WESTMINSTER COMMUNITY SERVICES & RECREATION DEPARTMENT

VIRTUAL RECREATION CENTER

ANTI-BULLYING SUPERHERO! WEEK

OCTOBER 11TH - 17TH

HTTPS://BIT.LY/WESTMINSTERVIRTUALRECREATION

WE are
kind to
one another

Word Search: Bullying

Bullying happens at school sometimes. Bullying happens when the bully uses their power to hurt or embarrass another student. Bullying is different than teasing because bullying happens more often, and is meant to hurt the victim's feelings. A victim is the person who is bullied. Sometimes there is a bystander. A bystander is a person who watches the bullying happen. The victim and the bystander should tell an adult if they see bullying. Bystanders should try to create a friendship with a victim. A friendship is a close, friendly relationship between two people. Adults can help create a safe space and peace in school. A safe place is where students feel safe from bullying. Peace happens when there isn't annoyance or harassment toward students.

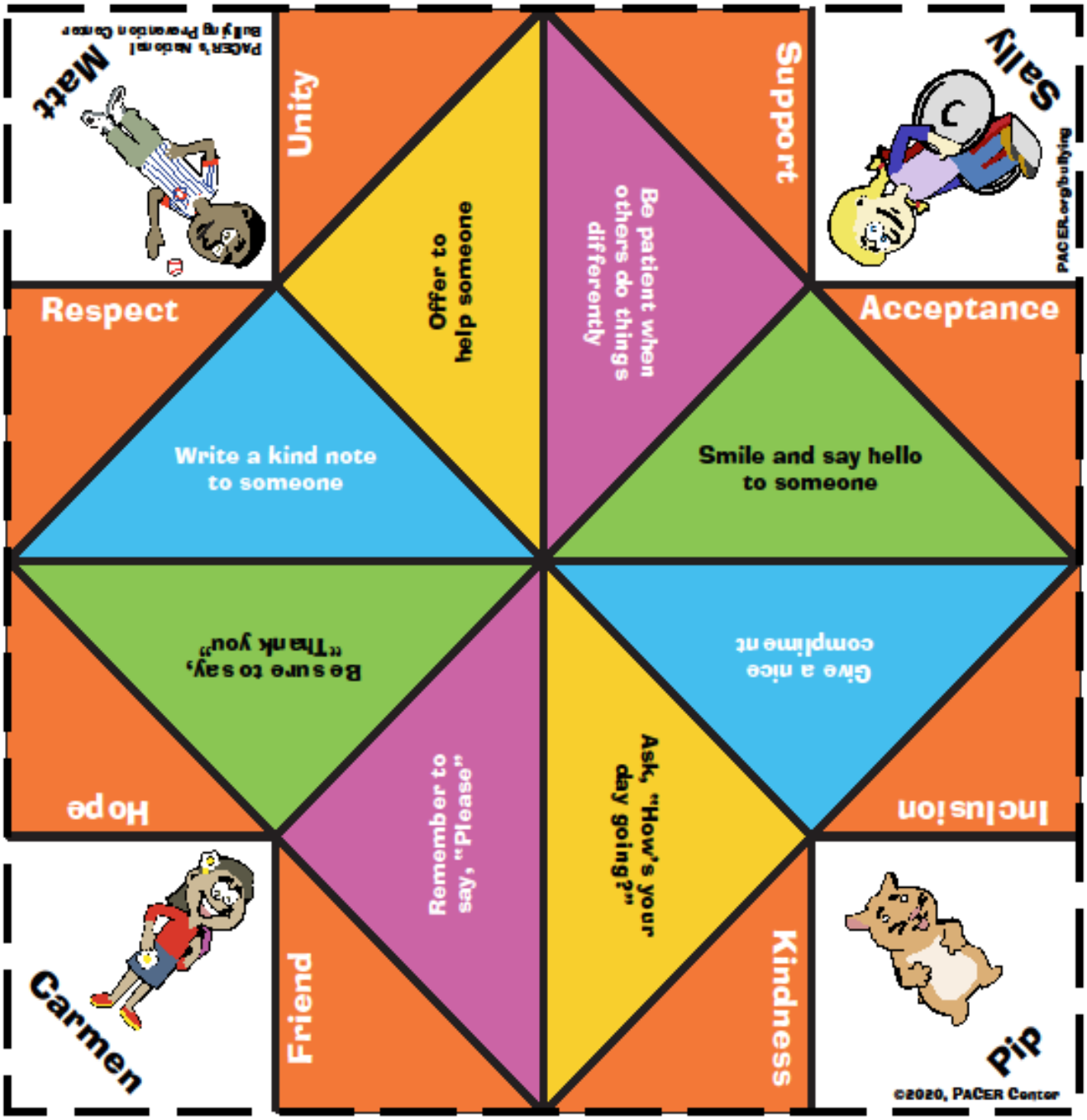
Directions: Match the word with its definition. Then find the word in the word search. Words can be found vertically, horizontally, diagonally or backwards.

1. BULLY	a. Friendly relationship between two people
2. BYSTANDER	b. Place where students can feel safe
3. FRIENDSHIP	c. Someone who watches bullying happen
4. PEACE	d. Freedom from annoyance and harassment
5. SAFE SPACE	e. Person who uses their power to hurt another student
6. VICTIM	f. Person who is bullied

P	L	D	V	W	T	S	M	R	O	F	E	K	L	C
L	E	L	X	X	B	T	I	X	S	R	B	O	Y	Q
P	C	A	U	R	B	V	T	G	M	J	O	B	H	Z
B	M	N	C	V	L	S	C	U	M	H	E	D	B	F
A	I	N	J	E	S	J	I	E	C	R	J	X	M	R
Y	A	S	C	E	E	O	V	S	B	T	W	O	M	I
R	F	E	T	Q	T	Y	B	U	L	L	Y	T	F	E
P	E	X	M	L	U	P	L	S	B	E	E	H	S	N
N	R	D	J	V	G	L	M	F	U	C	Y	Z	E	D
C	L	X	N	J	Y	E	C	A	P	S	E	F	A	S
Z	O	Q	K	A	N	K	Z	Y	K	N	S	T	E	H
S	S	F	R	G	T	L	B	G	L	M	P	V	C	I
L	B	U	T	E	X	S	E	S	C	B	J	O	V	P
Q	R	T	C	L	M	T	Y	Y	O	M	C	A	B	D
Z	G	F	M	S	S	S	F	B	A	X	K	T	W	Y

Kindness Catcher

This super fun kindness catcher will provide ideas for being kind.



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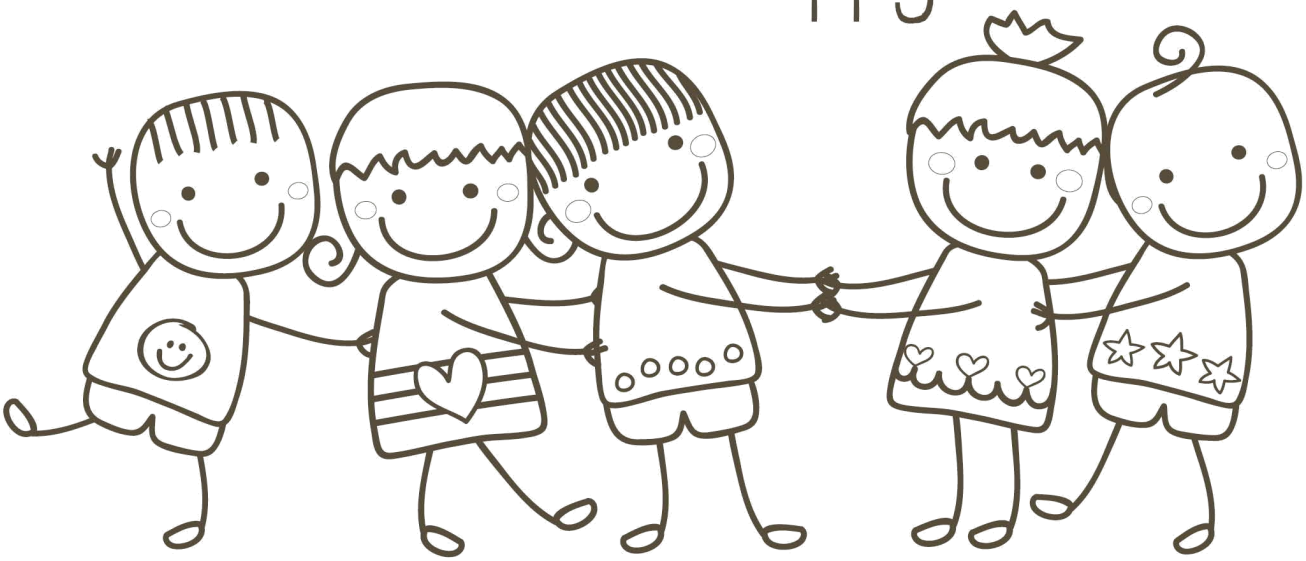
8161 Normandale Blvd | Minneapolis, MN 55437 | 952.838.9000 | bullying411@pacer.org
PACER.org/bullying | PACERKidsAgainstBullying.org

Kindness is your super power!

Use it to make someone happy!



Ripple Kindness Project

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Name: Date:

Class: Teacher:

Anti-Bullying Word Search

YOU CAN STANDUP AGAINST BULLYING!

R	C	A	L	M	X	P	I	T	S	B	U	L	L	Y	I	N	G	A	J
X	M	P	M	G	W	M	Z	I	C	C	U	E	R	N	L	S	W	E	O
W	D	X	D	F	H	F	E	J	H	B	E	P	O	A	S	C	L	G	A
Q	S	U	P	P	O	R	T	Q	O	B	R	A	O	T	C	K	Q	U	K
B	R	E	S	P	E	C	T	X	O	T	W	R	W	S	P	T	V	X	R
K	L	Y	R	U	M	O	R	S	L	A	U	E	I	Q	I	M	I	F	B
I	B	O	P	Q	Y	W	S	C	A	L	F	N	U	T	C	T	Q	O	O
N	Y	T	N	B	W	C	E	Q	V	K	L	T	W	B	E	L	I	Y	N
D	S	A	L	E	T	N	L	W	A	I	R	S	Q	X	A	L	S	V	J
N	T	U	I	E	B	D	F	A	T	H	R	E	A	T	E	N	L	T	E
E	A	N	Z	P	X	O	E	C	V	L	H	X	X	S	T	O	P	E	P
S	N	T	H	F	L	T	S	B	D	O	A	L	L	Y	B	X	U	A	R
S	D	I	H	U	Y	U	T	N	H	L	I	G	T	H	R	A	C	C	H
T	E	N	Q	V	R	W	E	A	Z	O	K	D	L	X	P	J	Q	H	K
G	R	G	B	T	R	T	E	C	O	M	M	U	N	I	C	A	T	E	R
K	B	X	S	F	G	T	M	C	L	M	C	O	U	R	A	G	E	R	R

CALM	COMMUNICATE	SELF ESTEEM	THREATEN
ALLY	COURAGE	STOP	TEACHER
TELL	SUPPORT	TAUNTING	POSITIVE
RESPECT	SLUR	SCHOOL	HURT
BULLYING	TALK	BYSTANDER	AVOID
PARENTS	KINDNESS	RUMORS	ACTION

Reflection

How am I feeling?

What happened?

What did I do?

What can I do next time?

Narrative Writing

Name _____

Superpowers for a Day

If I could have superpowers for a day, I would be _____.

First I would...	Next...

Then...	Finally,

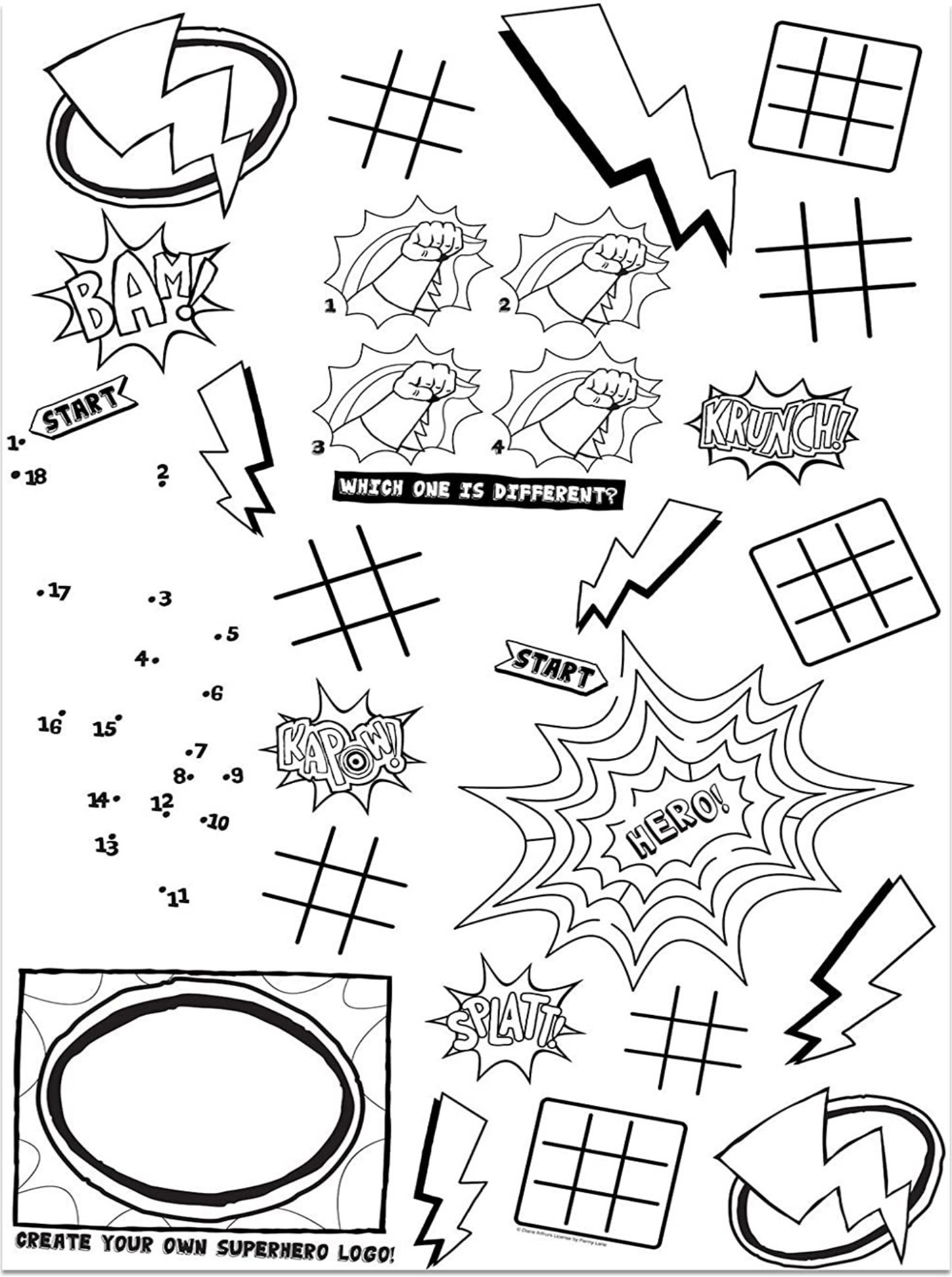
Having superpowers for a day would be _____

_____.

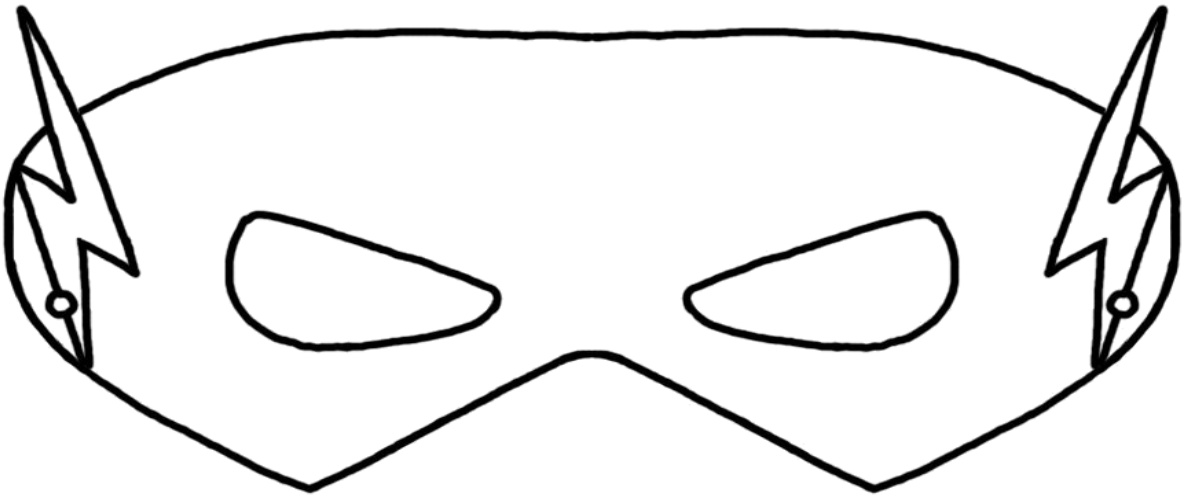
A Planning Playtime product. ©2016 by Amy Nelson.

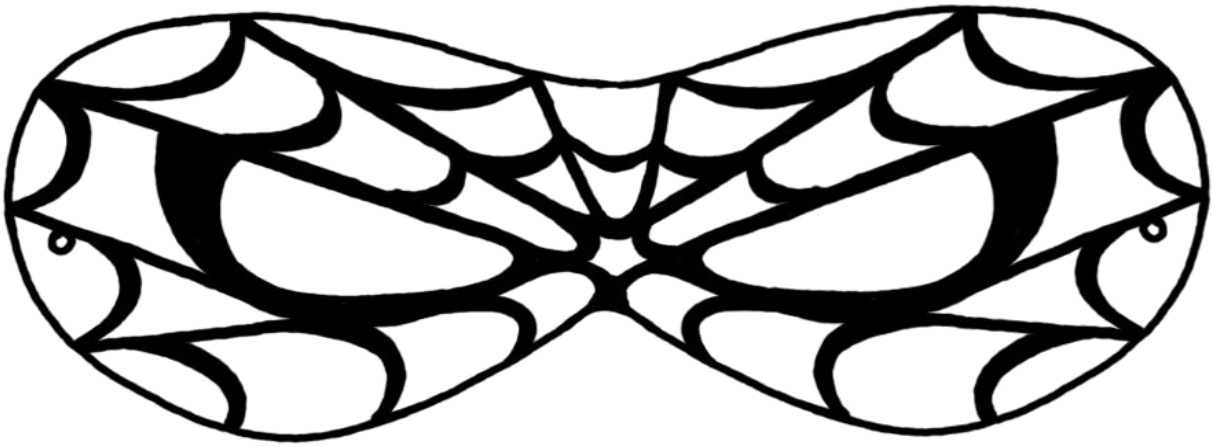
Can you design your own superhero?

Primary Treasure Chest © 2011 www.primarytreasurechest.com


BAM!
1
2
3
4
KRUNCH!
WHICH ONE IS DIFFERENT?
START
1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
KAPOW!
START
HERO!
SPLAT!
CREATE YOUR OWN SUPERHERO LOGO!

Let's Be Superheroes!





super hero
HANDPRINT CARDS
thebestideasforkids.com

You're
Turtle-Y
Awesome

SUPERHERO!
CLOTHES PIN CRAFT

EASY
SUPERHERO
CRAFT!