerts, takes part in regional and national competitions, and is available for bookings at any private party or public event. New musicians are welcomed into the group and quickly become part of this fantastic band. Just call Malcolm for current information on bookings, rehearsals, lessons, and performances.

**ORANGE COUNTY CHILDREN'S THEATER** - Call (714) 502-2244. This group of talented young actors, singers, dancers, and their parents has been active in the Southland area for more than 20 years. This theater organization is *for children, by children*, and is open to all young people ages 5 through 18. *Parent involvement is required.* Call now to get on their mailing list so you will not miss productions or auditions.

**ORANGE COUNTY ROSE SOCIETY** - Call Tom Cooney at (949) 362-2710 or visit our website at <http://www.websight-stech.com/ocrs/>. Join this group of rose lovers and increase your knowledge of growing roses in your garden. The Orange County Rose Society (OCRS) is a group of people who grow and enjoy roses and is dedicated to fostering the enjoyment, enhancement, and education of the rose. OCRS is affiliated with the American Rose Society. OCRS holds monthly meetings on the first Thursday of each month, except for July and August. Monthly meetings include educational presentations on the care of roses. You'll also have access to have your questions answered by American Rose Society certified Consulting Rosarians.

**ROSE CENTER FOUNDATION** - The Rose Center Foundation is a non-profit organization that administratively operates the beautiful, new, 419 seat Rose Center Theater located within the Westminster Rose Center at 14140 All American Way. State-of-the-art performances are



held in the theater throughout the year. To contact the Rose Center for information please call Mayor Margie L. Rice at: 714-548-3183 or 714-893-1732. For event and ticket information, please call the theater Box Office at 714-793-1150. [www.rosecentertheater.com](http://www.rosecentertheater.com)

**WESTMINSTER TOASTMASTERS** - Call William "Bill" or Carol Ostashay at (714) 897-2737. Join this group of orators and become a professional speaker. Whether already a skilled professional, a leader-in-training, or even a parent who wants to improve his/her speaking skills, this organization can help you learn how to relax, plan, and present your ideas more professionally. A member organization of Toastmasters International, members compete and perform at various functions.

**COMMISSION ON AGING**

Vince Agor, Chairperson  
 Nora Barajas  
 Phil Hodgetts  
 Vince Petronzio  
 Ginger Waugh-Borden  
 Irwin Vysma, Alternate

The Westminster Senior Center is a focal point for seniors, offering an array of services and activities. Listed below are the types of services offered. If you desire additional information, please call the Senior Center at (714) 895-2878, Monday – Thursday, 7:30 a.m. – 5:30 p.m., and Fridays 7:30 a.m. – 4:30 p.m., and alternate Fridays 8:00 a.m. – 1:00 p.m.

**SERVICES**

The Westminster Senior Center offers a variety of services such as:

- Blood Pressure Testing
- Commodities Distribution
- Home Meals
- Information and Referrals
- Free Legal Services
- Westminster on Wheels (WOW) Shuttle
- Health Screening
- Westminster on Wheels (WOW) Van Transportation
- H.I.C.A.P (Health Insurance Counseling and Advocacy Program)

*For more information on any of these services, please visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov), go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.*

**SENIOR FITNESS**

Join one of the following weekly exercise classes, designed specifically for older adults.

Adult Fitness	Monday	10:00 a.m.
Adult Fitness	Tuesday & Wednesday	10:00 a.m.
Beg. Adult Fitness	Tuesday & Thursday	12:30 p.m.
Balance & Mobility	Tuesday & Thursday	8:45 a.m.
Longevity Stick	Monday & Thursday	9:00 a.m.
Tai Chi	Friday	9:00 a.m.

The following classes are fee-based and require advanced registration through Huntington Beach Adult School. Please call 714-901-8106 ext. 4405 for registration information:

Intro to Dance Aerobics	Monday	1:00 p.m.
Dance Aerobics 2	Thursday	9:00 a.m.
Dance Aerobics 2/3	Thursday	3:00 p.m.
Dance Aerobics 3	Thursday	10:30 a.m.
Dance Aerobics 4	Tuesday & Thursday	12:45 p.m.

**Adult Public Health Nursing Services (APHNS)**

These short seminars are held on Wednesdays at 11:00 a.m. They are free & informative.

<b>October 6</b>	<b>Healthy Eating</b>
<b>November 3</b>	<b>Osteoporosis</b>
<b>December 1</b>	<b>Depression</b>

**Diabetes Education and Support Group (APHNS)**

Facilitated by Jane Hannah, R.N., certified diabetes educator. The group meets the 3<sup>rd</sup> Wednesday of each month from 12:30 p.m. to 2:00 p.m. Everyone is welcome to attend. Current topics to be discussed are:

<b>October 20</b>	<b>Holiday Meal Planning</b>
<b>November 17</b>	<b>Blood Glucose</b>
<b>December 15</b>	<b>Diabetes Burnout</b>

**Living well with an ongoing chronic illness**

Series of Diabetes Talks: September 8, 15, 22, 29  
 9:00-11:30 a.m.

# ACTIVITIES FOR SENIORS

**REGISTER  
NOW!!**

## PROGRAMS & CLASSES

### DAILY DINING

Try our hot meals offered Monday through Friday in our Senior Center Dining Room. If you are 60 years or older (or married to someone who is), the suggested donation is only \$2.50 for the hot lunch. No reservation is necessary, but come early to assure a place! Serving time is 11:45 a.m. Pick up a "Senior Spotlight" for only 50 cents at the Senior Center for the month's menu, which is also on the city's website.

### SAFETY DRIVING PROGRAM

This AARP sponsored refresher course for drivers is taught by a trained instructor. Class meets for 8 hours over a 2-day period, from 8:30 a.m. to 12:30 p.m.. **The fee is \$12 per person if you are a member of AARP and \$14 per person if you are not a member.** Registration is required. Please make checks payable to AARP. Classes will be held on the following dates:

October 7 and 8  
December 2 and 3

### We Offer Many More Senior Programs & Classes Such As:

- Crocheting and Knitting
- Balance & Mobility
- Bridge Club
- Mah Jongg
- Longevity Stick
- Dinner Group
- Chess Club
- Sudoku

For more information on any of these programs, please visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov), go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

### FREE MOVIE FRIDAYS!

Every Friday at 9:15 a.m. a movie is shown. There is no charge for the screening. The "Senior Spotlight" lists the movies monthly.

### WESTMINSTER SENIOR CENTER FOUNDATION

The Westminster Senior Center Foundation (WSCF) was incorporated in December 2002. The Foundation's mission is "To engage in charitable activities and to assist (both financially and otherwise) the Westminster Senior Center and its programs."

The major fundraiser held to fulfill this mission is the Foundation's annual Senior Health Expo providing seniors access to health screenings, insurance and physician information, financial information, and other facts and fun. Proceeds from the Expos help support numerous Senior Center programs.

### TRIPS AND EXCURSIONS

Call the Senior Center or stop by for specific trip details. Day trips and overnight trips are offered. Prices for overnight trips are based on double occupancy. A few single rooms may be available at a higher rate. Note: Prices on all excursions are approximate and may vary. Trips fill quickly. Sign up early at the Reception Desk to reserve your spot

The following excursions are being planned for your enjoyment:

Del Mar Horse Races with Lunch	Sept. 2	\$59
Laughlin-Riverside Luau*	Sept. 14-16	\$89/double \$109/single
Winemaker for a Day	Oct. 6	\$72
Pechanga	Oct. 26	\$15
Stateline-Buffalo Bills	Nov. 8-9	\$49/double \$67/single
Palm Springs Follies	Dec. 1	\$77
Laughlin-Riverside Christmas*	Dec. 5-7	\$89/double \$109/single

\*wait list only

### VOLUNTEERS ARE NEEDED!

If you are interested in volunteering, please call Claire Hutchinson at (714) 895-2878.

### FALL SILENT AUCTION

November 16, 17, and 18  
Final bell rings at 1 p.m. on November 18

**WESTMINSTER YOUTH COMMITTEE**

The Westminster Youth Committee addresses the needs of the City’s young people through volunteering, while promoting a sense of civic pride. Organizing and implementing youth-focused programs and volunteering their time to established city programs and events, the current members offer unique and diversified perspectives.

For more information on the Westminster Youth Committee, please visit the City’s website at [www.westminster-ca.gov](http://www.westminster-ca.gov), or call the Community Services and Recreation Department at 714.895.2860. And be sure to check us out on Facebook.



**CALIFORNIA FRIENDLY LANDSCAPE TRAINING PROGRAM**

This training covers the basics of landscape design and is offered as either a four-part series, or a four-hour condensed mini-class. California native and California Friendly plants are featured. The four topics covered are:

- Basic Landscape Design
- Landscape Sprinkler Systems
- Landscape Plants
- Landscape Watering & Fertilizing

Contact Beth Fahl from the Municipal Water District of Orange County at 714-593-5015 for details, or visit <http://www.mwdoc.com/services/ca-friendly>

Water Conservation Ordinance No. 2449 adopted last May 2009 outlines the permanent water restrictions below.

- No outdoor watering between the hours:  
9 a.m. – 5 p.m. October - May  
8 a.m. – 6 p.m. June – September
- Water no longer than 15 minutes per irrigation station per day
- No excessive water run-off
- No washing down hard or paved surfaces
- Fix water leaks within 7 days
- Decorative water features must use re-circulating water
- When washing vehicles must use self-closing positive shut-off nozzle on garden hose
- Restaurants are required to serve water upon request only
- Hotels and motels are required to provide guests option to decline daily linen service
- Commercial car washes and laundries are required to use re-circulating water systems
- Restaurants are required to use water conserving pre-rinse spray valves

The Water Division is available to help you save water at home and at work. Call 714 548-3690 to schedule a water audit. Check out <http://www.mwdoc.com/services/incen-tives> to get information about water saving appliances.

**Water Conservation Garden**

Check out Westminster’s Water Conservation Garden at 6312



**California Ave!** Over 20 species of drought tolerant California friendly and native plants, trees, and turf are on display. Local nurseries were used to provide plants and signs are posted to identify the species and costs.

This garden is open to the public to view California’s native and friendly plants as they grow from newly planted to mature and flowering during the seasons.

It’s easy and inexpensive to create a beautiful low-water garden of your own!

# Support your City

**Shop Local  
Shop Westminister-  
It makes Sense!**

*Every time you shop in Westminister, one cent of every dollar you spend goes straight to your city's public services including your Police Department! Why spend your dollars anywhere else?*



1. **Protect Local Character and Prosperity**—Westminister is unlike any other city in the world. By choosing to support locally owned businesses, you help maintain Westminister's diversity and authenticity.
2. **Community Well-Being**—Locally owned businesses build strong neighborhoods by sustaining communities, linking neighbors, and by contributing more to local causes.
3. **Local Decision Making**—Local ownership means that important decisions are made locally by people who live in the community and who will feel the impacts of those decisions.
4. **Keeping Dollars in the Local Economy**—Your dollars spent in locally-owned businesses have three times the impact on your community as dollars spent at national chains. When shopping locally, you simultaneously create jobs, fund more city services through sales tax, invest in neighborhood improvement and promote community development.
5. **Entrepreneurship**—Entrepreneurship fuels Westminister's economic innovation and prosperity, and serves as a key means to upward mobility. Locally owned businesses also create more jobs locally and, provide better wages.

**Next time you buy a car, a television, or bag of groceries, make sure you do it in Westminister.**

## WESTMINSTER BRANCH LIBRARY

8180 13th Street, Westminster, CA 92683  
(714) 893-5057

HOURS: Monday-Thursday 10:00 a.m.-9:00 p.m.  
Friday and Saturday- 10:00 a.m.-5:00 p.m.  
Sunday- 12:00-5:00 p.m.

### Children's Programs

Storytime resumes from Summer break on Wednesday, September 8, 2010. Throughout the whole year we host **Preschool Storytime** every Wednesday at 10:30 am, **Toddler Storytime** every Wednesday at 11:00 am, and **Family Storytime** every Saturday at 10:30 am. Storytimes give children and families an opportunity to enjoy stories, songs, and crafts to help your child develop a love of books and reading! In addition to regularly scheduled storytimes, the library offers **free homework help** during the school year. If your child needs help with homework or a research project, come to the Information Desk to ask about the Homework Help schedule. Don't forget on your visit to the library to apply for a free library card. Library cards enable you to use Internet computers and check out materials for free! Contact the Children's Librarian, Anna, for more information on programs.

### Teen Programs

We have great teen events all year long, such as Craft Afternoons, **Movie Nights**, and **SAT Preparation**. There are many Teen Volunteer Opportunities at the library! We are always looking for Volunteers and Homework Helpers, so sign up at the library and get started. Check the events calendar on the library website, <http://www.ocpl.org/>, or call (714) 893-5057 for more information on Teen programs.

### Adult Programs

The Westminster Public Library will be offering free **Beginner's Computer Classes** starting in late Fall. Classes will cover topics like, how to use the Internet and, how to set up an email account. These classes are designed for the user with little or no computer experience. Visit the library to find out the schedule and to sign up.

The **Westminster Branch Book Club** meets on the third Tuesday of each month at 10:30 am. If you are interested in joining our friendly group, please feel free to stop in. To get started, just stop by the library to pick up your copy of the monthly selection. **All are welcome!**

## Westminster Friends of the Library Used Bookstore

The Friends Bookstore is always looking for volunteers to help out. Please call: (714) 898-4245. We accept all kinds of donations including: books, magazines, records, CDs, DVDs, videos, books on CD and textbooks. Please drop by and visit us in the back of the library as you enter from the parking lot. All our items are priced reasonably and we are able to supplement the library's income by buying new books, magazines, computers, furniture and books on CD. We also fund the children's & teen Summer Reading Programs and programs throughout the year.

*Rose Parade  
Excursion*

**Saturday, January 1, 2011**  
**6:00 a.m. - 2:00 p.m.**  
**\$80.00**

*Reservations are available on a limited, first come, first served basis. For more details, please call the Westminster Community Services Department at (714) 895-2860 or register online at [www.activenet.activa.com/westminster](http://www.activenet.activa.com/westminster)*

## PARENT PARTICIPATION PRE-SCHOOL

### Westminster Nursery School

(714-893-7979) [www.ccppns.org/wns](http://www.ccppns.org/wns)

Location: Bolsa Chica Park, 13660 University Ave

[westminsternurseryschool@hotmail.com](mailto:westminsternurseryschool@hotmail.com)

Westminster Nursery School is a **parent-participation pre-school**.

Open House: Sept. 8, 2010 Wednesday, 10am-noon

Open enrollment throughout year and advance registration for Fall 2010.

Programs offered are:

Pre-K (Mon/Wed/Fri 9am-noon)

Must be 4 by December 2nd

Registration: \$80

Monthly: \$130

2-day (Tue/Thur 9am-noon)

Must be 3 by December 2nd

Registration: \$80

Monthly: \$90

Parent & Me (Thur: 12:30-1:30 pm)

Must be 2

Registration: \$25

Monthly: \$20

## Westminster School District Child Care Services

### Land School

Pre-school services are offered at Land School. The child care program is from 6:00 a.m.-6:00 p.m., Monday - Friday. Children from 3-5 years are welcome, but they must be potty-trained. The cost varies based on the number of days and times care is needed. For more information, please call Land School at 898-8389.

The following schools in the Westminster School District offer child care services from 6:00 a.m. to 6:00 p.m.: Clegg, DeMille (no morning care), Eastwood, Finley, Fryberger, Hayden, Meairs, Sequoia, Schmitt (no morning care), and Schroeder.

Fees vary based on the type of care needed. Please contact Westminster School District Child Development Programs office at 898-8389 for more detailed information.



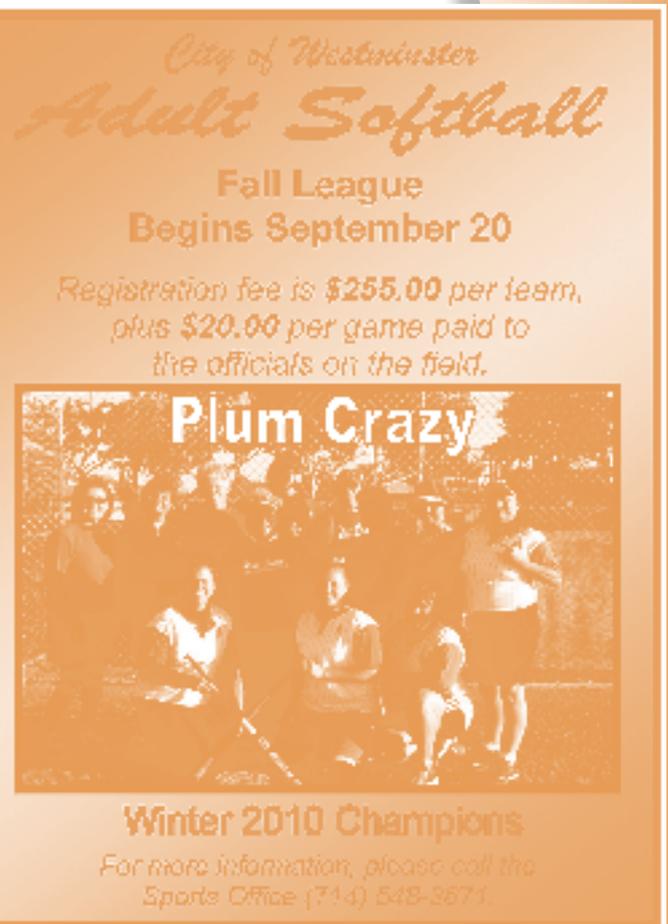
THE CITY OF WESTMINSTER &  
THE WESTMINSTER CITY COUNCIL  
INVITE YOU TO THE

**Holiday Tree Lighting Ceremony  
and Community Sing**

Join Us On  
MONDAY, DECEMBER 6, 2010 AT 6:00 P.M.  
CIVIC CENTER, 5200 WESTMINSTER BLVD  
(714) 865-2860

VISIT WITH SANTA FROM 6:00-9:00 & AFTER THE CEREMONY!

Please bring canned goods to donate to those in need this holiday season. Dress warmly, even if the field outdoors.



City of Westminster  
**Adult Softball**  
Fall League  
Begins September 20

Registration fee is **\$255.00** per team,  
plus **\$20.00** per game paid to  
the officials on the field.

**Plum Crazy**

**Winter 2010 Champions**  
For more information, please call the  
Sports Office (714) 548-3671.

**Registration begins August 23, 2010**

*There are 3 easy ways to register for classes...*

**ON-LINE**

On-line registration is just a click away...

Please visit [www.activenet.active.com/westminster](http://www.activenet.active.com/westminster)

You will need to pay by credit card to register on-line.

**MAIL-IN**

Mail completed form & payment to:

Westminster Community Services & Recreation Department  
8200 Westminster Blvd.  
Westminster, CA 92683

Make checks payable to:  
**City of Westminster**

**WALK-IN**

Visit us...

Westminster Community Services & Recreation Department at 8200 Westminster Blvd.

7:30 a.m. – 5:30 p.m.  
Monday – Thursday  
7:30 a.m. – 4:30 p.m.  
Alternate Fridays

**General Information & Refund Policy**

- × No registration taken at classes.
- × Refunds will be issued approximately 4 weeks following the request.
- × Refunds must be requested before the end of the 2nd class meeting.
- × Activities canceled by the department will be given automatic refunds.
- × Please note: Due to the nature of the activities, there are no refunds on excursions, youth sports and aquatics.

**SATISFACTION GUARANTEED**

The City of Westminster Community Services and Recreation Department is continually striving to provide the highest quality recreation activities, events and programs, and offers a money back guarantee on all our classes.

If you are not completely satisfied, before the end of the 2nd class meeting, tell us and we will arrange for you to:

- × Repeat the class at no charge, -or-
- × Transfer to a different class, -or-
- × Receive a full refund

Applications for refunds may be made in person, by calling (714) 895-2860, or in writing. Your suggestions and comments are appreciated; they will help us do the best job possible.



**Community Services and Recreation Department  
Registration Information**

# Registration Form

City of Westminster Community Services & Recreation Department

All information is required. Please Print.

Parent/Adult Name: First \_\_\_\_\_ Last \_\_\_\_\_

Birth \_\_\_\_\_

Address \_\_\_\_\_ Date \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Cell \_\_\_\_\_

Email address \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Name of Participant:		Birth Date	Sex	Activity Number	Name of Activity	Fee
First	Last					
<b>TOTAL FEES</b>						

Do any of the listed participants have any special needs, limitations, and/or allergies? Yes  No   
If yes, please explain: \_\_\_\_\_

## Liability and Publicity Release

For and in consideration of permitting \_\_\_\_\_ to enroll in and participate in the recreational program entitled, \_\_\_\_\_ sponsored by the City of Westminster, Department of Community Services, the Undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, property damage or wrongful death occurring to him/herself arising as a result of participation in said recreational program or any activities incidental thereto wherever or however the same may occur and for whatever period said program may continue, and the Undersigned does for him/herself, his/her heirs, executors, administrators and assigns hereby release, waive, discharge and relinquish any action or cause of action, which may hereafter arise for him/herself and for his/her estate, and agrees that under no circumstances will he/she or his/her heirs, executors, administrators and assigns prosecute or present any claim for personal injury, property damage or wrongful death against the City of Westminster and its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees for any of said causes of action, whether the same shall arise by the negligence of any of said persons, or otherwise.

IT IS THE INTENTION OF \_\_\_\_\_ BY THIS INSTRUMENT, TO EXEMPT AND RELIEVE THE CITY OF WESTMINSTER AND THE RELATED PARTIES MENTIONED HEREIN, FROM ALL LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY THE NEGLIGENCE OF ANY PERSON OR ENTITY.

The Undersigned, for him/herself, his/her heirs, executors, administrators or assigns agrees that in the event any claim for personal injuries, property damage or wrongful death shall be prosecuted against the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, he/she shall defend, indemnify and save harmless the same City of Westminster and the aforementioned related parties from any claim, cause of action, loss, liability, damage, lawsuit, cost or expense (including reasonable attorney's fees) by whomever or wherever made or presented for said personal injuries, property damage or wrongful death.

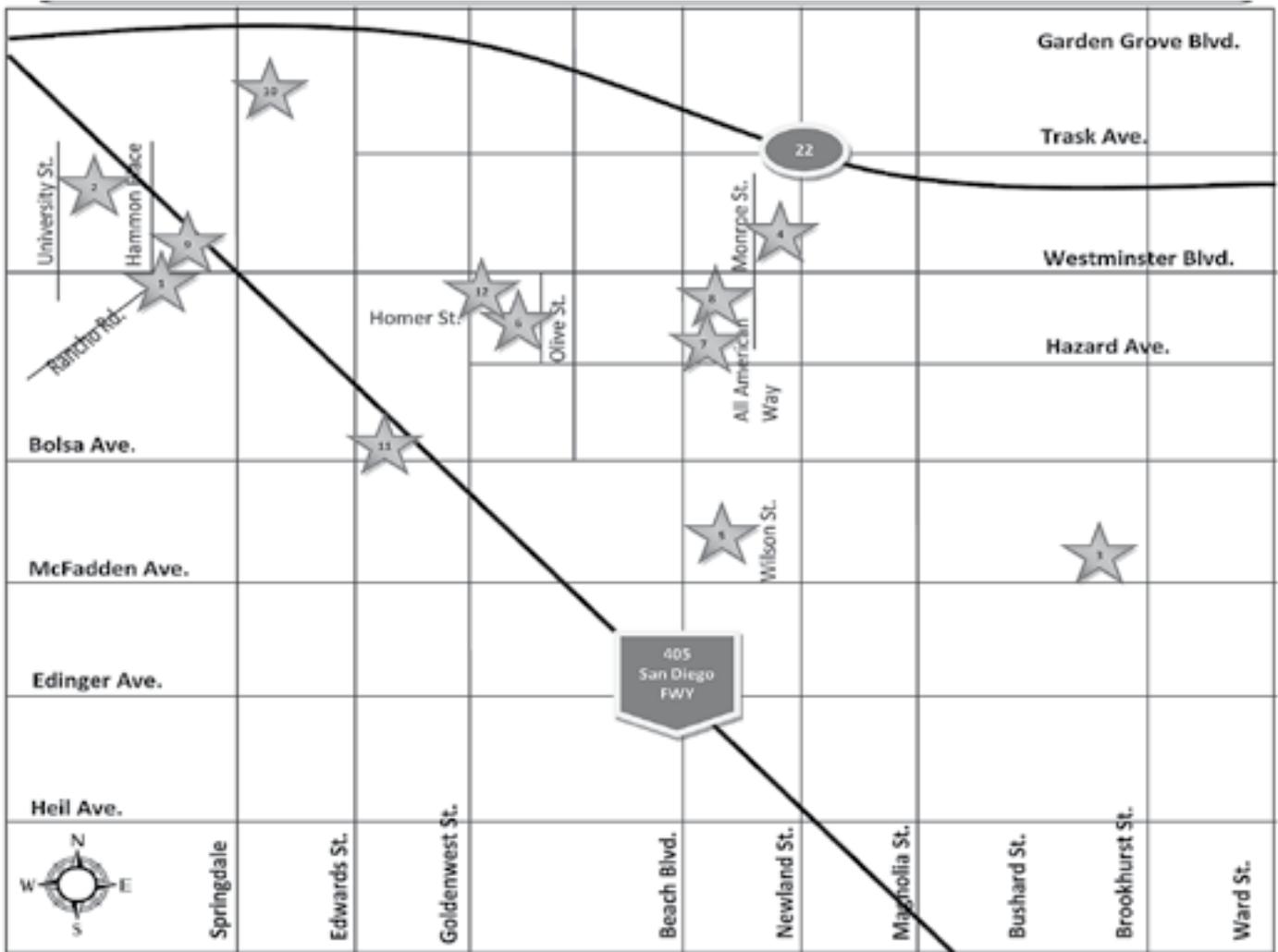
In case of accident or other emergency, the Undersigned hereby gives permission for the City of Westminster and/or its officers, officials, agents, contractors, volunteers, servants or employees, to obtain emergency medical treatment. The Undersigned further agrees to pay any costs incurred as a result of such treatment.

In addition, the Undersigned has been notified that participants involved in City-sponsored community service programs are subject to being photographed or videotaped, and he/she hereby gives permission for the City of Westminster to use such photographs or videotapes on City Department websites and to publicize and promote the City's programs.

The Undersigned acknowledges that he/she has personally read, understands, and voluntarily signs this release and waiver of all liability and indemnity agreement, is fully aware of the potential risks and hazards which are inherently involved in the specified community service program, and in any of the activities, appointments, meetings, or workshops incidental thereto, including but not limited to, any negligent acts performed by the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, negligently created or maintained dangerous conditions of public property, weather conditions, equipment, machinery, playing conditions, other participants, on-site physical premises, structures or substantial works of improvement. The Undersigned voluntarily assumes all risks of loss, damage, or injury associated with his/her participation in the specified recreational program or any activities incidental thereto.

Signature \_\_\_\_\_ Date \_\_\_\_\_

*Parks & Recreation Facilities Legend*



- |   |   |                                    |
|---|---|------------------------------------|
| <ol style="list-style-type: none"> <li>1. American Tiger Martial Arts &amp; Fitness</li> <li>2. Bolsa Chica Park</li> <li>3. Elden F. Gillespie Park</li> <li>4. Liberty Park</li> <li>5. Park West Park</li> <li>6. Sigler Park</li> <li>7. The Piano Place Music and Arts Center</li> <li>8. WCSB (Westminister Services &amp; Rec. Building)</li> <li>9. Wespac Dance Center</li> <li>10. Westminister ICE</li> <li>11. Westminister Mall</li> <li>12. World Class MMA Boxing</li> <li>• Carden Conservatory Multipurpose Room</li> <li>• Climba Rock Gym</li> <li>• Five Star Taekwondo School</li> <li>• Fountain Valley Music</li> <li>• Fountain Valley Recreation Center</li> <li>• Fountain Valley Senior Center</li> <li>• Garden Grove Community Meeting Center</li> <li>• Garden Grove Sports/Recreation Center</li> <li>• H. Louis Lake Sr. Center</li> <li>• New Hope Academy</li> <li>• Rancho Del Rio Stables</li> <li>• Stanton Community Center</li> <li>• West Grove Park</li> </ol> | <ol style="list-style-type: none"> <li>5845 Westminister Blvd.</li> <li>13660 University St.</li> <li>9801 McFadden Ave.</li> <li>13900 Monroe St.</li> <li>8301 McFadden Ave.</li> <li>2100 Plaza St.</li> <li>14441 Beach Blvd. #100 (714)899-4823</li> <li>8200 Westminister Blvd.</li> <li>5905 Westminister Blvd. (714)893-2623</li> <li>13071 Springdale (714)518-3212</li> <li>1025 Westminister Mall</li> <li>14042 Locust St. (714)892-3355</li> <li>5202 Clark Drive, Huntington Beach (949) 510-4569</li> <li>18411 Cothard St. Unit 1, Huntington Beach</li> <li>8851 Garden Grove Blvd. Suite 102, Garden Grove</li> <li>8740 Warner Ave., Fountain Valley (714)963-2010</li> <li>16400 Brookhurst St., Fountain Valley</li> <li>12907 Bushard St., Fountain Valley (714) 839-8611</li> <li>11300 Stanford Ave., Garden Grove</li> <li>13641 Deodara, Garden Grove (714)741-5200</li> <li>11300 Stanford, Garden Grove (714)892-2099</li> <li>12270 New Hope St., Fountain Valley (714)556-8050</li> <li>1570 So. Sanderson, Anaheim</li> <li>7800 Kabella Ave., Stanton (714)529-9222</li> <li>5321 Cerulean, Garden Grove</li> </ol> | <p><b>*MAP IS NOT TO SCALE</b></p> |
|---|---|------------------------------------|

*Hold your next event at*  
**Westminister Community Services & Recreation Building**

• Wedding Receptions  
 • Meetings  
 • Birthdays  
 • And other special events

**8210 Westminister Blvd.**  
 Please call **714.895.2860**  
 For more information or visit  
[www.westminister.org](http://www.westminister.org)

# Winter Fun

## IN Westminster!

- Breakfast with Santa - Dec. 4
- Holiday Tree Lighting - Dec. 6
- Home Decorating Contest - Dec. 6  
(Every Evening)
- Rose Parade - Jan. 1

For more info contact:  
**714.895.2860**

[www.westminster-ca.gov](http://www.westminster-ca.gov)

**Community Services  
& Recreation Department  
8200 Westminster Blvd.  
Westminster, CA 92683**





New Location: Sigler Park, 7200 Plaza St., Westminster, CA 92683

Services are offered in English, Spanish and Vietnamese

The Family Resource Center is a community collaborative:



The following Services are for **FREE!**

- ◆ Family Advocacy
- ◆ Personal Empowerment Program
- ◆ Domestic Violence Counseling
- ◆ Information & Referral
- ◆ Parent Education Workshops
- ◆ Adoption Promotion & Support
- ◆ Family Reunification Services
- ◆ Dental Services
- ◆ Emergency Food Program
- ◆ Emergency Assistance Program (hygiene kits, diapers, food vouchers)
- ◆ After School Enrichment Programs
- ◆ Case Management Services
- ◆ Individual and Family Counseling

Los siguientes servicios son **¡GRATIS!**

- ◆ Representación Familiar
- ◆ Programa de Superación Personal
- ◆ Consejería en Violencia Doméstica
- ◆ Información y Referencias
- ◆ Talleres de Educación para Padres de Familia
- ◆ Promoción y Apoyo para Adopciones
- ◆ Servicios para Reunificación de Familias
- ◆ Servicios Dentales
- ◆ Programa para recibir Alimentos
- ◆ Programa de Asistencia en Emergencias (paquete de higiene, pañales, cupones para comida)
- ◆ Programas para Después de Escuela
- ◆ Servicios de Administración de Casos
- ◆ Consejería Individual y para Familias

Phục vụ **MIỄN PHÍ** những dịch vụ sau đây:

- ◆ Bệnh Vực Gia Đình
- ◆ Chương Trình Đào Tạo Khả Năng Cá Nhân
- ◆ Cố Vấn Về Bạo Hành Trong Gia Đình
- ◆ Thông Tin & Giới Thiệu
- ◆ Hội Thảo Dành Cho Phụ Huynh
- ◆ Khuyến Khích & Hỗ Trợ Dịch Vụ Nhận Con Nuôi
- ◆ Dịch Vụ Đoàn Tụ Gia Đình
- ◆ Dịch Vụ Nha Khoa
- ◆ Chương Trình Thực Phẩm Khẩn Cấp
- ◆ Chương Trình Trợ Giúp Khẩn Cấp
- ◆ Chương Trình Sau Giờ Học
- ◆ Dịch Vụ Phụ Trách Các Vấn Đề
- ◆ Dịch Vụ Cố Vấn Cá Nhân Và Gia Đình

## Holiday Donation Drive

Every year the WFRC distributes Thanksgiving Food Baskets, Christmas Food Baskets and Toys to families in need that are in our community. These programs are made possible through donations from various individuals, groups, and organizations. You can make a difference in your community by supporting one or all of the following programs.

### Thanksgiving and Christmas Food Basket Program

You can donate the following items for a food basket. These items will be distributed to a family in need.

- |                               |                                   |
|-------------------------------|-----------------------------------|
| 1 bag/box of pasta            | 1 can of pasta sauce              |
| 2 cans of green vegetables    | 2 cans of other vegetables (corn) |
| 1 small bottle of cooking oil | 1 small bag of rice               |
| 1 box of mashed potatoes      | 2 packets of gravy                |
| 1 box of stuffing             | 2 cans of fruit                   |
| 1 small box of crackers       | 2 packets of jell-o               |

And (1) \$20 gift card to a grocery store in Westminster

Thanksgiving Food Items must be delivered to the FRC by Monday, **November 15, 2010** in order to allow enough time for sorting and packaging.

Christmas Food Items must be delivered to the FRC by Friday, **December 17, 2010** in order to allow enough time for sorting and packaging.

### Toy Drive

Here is a great opportunity to get our youth involved in giving back to our community. Youth and their families can donate toy items for children ages 0-17 years old.

#### Gift Ideas:

- Game boards \* Puzzles \* Legos \* Barbies \* Sports Gear \* Purses \* Play-Doh \* Arts & Crafts \* Book \* Gift Baskets \* Movie Tickets \* Restaurant Gift Cards \* Skateboards \* Dollar Donations also accepted

#### Collection Site:

Community Services & Recreation,  
8200 Westminster Blvd., Westminster, CA 92683

**November 1, 2010-December 17, 2010**